

ॐ श्री हनुमते नमः ॐ  
वसुदेवसुतं देवं कंसचाणूरमर्दनम् ।  
देवकीपरमानन्दं कृष्णं वन्दे जगद्गुरुम् ॥

अथ श्रीमद् भगवद्गीता  
ŚRĪMAD BHAGAVAD-GĪTĀ  
अथ प्रथमोऽध्यायः  
CHAPTER 1  
अर्जुनविषादयोगः  
ARJUNA'S DILEMMA

धृतराष्ट्र उवाच  
धर्मक्षेत्रे कुरुक्षेत्रे समवेता युयुत्सवः ।  
मामकाः पाण्डवाश्चैव किम् अकुर्वत संजय ॥१॥  
dhṛtarāṣṭra uvāca  
dharmakṣetre kurukṣetre samavetā yuyutsavaḥ  
māmakāḥ pāṇḍavāś cai'va kim akurvata Saṁjaya

Dhṛtarāṣṭra said: O Saṁjaya, assembled in the holy field of Kurukṣetra and eager to fight, what did my people and the Pāṇḍavas do? (1.01)

संजय उवाच  
दृष्ट्वा तु पाण्डवानीकं व्यूढं दुर्योधनस् तदा ।  
आचार्यम् उपसंगम्य राजा वचनम् अब्रवीत् ॥२॥  
saṁjaya uvāca

dr̥ṣṭvā tu pāṇḍavānīkaṁ vyūḍhaṁ duryodhanas tadā  
ācāryam upasaṅgamyā rājā vacanam abravīt  
Saṁjaya said: Seeing the battle formation of the Pāṇḍava's army, King Duryodhana approached his guru, Droṇa, and spoke these words: (1.02)

पश्यैतां पाण्डुपुत्राणाम् आचार्य महतीं चमूम् ।  
व्यूढां द्रुपदपुत्रेण तव शिष्येण धीमता ॥३॥  
paśyaitāṁ pāṇḍuputrāṇām ācārya mahatīm camūm  
vyūḍhāṁ drupada putreṇa tava śiṣyeṇa dhīmatā

O master, behold this mighty army of the sons of Pāṇḍu, arranged in battle formation by your talented disciple, the son of Drupada. (1.03)

अत्र शूरा महेष्वासा भीमार्जुनसमा युधि ।  
 युयुधानो विराटश्च द्रुपदश्च महारथः ॥४॥  
 atra śūrā maheṣvāsā bhīmārjunasamā yudhi  
 yuyudhāno virāṭaśca drupadaśca mahārathaḥ  
 धृष्टकेतुश् चैकितानः काशिराजश्च वीर्यवान् ।  
 पुरुजित् कुन्तिभोजश्च शैब्यश्च नरपुङ्गवः ॥५॥  
 dhr̥ṣṭaketuś cekitānaḥ kāśirājaśca vīryavān  
 purujit kuntibhojaśca śaibyaśca narapuṅgavaḥ  
 युधामन्युश्च विक्रान्त उत्तमौजाश्च वीर्यवान् ।  
 सौभद्रो द्रौपदेयाश्च सर्व एव महारथाः ॥६॥  
 yudhāmanyuśca vikrānta uttamaujāśca vīryavān  
 saubhadro draupadeyāśca sarva eva mahārathāḥ

There are many heroes and mighty archers equal to Bhīma and Arjuna in war such as Yuyudhāna, Virāṭa, and the great warrior Drupada; Dhṛṣṭaketu, Cekitāna, and the heroic King of Kāshi; Purujit, Kuntibhoja, and the great man Śaibya; the valiant Yudhāmanyu, the formidable Uttamauja, the son of Subhadrā, and the sons of Draupadī, all of them are great warriors. (1.04-06)

अस्माकं तु विशिष्टा ये तान् निबोध द्विजोत्तम ।  
 नायका मम सैन्यस्य संज्ञार्थं तान् ब्रवीमि ते ॥७॥  
 asmākaṁ tu viśiṣṭā ye tān nibodha dvijottama  
 nāyakā mama sainyasya saṁjñārtham tān bravīmi te

Also know, O best among the twice born, the distinguished ones on our side. I shall name the commanders of my army for your information: (1.07)

भवान् भीष्मश्च कर्णश्च कृपश्च समितिंजयः ।

अश्वत्थामा विकर्णश्च सौमदत्तिस् तथैव च ॥८॥

bhavān bhīṣmaśca karṇaśca kṛpaśca samitimjayaḥ  
 aśvatthāmā vikarṇaśca saumadattis tathaiva ca  
 अन्ये च बहवः शूरा मदर्थे त्यक्तजीविताः ।  
 नानाशस्त्रप्रहरणाः सर्वे युद्धविशारदाः ॥९॥  
 anye ca bahavaḥ śūrā madarthe tyakta jīvitāḥ  
 nānā śastra praharaṇāḥ sarve yuddha viśāradāḥ

Yourself, Bhīṣma, Karṇa, the victorious, Kṛpa, Aśvatthāmā, Vikarṇa, son of Somadatta, and many other heroes who have risked their lives for me. They are armed with various weapons, and all are skilled in warfare. (1.08-09)

अपर्याप्तं तद् अस्माकं बलं भीष्माभिरक्षितम् ।  
 पर्याप्तं त्विदम् एतेषां बलं भीमाभिरक्षितम् ॥१०॥  
 aparyāptaṁ tad asmākaṁ balaṁ bhīṣmābhi rakṣitam  
 paryāptaṁ tvidam eteṣāṁ balaṁ bhīmābhi rakṣitam  
 अयनेषु च सर्वेषु यथाभागम् अवस्थिताः ।  
 भीष्मम् एवाभिरक्षन्तु भवन्तः सर्व एव हि ॥११॥  
 ayaneṣu ca sarveṣu yathā bhāgam avasthitāḥ  
 bhīṣmam evā'bhiraḥṣantu bhavantaḥ sarva eva hi

Our army, commanded by Bhīṣma, is invincible; while their army, protected by Bhīma, is easy to conquer. Therefore, all of you, occupying your respective positions on all fronts, protect only our commander Bhīṣma. (1.10-11)

तस्य संजनयन् हर्षं कुरुवृद्धः पितामहः ।  
 सिंहनादं विनद्योच्चैः शङ्खं दध्मौ प्रतापवान् ॥१२॥

tasya saṁjanayan harṣaṁ kuruvṛddhaḥ pitāmahaḥ  
 siṁha nādaṁ vinadyo ccāiḥ śaṅkhaṁ dadhmau  
 pratāpavān

The mighty Bhīṣma, the eldest man of the Kuru dynasty, roared as a lion and blew his conch loudly, bringing joy to Duryodhana. (1.12)

ततः शङ्खाश्च भेर्यश्च पणवानकगोमुखाः ।  
 सहस्रैवाभ्यहन्यन्त स शब्दस् तुमुलोऽभवत् ॥१३॥  
 tataḥ śaṅkhāś ca bheryaś ca paṇavānaka gomukhāḥ  
 sahasai'vā'bhyahanyanta sa śabdastumulo'bhavat

After that, conches, kettledrums, cymbals, drums, and trumpets were sounded together. The commotion was tremendous. (1.13)

ततः श्वेतैर् हयैर् युक्ते महति स्यन्दने स्थितौ ।  
 माधवः पाण्डवश्चैव दिव्यौ शङ्खौ प्रदध्मतुः ॥१४॥  
 tataḥ śvetair hayair yukte mahati syandane sthitau  
 mādhavaḥ pāṇḍvaś cai'va divyau śaṅkhau  
 pradadhmatuḥ

Then Lord Kṛṣṇa and Arjuna, seated in a grand chariot yoked with white horses, blew their celestial conches. (1.14)

पाञ्चजन्यं हृषीकेशो देवदत्तं धनंजयः ।  
 पौण्ड्रं दध्मौ महाशङ्खं भीमकर्मा वृकोदरः ॥१५॥  
 pāñcājanyaṁ hr̥ṣīkeśo devadattaṁ dhanamjayaḥ  
 pauṇḍraṁ dadhmau mahā śaṅkhaṁ bhīma karmā  
 vṛkodaraḥ

Kṛṣṇa blew His conch, Pāñcājanya; Arjuna blew his conch, Devadatta; and Bhīma, the doer of formidable deeds, blew his big conch, Pauṇḍra. (1.15)

अनन्तविजयं राजा कुन्तीपुत्रो युधिष्ठिरः ।  
 नकुलः सहदेवश्च सुघोषमणिपुष्पकौ ॥१६॥  
 anantavijayaṁ rājā kuntī putro yudhiṣṭhiraḥ  
 nakulaḥ sahadevaś ca sughoṣa maṇipuṣpakau

काश्यश्च परमेष्वासः शिखण्डी च महारथः ।  
 धृष्टद्युम्नो विराटश्च सात्यकिश्चापराजितः ॥१७॥  
 kāśyaś ca parameṣvāsaḥ śikhaṇḍī ca mahā rathaḥ  
 dhr̥ṣṭadyumno virāṭaś ca sātyakiś cā'parājitaḥ  
 द्रुपदो द्रौपदेयाश्च सर्वशः पृथिवीपते ।  
 सौभद्रश्च महाबाहुः शङ्खान् दध्मुः पृथक् पृथक् ॥१८॥  
 drupado draupadeyāś ca sarvaśaḥ pṛthivī pate  
 saubhadraś ca mahābāhuḥ śāṅkhān dadhmuḥ pṛthak  
 pṛthak

O Lord of the Earth; King Yudhiṣṭhira, the son of Kunti, blew his conch named Anantavijaya; while Nakula and Sahadeva blew Sughośa and Maṇiṣpaka conches, respectively. The King of Kāśī, the mighty archer; Śikhaṇḍī, the great warrior; Dhṛṣṭadyumna, Virāṭa, the invincible Sātyaki, King Drupada, the sons of Draupadī, and the mighty son of Subhadṛā, blew their respective conches. (1.16-18)

स घोषो धार्तराष्ट्राणां हृदयानि व्यदारयत् ।  
 नभश्च पृथिवीं चैव तुमुलो व्यनुनादयन् ॥१९॥  
 sa ghoṣo dhārtarāṣṭrāṇāṃ hṛdayāni vyadārayat  
 nabhaś ca pṛthivīm caiva tumulo vyanunādayan

The tumultuous uproar, resounding through earth and sky, tore the hearts of the Kauravas. (1.19)

अथ व्यवस्थितान् दृष्ट्वा धार्तराष्ट्रान् कपिध्वजः ।  
 प्रवृत्ते शस्त्रसंपाते धनुर् उद्यम्य पाण्डवः ॥२०॥  
 atha vyavasthitān dṛṣṭvā dhārtarāṣṭrān kapidhvajaḥ  
 pravṛtte śastrasampāte dhanur udyamya pāṇḍavaḥ  
 हृषीकेशं तदा वाक्यम् इदम् आह महीपते ।  
 सेनयोर् उभयोर् मध्ये रथं स्थापय मेऽच्युत ॥२१॥  
 hr̥ṣīkeśam tadā vākyaṃ idam āha mahīpate  
 senayor ubhayor madhye ratham sthāpaya me'cyuta

यावद् एतान् निरीक्षेऽहं योद्धुकामान् अवस्थितान् ।  
 कैर् मया सह योद्धव्यम् अस्मिन् रणसमुद्यमे ॥२२॥  
 yāvad etān nirīkṣe’ham yoddhu kāmān avasthitān  
 kair mayā saha yoddhavyam asmin raṇasamudyame

Seeing the sons of Dhṛtarāṣṭra standing and the war about to begin with the hurling of weapons, Arjuna, whose banner bore the emblem of Lord Hanumāna, took up his bow and spoke these words to Lord Kṛṣṇa: O Lord, please stop my chariot between the two armies until I behold those who stand here eager for the battle and with whom I must engage in this act of war. (1.20-22)

योत्स्यमानान् अवेक्षेऽहं य एतेऽत्र समागताः ।  
 धार्तराष्ट्रस्य दुर्बुद्धेर् युद्धे प्रियचिकीर्षवः ॥२३॥  
 yotsyamānān avekṣe’ham ya ete’tra samāgatāḥ  
 dhārtarāṣṭrasya durbuddher yuddhe priyacikīrṣavaḥ

I wish to see those who are willing to serve and appease the evil-minded son of Dhṛtarāṣṭra by assembling here to fight the battle. (1.23)

संजय उवाच  
 एवम् उक्तो हृषीकेशो गुडाकेशेन भारत ।  
 सेनयोर् उभयोर् मध्ये स्थापयित्वा रथोत्तमम् ॥२४॥  
 saṁjaya uvāca  
 evam ukto hr̥ṣīkeśo guḍākeśena bhārata  
 senayor ubhayor madhye sthāpayitvā rathottamam  
 भीष्मद्रोणप्रमुखतः सर्वेषां च महीक्षिताम् ।  
 उवाच पार्थ पश्यैतान् समवेतान् कुरून् इति ॥२५॥  
 bhīṣma droṇa pramukhataḥ sarveṣāṁ ca mahīkṣitām  
 uvāca pārtha paśyai’etān samavetān kurūn iti

Samjaya said: O King, Lord Kṛṣṇa, as requested by Arjuna, placed the best of all the chariots in the midst of the two armies facing

Bhīṣma, Droṇa, and all other Kings, and said to Arjuna: Behold these assembled Kurus! (1.24-25)

तत्रापश्यत् स्थितान् पार्थः पितॄन् अथ पितामहान्  
 आचार्यान् मातुलान् भ्रातॄन् पुत्रान् पौत्रान् सखींस् तथा ॥२६॥  
 tatrā'paśyat sthitān pārthaḥ pitṛṇ atha pitāmahān  
 ācāryān mātulān bhrātṛṇ putrān pautrān sakhīms tathā

There, Arjuna saw his uncles, grandfathers, teachers, maternal uncles, brothers, sons, grandsons, and comrades. (1.26)

इवशुरान् सुहृदश्चैव सेनयोर् उभयोर् अपि ।  
 तान् समीक्ष्य स कौन्तेयः सर्वान् बन्धून् अवस्थितान् ॥२७॥  
 śvaśurān suhṛdaś cai'va senayor ubhayor api  
 tān samīkṣya sa kaunteyaḥ sarvān bandhūn avasthitān  
 कृपया परयाविष्टो विषीदन् इदम् अब्रवीत् ।  
 दृष्ट्वेमं स्वजनं कृष्ण युयुत्सुं समुपस्थितम् ॥२८॥  
 kṛpayā parayāviṣṭo viśīdann idam abravīt  
 dṛṣṭvemaṁ svajanam kṛṣṇa yuyutsum samupasthitam  
 सीदन्ति मम गात्राणि मुखं च परिशुष्यति ।  
 वेपथुश्च शरीरे मे रोमहर्षश्च जायते ॥२९॥  
 sīdanti mama gātrāṇi mukhaṁ ca pariśuṣyati  
 vepathuś ca śarīre me romaharṣaś ca jāyate

Seeing fathers-in-law, companions, and all his kinsmen standing in the ranks of the two armies, Arjuna was overcome with great compassion and sorrowfully said: O Kṛṣṇa, seeing my kinsmen standing with a desire to fight, my limbs fail and my mouth becomes dry. My body quivers and my hairs stand on end. (1.27-29)

गाण्डीवं संसते हस्तात् त्वक् चैव परिदह्यते ।  
 न च शक्नोम्य् अवस्थातुं भ्रमतीव च मे मनः ॥३०॥  
 gāṇḍīvaṁ sraṁsate hastāt tvak caiva paridahyate  
 na ca śaknomy avasthātuṁ bhramatīva ca me manaḥ  
 निमित्तानि च पश्यामि विपरीतानि केशव ।

न च श्रेयोऽनुपश्यामि हत्वा स्वजनम् आहवे ॥३१॥  
 nimittāni ca paśyāmi viparītāni keśava  
 na ca śreyo'nupaśyāmi hatvā svajanam āhave  
 The bow slips from my hand, and my skin intensely burns. My  
 head turns, I am unable to stand steady, and O Kṛṣṇa, I see bad  
 omens. I see no use of killing my kinsmen in battle. (1.30-31)

न काङ्क्षे विजयं कृष्ण न च राज्यं सुखानि च ।  
 किं नो राज्येन गोविन्द किं भोगैर् जीवितेन वा ॥३२॥

na kāṅkṣe vijayaṁ kṛṣṇa na ca rājyaṁ sukhāni ca  
 kiṁ no rājyena govinda kiṁ bhogair jīvitena vā  
 yeṣāṁ arthe kāṅkṣitaṁ no rājyaṁ bhogaḥ sukhāni ch ।  
 त इमेऽवस्थिता युद्धे प्राणांसु त्यक्त्वा धनानि च ॥३३॥  
 yeṣāṁ arthe kāṅkṣitaṁ no rājyaṁ bhogaḥ sukhāni ca  
 ta ime'vasthitā yuddhe prāṇāṁs tyaktvā dhanāni ca  
 I desire neither victory nor pleasure nor kingdom, O Kṛṣṇa. What  
 is the use of the kingdom or enjoyment or even life, O Kṛṣṇa,  
 because all those — for whom we desire kingdom, enjoyments,  
 and pleasures — are standing here for the battle, giving up their  
 lives and wealth? (1.32-33)

आचार्याः पितरः पुत्रास् तथैव च पितामहाः ।  
 मातुलाः श्वशुराः पौत्राः श्यालाः संबन्धिनस् तथा ॥३४॥  
 ācāryāḥ pitarāḥ putrās tathaiva ca pitāmahāḥ  
 mātulāḥ śvaśurāḥ pautrāḥ śyālāḥ sambandhinas tathā  
 एतान् न हन्तुम् इच्छामि घ्नतोऽपि मधुसूदन ।  
 अपि त्रैलोक्यराज्यस्य हेतोः किं नु महीकृते ॥३५॥  
 etān na hantum icchāmi ghnato'pi madhusūdana  
 api trailokya rājyasya hetoḥ kiṁ nu mahīkṛte

I do not wish to kill teachers, uncles, sons, grandfathers, maternal  
 uncles, fathers-in-law, grandsons, brothers-in-law, and other



relatives who are about to kill us, even for the sovereignty of the three worlds, let alone for this earthly kingdom, O Kṛṣṇa. (1.34-35)

निहत्य धार्तराष्ट्रान् नः का प्रीतिः स्याज् जनार्दन ।  
पापम् एवाश्रयेद् अस्मान् हत्वैतान् आततायिनः ॥३६॥  
nihatya dhārtarāṣṭrān naḥ kā prītiḥ syāj janārdana  
pāpam evāśrayed asmān hatvaitān ātatāyinaḥ

O Lord Kṛṣṇa, what pleasure shall we find in killing the sons of Dhṛtarāṣṭra? Upon killing these felons, we shall incur only sin. (1.36)

तस्मान् नार्हा वयं हन्तुं धार्तराष्ट्रान् स्वबान्धवान् ।  
स्वजनं हि कथं हत्वा सुखिनः स्याम माधव ॥३७॥  
tasmān nārhā vayaṁ hantuṁ dhārtarāṣṭrān  
svabāndhavān  
svajanaṁ hi kathaṁ hatvā sukhinaḥ syāma mādharma

Therefore, we should not kill our cousin brothers, the sons of Dhṛtarāṣṭra. How can we be happy after killing our relatives, O Kṛṣṇa? (1.37)

यद्यप्येते न पश्यन्ति लोभोपहतचेतसः ।  
कुलक्षयकृतं दोषं मित्रद्रोहे च पातकम् ॥३८॥  
yady apy ete na paśyanti lobhopahata cetasaḥ  
kulakṣayakṛtaṁ doṣaṁ mitradrohe ca pātakam  
कथं न ज्ञेयम् अस्माभिः पापाद् अस्मान् निवर्तितुम् ।  
कुलक्षयकृतं दोषं प्रपश्यद्भिर् जनार्दन ॥३९॥  
kathaṁ na jñeyam asmābhiḥ pāpād asmān nivartitum  
kulakṣaya kṛtaṁ doṣaṁ prapaśyadbhir janārdana

Though they, blinded by greed, do not see evil in the destruction of the family or sin in being treacherous to friends, why should not we, who clearly see evil in the destruction of the family, think about turning away from this sin, O Kṛṣṇa? (1.38-39)

कुलक्षये प्रणश्यन्ति कुलधर्माः सनातनाः ।  
धर्मे नष्टे कुलं कृत्स्नम् अधर्मोऽभिभवत्युत ॥४०॥

kulakṣaye praṇaśyanti kuladharmāḥ sanātanāḥ  
dharmaṇe naṣṭe kulam kṛtsnam adharmo'bhibhavatyuta

Eternal family traditions and codes of conduct are destroyed with the destruction of the family. Immorality prevails in the family due to the destruction of family traditions. (1.40)

अधर्माभिभवात् कृष्ण प्रदुष्यन्ति कुलस्त्रियः ।  
स्त्रीषु दुष्टासु वार्ष्णेय जायते वर्णसंकरः ॥४१॥

adharmābhibhavāt kṛṣṇa praduṣyanti kula striyaḥ  
strīṣu duṣṭāsu vārṣṇeya jāyate varṇasaṁkaraḥ

And when immorality prevails, O Kṛṣṇa, the women of the family become corrupted; when women are corrupted, many social problems arise. (1.41)

संकरो नरकायैव कुलघ्नानां कुलस्य च ।  
पतन्ति पितरो ह्येषां लुप्तपिण्डोदकक्रियाः ॥४२॥  
saṁkaro narakāyaiva kulaghnānām kulasya ca  
patanti pitaro hyeṣām lupta piṇḍodaka kriyāḥ

This brings the family and the slayers of the family to hell because the spirits of their ancestors are degraded when deprived of ceremonial offerings of rice-ball and water. (1.42)

दोषैर् एतैः कुलघ्नानां वर्णसंकरकारकैः ।  
उत्साद्यन्ते जातिधर्माः कुलधर्माश्च शाश्वताः ॥४३॥  
doṣair etaiḥ kulaghnānām varṇa saṁkara kārakaiḥ  
utsādyante jātidharmāḥ kula dharmāśca śāśvatāḥ

The everlasting qualities of social order and family traditions of those who destroy their family are ruined by the sinful act of illegitimacy. (1.43)

उत्सन्नकुलधर्माणां मनुष्याणां जनार्दन ।  
नरकेऽनियतं वासो भवतीत्यनुशुश्रुम ॥४४॥  
utsanna kula dharmāṇām manuṣyāṇām janārdana  
narake'niyataṁ vāso bhavati'ty anuśuśruma

We have been told, O Kṛṣṇa, that people whose family traditions are destroyed necessarily dwell in hell for a long time. (1.44)

अहो बत महत् पापं कर्तुं व्यवसिता वयम् ।  
यद् राज्यसुखलोभेन हन्तुं स्वजनम् उद्यताः ॥४५॥  
aho bata mahat pāpam kartum vyavasitā vayam  
yad rājya sukha lobhena hantum svajanam udyatāḥ  
Alas! We are ready to commit a great sin by striving to slay our relatives because of greed for the pleasures of the kingdom. (1.45)

यदि माम् अप्रतीकारम् अशस्त्रं शस्त्रपाणयः ।  
धार्तराष्ट्रा रणे हन्युस् तन् मे क्षेमतरं भवेत् ॥४६॥  
yadi mām apratikāram āśastraṁ śastrapāṇayaḥ  
dhārtarāṣṭrā raṇe hanyus tan me kṣemataram bhavet

It would be far better for me if the sons of Dhṛtarāṣṭra should kill me with their weapons in battle while I am unarmed and unresisting. (1.46)

संजय उवाच  
एवम् उक्त्वाऽर्जुनः संख्ये रथोपस्थ उपाविशत् ।  
विसृज्य सशरं चापं शोकसंविग्णमानसः ॥४७॥  
sañjaya uvāca  
evam uktvā'rjunaḥ saṁkhye rathopastha upāviśat  
visṛjya saśaram cāpam śokasaṁvignamānasaḥ

Samjaya said: Having said this in the battle field and casting aside his bow and arrow, Arjuna sat down on the seat of the chariot with his mind overwhelmed with sorrow. (1.47)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
श्रीकृष्णार्जुनसंवादे अर्जुनविषादयोगो नाम प्रथमोऽध्यायः ॥

OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
yogaśāstre śrīkṛṣṇārjuna saṁvāde arjunaviṣādayogo  
nāma prathamo'dhyāyaḥ

Thus ends the first chapter named “Arjuna’s Dilemma” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between Śrīkṛṣṇa and Arjuna.

अथ द्वितीयोऽध्यायः

## CHAPTER 2

सांख्ययोगः

### TRANSCENDENTAL KNOWLEDGE

संजय उवाच

तं तथा कृपयाविष्टम् अश्रुपूर्णाकुलेक्षणम् ।

विषीदन्तम् इदं वाक्यम् उवाच मधुसूदनः ॥१॥

saṁjaya uvāca

taṁ tathā kṛpayāviṣṭam aśrupūrṇākulekṣaṇam

viṣīdantaṁ idaṁ vākyaṁ uvāca madhusūdanaḥ

Samjaya said: Lord Kṛṣṇa spoke these words to Arjuna whose eyes were tearful and downcast and who was overwhelmed with compassion and despair. (2.01)

श्रीभगवानुवाच

कुतस्त्वा कश्मलम् इदं विषमे समुपस्थितम् ।  
 अनार्यजुष्टम् अस्वर्ग्यम् अकीर्तिकरम् अर्जुन ॥२॥  
 śrī bhagavān uvāca  
 kutas tvā kaśmalam idaṁ viṣame samupasthitam  
 anāryajuṣṭam asvargyam akīrtikaram arjuna

The Supreme Lord said: How has the dejection come to you at this juncture? This is not fit for an Aryan (or a person of noble mind and deeds). It is disgraceful, and it does not lead one to heaven, O Arjuna. (2.02)

क्लैब्यं मा स्म गमः पार्थ नैतत् त्वय्य् उपपद्यते ।  
 क्षुद्रं हृदयदौर्बल्यं त्यक्त्वोत्तिष्ठ परंतप ॥३॥  
 klaibyaṁ mā sma gamaḥ pārtha naitat tvayy upapadyate  
 kṣudraṁ hṛdaya daurbalyaṁ tyaktvottiṣṭha paraṁtapa

Do not become a coward, O Arjuna, because it does not befit you. Shake off this trivial weakness of your heart and get up for the battle, O Arjuna. (2.03)

अर्जुन उवाच  
 कथं भीष्मम् अहं संख्ये द्रोणं च मधुसूदन ।  
 इषुभिः प्रतियोत्स्यामि पूजार्हाव् अरिसूदन ॥४॥  
 arjuna uvāca  
 kathaṁ bhīṣmam ahaṁ saṁkhye droṇaṁ ca  
 madhusūdana  
 iṣubhiḥ prati yotsyāmi pūjārḥāv arisūdana

Arjuna said: How shall I strike Bhīṣma and Droṇa, who are worthy of my worship, with arrows in battle, O Kṛṣṇa? (2.04)

गुरून् अहत्वा हि महानुभावान्  
 श्रेयो भोक्तुं भैक्ष्यम् अपीह लोके ।  
 हत्वार्थकामांस् तु गुरून् इहैव  
 भुञ्जीय भोगान् रुधिरप्रदिग्धान् ॥५॥

gurūn ahatvā hi mahānubhāvān  
 śreyo bhoktuṁ bhaikṣyam apī'ha loke  
 hatvā'rthakāmāms tu gurūn ihai'va  
 bhuñjīya bhogān rudhirapradigdhān

It would be better, indeed, to live on alms in this world than to slay these noble gurus because by killing them I would enjoy wealth and pleasures stained with their blood. (2.05)

न चैतद् विद्मः कतरन् नो गरीयो  
 यद् वा जयेम यदि वा नो जयेयुः ।  
 यान् एव हत्वा न जिजीविषामस्  
 तेऽवस्थिताः प्रमुखे धार्तराष्ट्राः ॥६॥  
 na caitad vidmaḥ kataran no garīyo  
 yad vā jayema yadi vā no jayeyuḥ  
 yān eva hatvā na jijīviṣāmas  
 te'vasthitāḥ pramukhe dhārtarāṣṭrāḥ

We do not know which alternative — to fight or to quit — is better for us. Further, we do not know whether we shall conquer them or they will conquer us. We should not even wish to live after killing the sons of Dhṛtarāṣṭra, who are standing in front of us. (2.06)

कार्पण्यदोषोपहतस्वभावः  
 पृच्छामि त्वां धर्मसंमूढचेताः ।  
 यच्छ्रेयः स्यान् निश्चितं ब्रूहि तन् मे  
 शिष्यस् तेऽहं शाधि मां त्वां प्रपन्नम् ॥७॥  
 kārpaṇyadoṣopahatasvabhāvaḥ  
 pṛcchāmi tvāṁ dharmasammūḍhacetāḥ  
 yacchreyaḥ syān niścitaṁ brūhi tan me  
 śiṣyas te'haṁ śādhi māṁ tvāṁ prapannam

My senses are overcome by the weakness of pity, and my mind is confused about duty (Dharma). I request You to tell me, decisively, what is better for me. I am Your disciple. Teach me who has taken refuge in You. (2.07)

न हि प्रपश्यामि ममापनुद्याद्  
 यच्छोकम् उच्छोषणम् इन्द्रियाणाम् ।  
 अवाप्य भूमाव् असपत्नम् ऋद्धं  
 राज्यं सुराणाम् अपि चाधिपत्यम् ॥८॥  
 na hi prapaśyāmi mamāpanudyād  
 yacchokam ucchoṣaṇam indriyāṇām  
 avāpya bhūmāv asapatnam ṛddham  
 rājyaṁ surāṇām api cādhipatyam

I do not perceive that gaining an unrivaled and prosperous kingdom on this earth, or even lordship over the celestial controllers (Devas) will remove the sorrow that is drying up my senses. (2.08)

संजय उवाच  
 एवम् उक्त्वा हृषीकेशं गुडाकेशः परंतप ।  
 न योत्स्य इति गोविन्दम् उक्त्वा तूष्णीं बभूव ह ॥९॥  
 saṁjaya uvāca  
 evam uktvā hṛṣīkeśaṁ guḍākeśaḥ paraṁtapa  
 na yotsya iti govindam uktvā tūṣṇīm babhūva ha

Samjaya said: O King, after speaking like this to Lord Kṛṣṇa, the mighty Arjuna said to Kṛṣṇa: I shall not fight, and he became silent. (2.09)

तम् उवाच हृषीकेशः प्रहसन्न इव भारत ।  
 सेनयोर् उभयोर् मध्ये विषीदन्तम् इदं वचः ॥१०॥  
 tam uvāca hṛṣīkeśaḥ prahasann iva bhārata  
 senayor ubhayor madhye viśīdantam idaṁ vacaḥ

O King, Lord Kṛṣṇa, as if smiling, spoke these words to the distressed Arjuna in the midst of the two armies. (2.10)

श्रीभगवानुवाच  
 अशोच्यान् अन्वशोचस् त्वं प्रज्ञावादांश्च भाषसे ।  
 गतासून् अगतासूंश्च नानुशोचन्ति पण्डिताः ॥११॥  
 śrī bhagavān uvāca

aśocyān anvaśocas tvaṁ prajñāvādāmśca bhāṣase  
gatāsūn agatāsūmśca nānuśocanti paṇḍitāḥ

The Supreme Lord said: You grieve for those who are not worthy of grief and yet speak words of wisdom. The wise grieve neither for the living nor for the dead. (2.11)

न त्वेवाहं जातु नासं न त्वं नेमे जनाधिपाः ।  
न चैव न भविष्यामः सर्वे वयम् अतः परम् ॥१२॥  
na tvevāhaṁ jātu nāsaṁ na tvaṁ neme janādhipāḥ  
na caiva na bhaviṣyāmaḥ sarve vayam ataḥ param

There was never a time when these monarchs, you, or I did not exist, nor shall we ever cease to exist in the future. (2.12)

देहिनोऽस्मिन् यथा देहे कौमारं यौवनं जरा ।  
तथा देहान्तरप्राप्तिर् धीरस् तत्र न मुह्यति ॥१३॥  
dehino'smin yathā dehe kaumāraṁ yauvanaṁ jarā  
tathā dehāntaraprāptir dhīras tatra na muhyati

Just as the living entity (Ātmā, Jīva, Jīvātmā) acquires a childhood body, a youth body, and an old age body during this life, similarly, it acquires another body after death. The wise are not deluded by this. (See also 15.08) (2.13)

मात्रास्पर्शास् तु कौन्तेय शीतोष्णसुखदुःखदाः ।  
आगमापायिनोऽनित्यास् तांस् तितिक्षस्व भारत ॥१४॥  
mātrāsparsās tu kaunteya śītoṣṇasukha duḥkhadāḥ  
āgamāpāyino'nityās tāṁs titikṣasva bhārata

The contacts of the senses with sense objects give rise to the feelings of heat and cold, and pain and pleasure. They are transitory and impermanent. Therefore, learn to endure them, O Arjuna. (2.14)



यं हि न व्यथयन्त्येते पुरुषं पुरुषरूषभ ।  
 समदुःखसुखं धीरं सोऽमृतत्वाय कल्पते ॥१५॥  
 yaṁ hi na vyathayantyete puruṣaṁ puruṣarṣabha  
 sama duḥkha sukhaṁ dhīraṁ so'mṛta tvāya kalpate

Because a calm person — who is not afflicted by these sense objects and is steady in pain and pleasure — becomes fit for immortality, O Arjuna. (2.15)

नासतो विद्यते भावो नाभावो विद्यते सतः ।  
 उभयोर् अपि दृष्टोऽन्तस् त्व अनयोस् तत्त्वदर्शिभिः ॥१६॥  
 nāsato vidyate bhāvo nābhāvo vidyate sataḥ  
 ubhayor api dr̥ṣṭo'ntas tv anayos tattvadarśibhiḥ

The invisible Spirit (Sat, Ātmā) is eternal, and the visible world (including the physical body) is transitory. The reality of these two is indeed certainly seen by the seers of truth. (2.16)

अविनाशि तु तद् विद्धि येन सर्वम् इदं ततम् ।  
 विनाशम् अव्ययस्यास्य न कश्चित् कर्तुम् अर्हति ॥१७॥  
 avināśi tu tad viddhi yena sarvam idaṁ tatam  
 vināśam avyayasyāsyā na kaścit kartum arhati

The Spirit (Ātmā) by which all this universe is pervaded, is indestructible. No one can destroy the imperishable Spirit. (2.17)

अन्तवन्त इमे देहा नित्यस्योक्ताः शरीरिणः ।  
 अनाशिनोऽप्रमेयस्य तस्माद् युध्यस्व भारत ॥१८॥  
 antavanta ime dehā nityasyoktāḥ śarīriṇaḥ  
 anāśino'prameyasya tasmād yudhyasva bhātata

Bodies of the eternal, immutable, and incomprehensible Spirit are perishable. Therefore, fight, O Arjuna. (2.18)

य एनं वेत्ति हन्तारं यश्चैनं मन्यते हतम् ।  
 उभौ तौ न विजानीतो नायं हन्ति न हन्यते ॥१९॥  
 ya enam veti hantāraṁ yaścainaṁ manyate hatam  
 ubhau tau na vijānīto nāyaṁ hanti na hanyate

One who thinks that Ātmā (Spirit) is a slayer and the one who thinks Ātmā is slain are both ignorant because Ātmā neither slays nor is slain. (A parallel verse appears in KaU 2.19) (2.19)

न जायते म्रियते वा कदाचिन्  
 नायं भूत्वा भविता वा न भूयः ।  
 अजो नित्यः शाश्वतोऽयं पुराणो  
 न हन्यते हन्यमाने शरीरे ॥२०॥

na jāyate mriyate vā kadācin  
 nāyaṁ bhūtvā bhavitā vā na bhūyaḥ  
 ajo nityaḥ śāśvato'yaṁ purāṇo  
 na hanyate hanyamāne śarīre

The Spirit (Ātmā) is neither born, nor does it die at any time. It does not come into being or cease to exist. It is unborn, eternal, permanent, and primeval. The Spirit is not destroyed when the body is destroyed. (See also KaU 2.18) (2.20)

वेदाविनाशिनं नित्यं य एनम् अजम् अव्ययम् ।  
 कथं स पुरुषः पार्थ कं घातयति हन्ति कम् ॥२१॥  
 vedāvināśinaṁ nityaṁ ya enam ajam avyayam  
 kathaṁ sa puruṣaḥ pārtha kaṁ ghātayati hanti kam

O Arjuna, how can a person who knows that the Spirit (Ātmā) is indestructible, eternal, unborn, and immutable, kill anyone or cause anyone to be killed? (2.21)

वासांसि जीर्णानि यथा विहाय

नवानि गृह्णाति नरोऽपराणि ।  
 तथा शरीराणि विहाय जीर्णान्य्  
 अन्यानि संयाति नवानि देही ॥२२॥  
 vāsāmsi jīrṇāni yathā vihāya  
 navāni gr̥hṇāti naro'parāṇi  
 tathā śarīrāṇi vihāya jīrṇāny  
 anyāni samyāti navāni dehī

Just as a person puts on new garments after discarding the old ones, similarly, the living entity (Ātmā, Jīva, Jivātmā) acquires new bodies after casting away the old bodies. (2.22)

नैनं छिन्दन्ति शस्त्राणि नैनं दहति पावकः ।  
 न चैनं क्लेदयन्त्यापो न शोषयति मारुतः ॥२३॥  
 nai'nam chindanti śastrāṇi nai'nam dahati pāvakaḥ  
 na cai'nam kledayanty āpo na śoṣayati mārutaḥ

अच्छेद्योऽयम् अदाह्योऽयम् अक्लेद्योऽशोष्य एव च ।  
 नित्यः सर्वगतः स्थाणुर् अचलोऽयं सनातनः ॥२४॥  
 acchedyo'yam adāhyo'yam akledyo'soṣya eva ca  
 nityaḥ sarvagataḥ sthāṇur acalo'yam sanātanaḥ

Weapons do not cut this Spirit (Ātmā), fire does not burn it, water does not make it wet, and the wind does not make it dry. Ātmā cannot be cut, burned, wet, or dried. It is eternal, all-pervading, unchanging, immovable, and primeval. (2.23-24)

अव्यक्तोऽयम् अचिन्त्योऽयम् अविकार्योऽयम् उच्यते ।  
 तस्माद् एवं विदित्वैनं नानुशोचितुम् अर्हसि ॥२५॥  
 avyakto'yam acintyo'yam avikāryo'yam ucyate  
 tasmād evam viditvainam nā'nuśocitum arhasi

The Spirit (Ātmā, Self) is said to be unexplainable, incomprehensible, and unchanging. Knowing this Spirit as such, you should not grieve. (2.25)

अथ चैनं नित्यजातं नित्यं वा मन्यसे मृतम् ।  
तथापि त्वं महाबाहो नैवं शोचितुम् अर्हसि ॥२६॥

atha cainam nityajātam nityam vā manyase mṛtam  
tathā'pi tvam mahābāho naivam śocitum arhasi  
जातस्य हि ध्रुवो मृत्युर् ध्रुवं जन्म मृतस्य च ।  
तस्माद् अपरिहार्येऽर्थे न त्वं शोचितुम् अर्हसि ॥२७॥  
jātasya hi dhruvo mṛtyur dhruvam janma mṛtasya ca  
tasmād aparihārye'rthe na tvam śocitum arhasi

Even if you think that this living entity or body takes birth and dies perpetually, even then, O Arjuna, you should not grieve like this because death is certain for one who is born, and birth is certain for one who dies. Therefore, you should not lament over the inevitable. (2.26-27)

अव्यक्तादीनि भूतानि व्यक्तमध्यानि भारत ।  
अव्यक्तनिधनान्येव तत्र का परिदेवना ॥२८॥  
avyaktādīni bhūtāni vyakta madhyāni bhārata  
avyakta nidhanāny eva tatra kā paridevanā

All beings, O Arjuna, are unmanifest — invisible to our physical eyes — before birth and after death. They manifest between the birth and the death only. What is there to grieve about? (2.28)

आश्चर्यवत् पश्यति कश्चिद् एनम्  
आश्चर्यवद् वदति तथैव चान्यः ।  
आश्चर्यवच्चैनम् अन्यः शृणोति  
श्रुत्वाप्येनं वेद न चैव कश्चित् ॥२९॥  
āścaryavat paśyati kaścīd enam  
āścaryavad vadati tathai 'va cānyaḥ  
āścaryavac cainam anyaḥ śṛṇoti  
śrutvāpyenam veda na caiva kaścit

Some look upon this Spirit as a wonder, another describes it as wonderful, and others hear of it as a wonder. Even after hearing about it, very few people know it. (See also KaU 2.07) (2.29)

देही नित्यम् अवध्योऽयं देहे सर्वस्य भारत ।  
 तस्मात् सर्वाणि भूतानि न त्वं शोचितुम् अर्हसि ॥३०॥  
 dehī nityam avadhyo'yaṁ dehe sarvasya bhārata  
 tasmāt sarvāṇi bhūtāni na tvaṁ śocitum arhasi

O Arjuna, the Spirit that dwells in the body of all beings is eternally indestructible. Therefore, you should not mourn for any body. (2.30)

स्वधर्मम् अपि चावेक्ष्य न विकम्पितुम् अर्हसि ।  
 धर्म्याद्धि युद्धाच्छ्रेयोऽन्यत् क्षत्रियस्य न विद्यते ॥३१॥  
 svadharmam api cāvekṣya na vikampitum arhasi  
 dharmyāddhi yuddhāc chreyo'nyat kṣatriyasya na  
 vidyate

Considering also your duty as a warrior, you should not waver because there is nothing more auspicious for a warrior than a righteous war. (2.31)

यद्दृच्छया चोपपन्नं स्वर्गद्वारम् अपावृतम् ।  
 सुखिनः क्षत्रियाः पार्थ लभन्ते युद्धम् ईदृशम् ॥३२॥  
 yadṛcchayā copapannaṁ svargadvāram apāvṛtam  
 sukhinaḥ kṣatriyāḥ pārtha labhante yuddham īdṛśam

Only the fortunate warriors, O Arjuna, get such an opportunity for an unsought war that is like an open door to heaven. (2.32)

अथ चेत् त्वम् इमं धर्म्यं संग्रामं न करिष्यसि ।  
 ततः स्वधर्मं कीर्तिं च हित्वा पापम् अवाप्स्यसि ॥३३॥

atha cet tvam imaṁ dharmyaṁ saṁgrāmaṁ na kariṣyasi  
tataḥ svadharmaṁ kīrtiṁ ca hitvā pāpam avāpsyasi

If you will not fight this righteous war, then you will fail in your duty, lose your reputation, and incur sin. (2.33)

अकीर्तिं चापि भूतानि कथयिष्यन्ति तेऽव्ययाम् ।  
संभावितस्य चाकीर्तिर् मरणाद् अतिरिच्यते ॥३४॥  
akīrtiṁ cāpi bhūtāni kathayiṣyanti te'vyayām  
saṁbhāvitasya cākīrtir maraṇād atiricyate

People will talk about your disgrace forever. To the honored, dishonor is worse than death. (2.34)

भयाद् रणाद् उपरतं मंस्यन्ते त्वां महारथाः ।  
येषां च त्वं बहुमतो भूत्वा यास्यसि लाघवम् ॥३५॥  
bhayād raṇād uparataṁ maṁsyante tvāṁ mahārathāḥ  
yeṣāṁ ca tvāṁ bahumato bhūtvā yāsyasi lāghavam

The great warriors will think that you have retreated from the battle out of fear. Those who have greatly esteemed you will lose respect for you. (2.35)

अवाच्यवादांश्च बहून् वदिष्यन्ति तवाहिताः ।  
निन्दन्तस् तव सामर्थ्यं ततो दुःखतरं नु किम् ॥३६॥

avācyavādāṁśca bahūn vadiṣyanti tavāhitāḥ  
nindantas tava sāmartyaṁ tato duḥkhataraṁ nu kim

Your enemies will speak many unmentionable words and scorn your ability. What could be more painful to you than this? (2.36)

हतो वा प्राप्स्यसि स्वर्गं जित्वा वा भोक्ष्यसे महीम् ।  
तस्माद् उत्तिष्ठ कौन्तेय युद्धाय कृतनिश्चयः ॥३७॥  
hato vā prāpsyasi svargaṁ jitvā vā bhokṣyase mahīm

tasmād uttiṣṭha kaunteya yuddhāya kṛta niścayaḥ

You will go to heaven if killed (in the line of duty), or you will enjoy the kingdom on the earth if victorious. Therefore, get up with a determination to fight, O Arjuna. (2.37)

सुखदुःखे समे कृत्वा लाभालाभौ जयाजयौ ।  
ततो युद्धाय युज्यस्व नैवं पापम् अवाप्स्यसि ॥३८॥  
sukha duḥkhe same kṛtvā lābhālābhau jayājayau  
tato yuddhāya yujyasva naivam pāpam avāpsyasi

Treating pleasure and pain, gain and loss, and victory and defeat alike, engage yourself in your duty. By doing your duty this way, you will not incur sin. (2.38)

एषा तेऽभिहिता सांख्ये बुद्धिर् योगे त्व इमां शृणु ।  
बुद्ध्या युक्तो यया पार्थ कर्मबन्धं प्रहास्यसि ॥३९॥  
eṣā te'bhīhitā sāmkye buddhir yoge tv imāṃ śṛṇu  
buddhyā yukto yayā pārtha karma bandham prahāsyasi

The wisdom of transcendental knowledge has been imparted to you, O Arjuna. Now listen to the wisdom of Karma-yoga, the selfless service (Sevā), endowed with which you will free yourself from the bondage of action (Karma). (2.39)

नेहाभिक्रमनाशोऽस्ति प्रत्यवायो न विद्यते ।  
स्वल्पम् अप्य् अस्य धर्मस्य त्रायते महतो भयात् ॥४०॥  
nehābhikramanāśo'sti pratyavāyo na vidyate  
svalpam apy asya dharmasya trāyate mahato bhayāt

In Karma-yoga, no effort is ever lost and there is no adverse effect. Even a little practice of this discipline protects one from the great fear of birth and death. (2.40)

व्यवसायात्मिका बुद्धिर् एकेह कुरुनन्दन ।

बहुशाखा ह्य अनन्ताश्च बुद्धयोऽव्यवसायिनाम् ॥४१॥  
 vyavasāyātmikā buddhir ekeha kurunandana  
 bahuśākhā hy anantāśca buddhayo'vyavasāyinām

A Karma-yogī has a resolute determination for God-realization, O Arjuna, but the desires of one who works to enjoy the fruits of work are endless and many-branched. (2.41)

याम् इमां पुष्पितां वाचं प्रवदन्त्य् अविपश्चितः ।  
 वेदवादरताः पार्थ नान्यद् अस्तीति वादिनः ॥४२॥  
 yām imām puṣpitām vācam pravadanty avipaścitaḥ  
 vedavādaratāḥ pārtha nānyad astīti vādinaḥ

The misguided ones who delight in the melodious chanting of the Veda ¾ without understanding the real purpose of the Vedas ¾ think, O Arjuna, there is nothing else in the Vedas except the rituals for the sole purpose of obtaining heavenly enjoyment. (2.42)

कामात्मानः स्वर्गपरा जन्मकर्मफलप्रदाम् ।  
 क्रियाविशेषबहुलां भोगैश्वर्यगतिं प्रति ॥४३॥  
 kāmātmānaḥ svargaparā janma karma phala pradām  
 kriyā viśeṣa bahulām bhogaiśvarya gatiṁ prati

They are dominated by material desires and consider the attainment of heaven as the highest goal of life. They engage in specific rites for the sake of prosperity and enjoyment. Rebirth is the result of their action. (See also KaU 2.05, IsU 09) (2.43)

भोगैश्वर्यप्रसक्तानां तयापहृतचेतसाम् ।  
 व्यवसायात्मिका बुद्धिः समाधौ न विधीयते ॥४४॥  
 bhogaiśvarya prasaktānām tayā'pahṛtacetasām  
 vyavasāyātmikā buddhiḥ samādhau na vidhīyate

The resolute determination of Self-realization is not formed in the minds of those who are attached to pleasure and power and whose judgment is obscured by such ritualistic activities. (2.44)



त्रैगुण्यविषया वेदा निस्त्रैगुण्यो भवार्जुन ।  
 निर्द्वन्द्वो नित्यसत्त्वस्थो निर्योगक्षेम आत्मवान् ॥४५॥  
 traiguṇya viṣayā vedā nistraiguṇyo bhavārjuna  
 nirdvandvo nitya sattvastho niryogakṣema ātmavān

A portion of the Vedas deals with three modes or states (Guṇas) of the material Nature. Become free from pairs of opposites; be ever balanced and unconcerned with the thoughts of acquisition and preservation. Rise above the three states and be Self-conscious, O Arjuna. (2.45)

यावानर्थ उदपाने सर्वतः संप्लुतोदके ।  
 तावान् सर्वेषु वेदेषु ब्राह्मणस्य विजानतः ॥४६॥  
 yāvān artha udapāne sarvataḥ saṃplutodake  
 tāvān sarveṣu vedeṣu brāhmaṇasya vijānataḥ

To a Self-realized person, the Vedas are as useful as a small reservoir of water when the water of a huge lake becomes available. (2.46)

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन ।  
 मा कर्मफलहेतुर् भूर् मा ते सङ्गोऽस्त्व अकर्मणि ॥४७॥  
 karmaṇy evādhikāraṣte mā phaleṣu kadācana  
 mā karma phala hetur bhūr mā te saṅgo'stv akarmaṇi

You have Adhikāra over your respective duty only, but no control or claim over the results. The fruits of work should not be your motive. You should never be inactive. (2.47)

योगस्थः कुरु कर्माणि सङ्गं त्यक्त्वा धनंजय ।  
 सिद्धयसिद्धयोः समो भूत्वा समत्वं योग उच्यते ॥४८॥

yogasthaḥ kuru karmāṇi saṅgam tyaktvā dhanamjaya

siddhy asiddhyoḥ samo bhūtvā samatvaṁ yoga ucyate

Do your duty to the best of your ability, O Arjuna, with your mind attached to the Lord, abandoning worry and selfish attachment to the results, and remaining calm in both success and failure. Equanimity of the mind is called Karma-yoga. (2.48)

दूरेण ह्यवरं कर्म बुद्धियोगाद् धनंजय ।  
 बुद्धौ शरणम् अन्विच्छ कृपणाः फलहेतवः ॥४९॥  
 dūreṇa hyavaraṁ karma buddhiyogād dhanamjaya  
 buddhau śaraṇam anviccha kṛpaṇāḥ phalahetavaḥ

Work done with selfish motives is inferior by far to selfless service or Karma-yoga. Therefore, be a Karma-yogī, O Arjuna. Those who work only to enjoy the fruits of their labor are, in truth, unhappy (because one has no control over the results). (2.49)

बुद्धियुक्तो जहातीह उभे सुकृतदुष्कृते ।  
 तस्माद् योगाय युज्यस्व योगः कर्मसु कौशलम् ॥५०॥  
 buddhiyukto jahātīha ubhe sukr̥ta duṣkr̥te  
 tasmād yogāya yujyasva yogaḥ karmasu kauśalam

A Karma-yogī becomes free from both vice and virtue in this life itself. Therefore, strive for Karma-yoga. Working to the best of one's abilities without becoming attached to the fruits of work is called Karma-yoga. (2.50)

कर्मजं बुद्धियुक्ता हि फलं त्यक्त्वा मनीषिणः ।  
 जन्मबन्धविनिर्मुक्ताः पदं गच्छन्त्य् अनामयम् ॥५१॥  
 karmajam buddhiyuktā hi phalam tyaktvā manīṣiṇaḥ  
 janma bandha vinirmuktāḥ padam gacchanty anāmayam

Wise Karma-yogis are freed from the bondage of rebirth by renouncing the selfish attachment to the fruits of all work and attain a blissful divine state. (2.51)

यदा ते मोहकलिलं बुद्धिर् व्यतितरिष्यति ।  
 तदा गन्तासि निर्वेदं श्रोतव्यस्य श्रुतस्य च ॥५२॥  
 yadā te moha kalilam buddhir vyatitarisyati  
 tadā gantāsi nirvedam śrotavyasya śrutasya ca

When your intellect completely pierces the veil of confusion, then you will become indifferent to what has been heard and what is to be heard from the scriptures. (2.52)

श्रुतिविप्रतिपन्ना ते यदा स्थास्यति निश्चला ।  
 समाधावचला बुद्धिस् तदा योगम् अवाप्स्यसि ॥५३॥  
 śruti vipratipannā te yadā sthāsyati niścalā  
 samādhāvacalā buddhis tadā yogam avāpsyasi

When your intellect that is confused by the conflicting opinions and the ritualistic doctrine of the Vedas shall stay steady and firm, concentrating on the Supreme Being, then you shall attain the union with the Supreme Being in trance (Samādhi). (2.53)

अर्जुन उवाच  
 स्थितप्रज्ञस्य का भाषा समाधिस्थस्य केशव ।  
 स्थितधीः किं प्रभाषेत किम् आसीत व्रजेत किम् ॥५४॥  
 arjuna uvāca  
 sthita prajñasya kā bhāṣā samādhisthasya keśava  
 sthitadhīḥ kiṁ prabhāṣeta kim āsīta vrajeta kim

Arjuna said: O Kṛṣṇa, what are the marks of an enlightened (Sthita-prajña) person whose intellect is steady? How does a person of steady intellect speak? How does such a person sit and walk? (2.54)

श्रीभगवानुवाच

प्रजहाति यदा कामान् सर्वान् पार्थ मनोगतान् ।  
आत्मन्येव् आत्मना तुष्टः स्थितप्रज्ञस् तदोच्यते ॥५५॥

śrī bhagavān uvāca

prajahāti yadā kāmān sarvān pārtha manogatān  
ātmanyev ātmanā tuṣṭaḥ sthita prajñas tadocyate

The Supreme Lord said: When one is completely free from all desires of the mind and is satisfied with the Eternal Being (Brahma) by the joy of Eternal Being, then one is called an enlightened (Sthita-prajña) person, O Arjuna. (2.55)

दुःखेष्व् अनुद्विग्नमनाः सुखेषु विगतस्पृहः ।

वीतरागभयक्रोधः स्थितधीर् मुनिर् उच्यते ॥५६॥

duḥkheṣv anudvignamanāḥ sukheṣu vigataspr̥haḥ  
vīta rāga bhaya krodhaḥ sthitadhīr munir ucyate

A person whose mind is unperturbed by sorrow, who does not crave pleasures, and who is completely free from attachment, fear, and anger, is called Sthita-prajña — a sage of steady intellect. (2.56)

यः सर्वत्रानभिस्नेहस् तत् तत् प्राप्य शुभाशुभम् ।

नाभिनन्दति न द्वेष्टि तस्य प्रज्ञा प्रतिष्ठिता ॥५७॥

yaḥ sarvatrā'nabhisnehas tat tat prāpya śubhāśubham  
nābhinandati na dveṣṭi tasya prajñā pratiṣṭhitā

Those who are not attached to anything, who are neither elated by getting desired results nor troubled by undesired results, their intellect is considered steady. (2.57)

यदा संहरते चायं कूर्मोऽङ्गानीव सर्वशः ।

इन्द्रियाणीन्द्रियार्थेभ्यस् तस्य प्रज्ञा प्रतिष्ठिता ॥५८॥

yadā saṁharate cāyaṁ kūrmo'ṅgānīva sarvaśaḥ  
indriyāṇī'ndriyārthebhyas tasya prajñā pratiṣṭhitā

When one can completely withdraw the senses from sense objects, as a tortoise withdraws its limbs into the shell for protection, then the intellect of such a person is considered steady. (2.58)

विषया विनिवर्तन्ते निराहारस्य देहिनः ।  
 रसवर्जं रसोऽप्यस्य परं दृष्ट्वा निवर्तते ॥५९॥  
 viṣayā vinivartante nirāhārasya dehinaḥ  
 rasavarjaṁ raso'pyasya paraṁ dṛṣṭvā nivartate

The desire for sensual pleasures fades away if one abstains from sense enjoyment, but the craving for sense enjoyment remains. The craving also disappears from one who has known the Supreme Being. (2.59)

यततो ह्यपि कौन्तेय पुरुषस्य विपश्चितः ।  
 इन्द्रियाणि प्रमाथीनि हरन्ति प्रसभं मनः ॥६०॥  
 yatato hyapi kaunteya puruṣasya vipaścitaḥ  
 indriyāṇi pramāthīni haranti prasabhaṁ manaḥ

Restless senses, O Arjuna, forcibly carry away the mind of even a wise person striving for perfection. (2.60)

तानि सर्वाणि संयम्य युक्त आसीत् मत्परः ।  
 वशे हि यस्येन्द्रियाणि तस्य प्रज्ञा प्रतिष्ठिता ॥६१॥  
 tāni sarvāṇi saṁyamya yukta āsīta matparaḥ  
 vaśe hi yasye'ndriyāṇi tasya prajñā pratiṣṭhitā

One should fix one's mind on Me with loving contemplation after bringing the senses under control. One's intellect becomes steady when one's senses are under complete control. (2.61)

ध्यायतो विषयान् पुंसः सङ्गस् तेषूपजायते ।  
 सङ्गात् संजायते कामः कामात् क्रोधोऽभिजायते ॥६२॥

dhyāyato viṣayān puṁsaḥ saṅgas teṣū'pajāyate  
saṅgāt saṁjāyate kāmaḥ kāmāt krodho'bhijāyate

One develops attachment to sense objects by thinking about sense objects. Desire for sense objects comes from attachment to sense objects, and anger comes from unfulfilled desires. (2.62)

क्रोधाद् भवति संमोहः संमोहात् स्मृतिविभ्रमः ।  
स्मृतिभ्रंशाद् बुद्धिनाशो बुद्धिनाशात् प्रणश्यति ॥६३॥

krodhād bhavati saṁmohaḥ saṁmohāt smṛti vibhramaḥ  
smṛti bhraṁśād buddhināśo buddhināśāt praṇaśyati

Delusion or wild ideas arise from anger. The mind is bewildered by delusion. Reasoning is destroyed when the mind is bewildered. One falls from the right path when reasoning is destroyed. (2.63)

रागद्वेषवियुक्तैस्तु विषयान् इन्द्रियैश्चरन् ।  
आत्मवश्यैर् विधेयात्मा प्रसादम् अधिगच्छति ॥६४॥

rāga dveṣa viyuktais tu viṣayān indriyaiś caran  
ātmaśayair vidheyātmā prasādam adhigacchati

A disciplined person, enjoying sense objects with senses that are under control and free from likes and dislikes, attains tranquillity. (2.64)

प्रसादे सर्वदुःखानां हानिर् अस्योपजायते ।  
प्रसन्नचेतसो ह्याशु बुद्धिः पर्यवतिष्ठते ॥६५॥

prasāde sarva duḥkhānām hānir asyo'pajāyate  
prasannacetaso hyāśu buddhiḥ paryavatiṣṭhate

All sorrows are destroyed upon attainment of tranquillity. The intellect of such a tranquil person soon becomes completely steady and united with the Eternal Being (Brahma). (2.65)

नास्ति बुद्धिर् अयुक्तस्य न चायुक्तस्य भावना ।  
 न चाभावयतः शान्तिर् अशान्तस्य कुतः सुखम् ॥६६॥  
 nāsti buddhir ayuktasya na cāyuktasya bhāvanā  
 na cābhāvayataḥ śāntir aśāntasya kutaḥ sukham

There is neither Self-knowledge nor Self-perception to those who are not united with the Eternal Being (Brahma). Without Self-perception there is no peace, and without peace there can be no happiness. (2.66)

इन्द्रियाणां हि चरतां यन् मनोऽनुविधीयते ।  
 तदस्य हरति प्रज्ञां वायुर् नावम् इवाम्भसि ॥६७॥  
 indriyāṇāṃ hi caratām yan mano'nuvidhīyate  
 tad asya harati prajñāṃ vāyur nāvam ivāmbhasi

The mind, when controlled by the roving senses, steals away the intellect as a storm takes away a boat on the sea from its destination — the spiritual shore. (2.67)

तस्माद् यस्य महाबाहो निगृहीतानि सर्वशः ।  
 इन्द्रियाणीन्द्रियार्थेभ्यस् तस्य प्रज्ञा प्रतिष्ठिता ॥६८॥  
 tasmād yasya mahābāho nigrhītāni sarvaśaḥ  
 indriyāṇī'ndriyārthebhyas tasya prajñā pratiṣṭhitā

Therefore, O Arjuna, one's intellect becomes steady when the senses are completely withdrawn from sense objects. (2.68)

या निशा सर्वभूतानां तस्यां जागर्ति संयमी ।  
 यस्यां जाग्रति भूतानि सा निशा पश्यतो मुनेः ॥६९॥  
 yā niśā sarvabhūtānām tasyām jāgarti saṁyamī  
 yasyām jāgrati bhūtāni sā niśā paśyato muneḥ

A yogī, the person of self-restraint, remains wakeful when it is night for all others. It is night for the yogī who sees when all others are wakeful. (2.69)

आपूर्यमाणम् अचलप्रतिष्ठं  
 समुद्रम् आपः प्रविशन्ति यद्भत् ।  
 तद्भत् कामा यं प्रविशन्ति सर्वे  
 स शान्तिम् आप्नोति न कामकामी ॥७०॥  
 āpūryamāṇam acalapratiṣṭham  
 samudram āpaḥ praviśanti yadvat  
 tadvat kāmā yaṁ praviśanti sarve  
 sa śāntim āpnoti na kāmakāmī

One attains peace when all desires dissipate within the mind without creating any mental disturbance, as river waters enter the full ocean without creating any disturbance. One who desires material objects is never peaceful. (2.70)

विहाय कामान् यः सर्वान् पुमांश्चरति निःस्पृहः ।  
 निर्ममो निरहंकारः स शान्तिम् अधिगच्छति ॥७१॥  
 vihāya kāmān yaḥ sarvān pumāṁś carati niḥspṛhaḥ  
 nirmamo nirahankāraḥ sa śāntim adhigacchati

One who abandons all desires and becomes free from longing and the feeling of “I” and “my” attains peace. (2.71)

एषा ब्राह्मी स्थितिः पार्थ नैनां प्राप्य विमुह्यति ।  
 स्थित्वाऽस्याम् अन्तकालेऽपि ब्रह्मनिर्वाणम् ऋच्छति ॥७२॥  
 eṣā brāhmī sthitiḥ pārtha nai'nām prāpya vimuhyati  
 sthitvā'syām antakāle'pi brahma nirvāṇam ṛcchati

O Arjuna, this is the superconscious (Brāhmī) state. Attaining this state, one is no longer deluded. Gaining this state, even at the end of one's life, a person attains Brahma-nirvāṇa (or becomes one with the Absolute). (2.72).



ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
श्रीकृष्णार्जुनसंवादे सांख्ययोगो नाम द्वितीयोऽध्यायः ॥

OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu  
brahmavidyāyām yogasāstre śrīkṛṣṇārjuna saṁvāde  
sāṁkhyayogo  
nāma dvitīyo'dhyāyaḥ

Thus ends the second chapter named “Transcendental Knowledge” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between Śrīkṛṣṇa and Arjuna.

अथ तृतीयोऽध्यायः

### CHAPTER 3

कर्मयोगः

### PATH OF KARMA-YOGA

अर्जुन उवाच

ज्यायसी चेत् कर्मणस् ते मता बुद्धिर् जनार्दन ।  
तत् किं कर्मणि घोरे मां नियोजयसि केशव ॥१॥

arjuna uvāca

jyāyasī cet karmaṇas te matā buddhir janārdana  
tat kiṁ karmaṇi ghore mām niyojayasi keśava  
व्यामिश्रेणेव वाक्येन बुद्धिं मोहयसीव मे ।

तद् एकं वद निश्चित्य येन श्रेयोऽहम् आप्नुयाम् ॥२॥

vyāmiśreṇeva vākyaena buddhiṁ mohayasīva me  
tad ekaṁ vada niścitya yena śreyo'ham āpnuyām

Arjuna said: If You consider that acquiring transcendental knowledge is better than working, then why do You want me to engage in this horrible war, O Kṛṣṇa? You seem to confuse my

mind by apparently conflicting words. Tell me, decisively, one thing by which I may attain the Supreme. (3.01-02)

श्रीभगवानुवाच  
लोकेऽस्मिन् द्विविधा निष्ठा पुरा प्रोक्ता मयाऽनघ ।  
ज्ञानयोगेन सांख्यानां कर्मयोगेन योगिनाम् ॥३॥  
śrī bhagavān uvāca  
loke'smin dvidhā niṣṭhā purā proktā mayā'nagha  
jñānayogena sām̐khyānām̐ karmayogena yoginām̐

The Supreme Lord said: In this world, O Arjuna, a twofold path of spiritual discipline has been stated by Me in the past — the path of Self-knowledge (Jñāna-yoga) for the contemplative and the path of unselfish work (Sevā, Karma-yoga) for the active. (3.03)

न कर्मणाम् अनारम्भान् नैष्कर्म्यं पुरुषोऽश्नुते ।  
न च संन्यसनाद् एव सिद्धिं समधिगच्छति ॥४॥  
na karmaṇām̐ anārambhān̐ naiṣkarmyaṁ̐ puruṣo'snute  
na ca saṁnyasanād̐ eva siddhim̐ samadhigacchati

One does not attain freedom from the bondage of Karma by merely abstaining from work. No one attains perfection by merely giving up work. (3.04)

न हि कश्चित् क्षणमपि जातु तिष्ठत्य् अकर्मकृत् ।  
कार्यते ह्य् अवशः कर्म सर्वः प्रकृतिजैर् गुणैः ॥५॥  
na hi kaścit̐ kṣaṇam̐ api jātu tiṣṭhaty̐ akarmakṛt̐  
kāryate hy̐ avaśaḥ̐ karma sarvaḥ̐ prakṛtijair̐ guṇaiḥ̐

Because no one can remain actionless even for a moment. Everyone is driven to action — helplessly indeed — by the forces of nature. (3.05)

कर्मन्द्रियाणि संयम्य य आस्ते मनसा स्मरन् ।  
 इन्द्रियार्थान् विमूढात्मा मिथ्याचारः स उच्यते ॥६॥  
 karmendriyāṇi saṁyamyā ya āste manasā smaran  
 indriyārthān vimūḍhātmā mithyācāraḥ sa ucyate

The deluded ones, who restrain their organs of action but mentally dwell upon the sense enjoyment, are called hypocrites. (3.06)

यस्य त्व इन्द्रियाणि मनसा नियम्यारभतेऽर्जुन ।  
 कर्मन्द्रियैः कर्मयोगम् असक्तः स विशिष्यते ॥७॥  
 yas tv indriyāṇi manasā niyamyā'rabhate'rjuna  
 karmendriyaiḥ karmayogam asaktaḥ sa viśiṣyate

One who controls the senses by a trained and purified mind and intellect and engages the organs of action to selfless service, is superior, O Arjuna. (3.07)

नियतं कुरु कर्म त्वं कर्म ज्यायो ह्य अकर्मणः ।  
 शरीरयात्रापि च ते न प्रसिद्धयेद् अकर्मणः ॥८॥  
 niyataṁ kuru karma tvam karma jyāyo hy akarmanāḥ  
 śarīrayātrāpi ca te na prasiddhyed akarmanāḥ

Perform your obligatory duty because working is indeed better than sitting idle. Even the maintenance of your body would be impossible without work. (3.08)

यज्ञार्थात् कर्मणोऽन्यत्र लोकोऽयं कर्मबन्धनः ।  
 तदर्थं कर्म कौन्तेय मुक्तसङ्गः समाचर ॥९॥  
 yajñāsthāt karmaṇo'nyatra loko'yaṁ karma bandhanaḥ  
 tad artham karma kaunteya mukta saṅgaḥ samācara

Human beings are bound by work (Karma) that is not performed as a selfless service (Sevā, Yajña). Therefore, O Arjuna, becoming free from selfish attachment to the fruits of work, do your duty efficiently as a service to Me. (3.09)

सहयज्ञाः प्रजाः सृष्ट्वा पुरोवाच प्रजापतिः ।  
 अनेन प्रसविष्यध्वम् एष वोऽस्त्व इष्टकामधुक् ॥१०॥  
 sahayajñāḥ prajāḥ sṛṣṭvā purovāca prajāpatiḥ  
 anena prasaviṣyadhvam eṣa vo'stv iṣṭa kāmadhuk

Brahmā, the creator, in the beginning created human beings together with selfless service (Sevā, Yajña, sacrifice) and said: By Yajña you shall prosper, and Yajña shall fulfill all your desires. (3.10)

देवान् भावयतानेन ते देवा भावयन्तु वः ।  
 परस्परं भावयन्तः श्रेयः परम् अवाप्स्यथ ॥११॥  
 devān bhāvayatānena te devā bhāvayantu vaḥ  
 parasparaṁ bhāvayantaḥ śreyaḥ param avāpsyatha

Nourish the celestial controllers (Devas) with selfless service (Sevā, Yajña), and the Devas will nourish you. Thus nourishing one another, you shall attain the Supreme goal. (3.11)

इष्टान् भोगान् हि वो देवा दास्यन्ते यज्ञभाविताः ।  
 तैर् दत्तान् अप्रदायैभ्यो यो भुङ्क्ते स्तेन एव सः ॥१२॥  
 iṣṭān bhogān hi vo devā dāsyante yajñabhāvitāḥ  
 tair dattān apradāyaibhyo yo bhun̄kte stena eva saḥ

The celestial controllers (Devas), nourished by selfless service (Sevā, Yajña), will give you the desired objects. One who enjoys the gift of Devas without offering them anything in return is, indeed, a thief. (3.12)

यज्ञशिष्टाशिनः सन्तो मुच्यन्ते सर्वकिल्बिषैः ।  
 भुञ्जते ते त्व अघं पापा ये पचन्त्यात्मकारणात् ॥१३॥  
 yajñāśiṣṭāśinaḥ santo mucyante sarva kilbiṣaiḥ  
 bhun̄jate te tv aghaṁ pāpā ye pacanty ātmakāraṇāt

The righteous who eat the remnants of selfless service (Sevā, Yajña) are freed from all sins, but the impious who cook food only

for themselves (without first offering to Me or sharing with others),  
in truth, eat sin. (See also RV 10.117.06) (3.13)

अन्नाद् भवन्ति भूतानि पर्जन्याद् अन्नसंभवः ।

यज्ञाद् भवति पर्जन्यो यज्ञः कर्मसमुद्भवः ॥१४॥

annād bhavanti bhūtāni parjanyaḍ annasambhavaḥ  
yajñād bhavati parjanyaḍ yajñāḥ karma samudbhavaḥ  
कर्म ब्रह्मोद्भवं विद्धि ब्रह्माक्षरसमुद्भवम् ।

तस्मात् सर्वगतं ब्रह्म नित्यं यज्ञे प्रतिष्ठितम् ॥१५॥

karma brahmodbhavaḥ vidhi brahmā'kṣara  
samudbhavam

tasmāt sarvagataḥ brahma nityaḥ yajñe pratiṣṭhitaḥ

The living beings are born from food grains; grains are produced by  
rain; rain comes (as a favor from Devas) if duty (Karma) is  
performed as a selfless service (Sevā, Yajña). (See also 4.32).  
Duty is prescribed in the Vedas. The Vedas come from Brahma  
(Eternal Being). Thus the all-pervading Brahma is ever present in  
Sevā. (3.14-15)

एवं प्रवर्तितं चक्रं नानुवर्तयतीह यः ।

अघायुर् इन्द्रियारामो मोघं पार्थ स जीवति ॥१६॥

evaḥ pravartitaḥ cakraḥ nānuvartayatīha yaḥ  
aghāyur indriyārāmo moghaḥ pārtha sa jīvati

One who does not help to keep the wheel of creation in motion  
by sacrificial duty (Sevā) and who rejoices in sense pleasures,  
that sinful person lives in vain, O Arjuna. (3.16)

यस् त्वात्मरतिर् एव स्याद् आत्मतृप्तश्च मानवः ।

आत्मन्येव च संतुष्टस् तस्य कार्यं न विद्यते ॥१७॥

yas tv ātmaratir eva syād ātmatṛptaśca mānavaḥ  
ātmanyeva ca saṁtuṣṭas tasya kāryaḥ na vidyate

For one who rejoices only with the Eternal Being (Brahma), who is  
delighted with the Eternal Being, and who is content with the

Eternal Being alone, for such a Self-realized person there is no duty. (3.17)

नैव तस्य कृतेनार्थो नाकृतेनेह कश्चन ।  
 न चास्य सर्वभूतेषु कश्चिद् अर्थव्यपाश्रयः ॥१८॥  
 naiva tasya kṛtenārtho nākṛteneha kaścana  
 na cāsya sarvabhūteṣu kaścīd arthavyapāśrayaḥ

Such a person has no interest, whatsoever, in what is done or what is not done. A Self-realized person does not depend on anybody (except God) for anything. (3.18)

तस्माद् असक्तः सततं कार्यं कर्म समाचर ।  
 असक्तो ह्याचरन् कर्म परम् आप्नोति पूरुषः ॥१९॥  
 tasmād asaktaḥ satataṁ kāryaṁ karma samācara  
 asakto hyācaran karma param āpnoti pūruṣaḥ

Therefore, always perform your duty efficiently and without any selfish attachment to the results because by doing work without attachment one attains the Supreme Being. (3.19)

कर्मणैव हि संसिद्धिम् आस्थिता जनकादयः ।  
 लोकसंग्रहमेवापि संपश्यन् कर्तुम् अर्हसि ॥२०॥  
 karmaṇaiva hi saṁsiddhim āsthitā janakādayaḥ  
 lokasaṁgraham evāpi sampaśyan kartum arhasi

King Janaka and others attained perfection (or Self-realization) by selfless service (Karma-yoga) alone. You also should perform your duty with a view to guide people and for the universal welfare of society. (3.20)

यद् यद् आचरति श्रेष्ठस् तत् तद् एवेतरो जनः ।  
 स यत् प्रमाणं कुरुते लोकस् तद् अनुवर्तते ॥२१॥  
 yad yad ācarati śreṣṭhas tat tad evetaro janaḥ  
 sa yat pramāṇaṁ kurute lokas tad anuvartate

Whatever noble persons do, others follow. Whatever standard they set up, the world follows. (3.21)

न मे पार्थास्ति कर्तव्यं त्रिषु लोकेषु किञ्चन ।  
 नानवाप्तमवाप्तव्यं वर्त एव च कर्मणि ॥२२॥  
 na me pārthāsti kartavyam̐ triṣu lokeṣu kiñcana  
 nānavāptam avāptavyam̐ varta eva ca karmaṇi

O Arjuna, there is nothing in the three worlds (heaven, earth, and the lower regions) that should be done by Me, nor there is anything unobtained that I should obtain, yet I engage in action. (3.22)

यदि ह्यहं न वर्तेयं जातु कर्मण्यतन्द्रितः ।  
 मम वर्त्मानुवर्तन्ते मनुष्याः पार्थ सर्वशः ॥२३॥  
 yadi hy ahaṁ na varteyam̐ jātu karmaṇy atandritaḥ  
 mama vartmā'nuvartante manuṣyāḥ pārtha sarvaśaḥ  
 उत्सीदेयुर् इमे लोका न कुर्या कर्म चेद् अहम् ।  
 संकरस्य च कर्ता स्याम् उपहन्याम् इमाः प्रजाः ॥२४॥  
 utsīdeyur ime lokā na kuryām̐ karma ced aham  
 saṁkarasya ca kartā syām̐ upahanyām̐ imāḥ prajāḥ

If I do not engage in action relentlessly, O Arjuna, people would follow the same path. These worlds would perish if I do not work, and I would be the cause of confusion and destruction of all these people. (3.23-24)

सक्ताः कर्मण्य् अविद्वांसो यथा कुर्वन्ति भारत ।  
 कुर्याद् विद्वांस् तथासक्तश् चिकीर्षुर् लोकसंग्रहम् ॥२५॥  
 saktāḥ karmaṇy avidvāṁso yathā kurvanti bhārata  
 kuryād vidvāṁs tathāsaktaś cikīrṣur lokasaṁgraham

As the ignorant work, O Arjuna, with attachment to the fruits of work, so the wise should work without attachment for the welfare of the society. (3.25)

न बुद्धिभेदं जनयेद् अज्ञानां कर्मसङ्गिनाम् ।  
 जोषयेत् सर्वकर्माणि विद्वान् युक्तः समाचरन् ॥२६॥  
 na buddhibhedam janayed ajñānām karma saṅginām  
 joṣayet sarva karmāṇi vidvān yuktaḥ samācaran

The wise should not unsettle the minds of the ignorant who are attached to the fruits of work, but should inspire others by performing all works efficiently without selfish attachment. (See also 3.29) (3.26)

प्रकृतेः क्रियमाणानि गुणैः कर्माणि सर्वशः ।  
 अहंकारविमूढात्मा कर्ताहम् इति मन्यते ॥२७॥  
 prakṛteḥ kriyamāṇāni guṇaiḥ karmāṇi sarvaśaḥ  
 ahaṁkāra vimūḍhātmā kartāham iti manyate

All work is done by the energy and power of nature, but due to delusion of ignorance, people assume themselves to be the doer. (See also 5.09, 13.29, and 14.19) (3.27)

तत्त्ववित् तु महाबाहो गुणकर्मविभागयोः ।  
 गुणा गुणेषु वर्तन्त इति मत्वा न सज्जते ॥२८॥

tattvavit tu mahābāho guṇa karma vibhāgayoḥ  
 guṇā guṇeṣu vartanta iti matvā na sajjate

One who knows the truth, O Arjuna, about the role of the forces of nature and work, does not become attached to work, knowing very well that it is the forces of nature that work with their instruments — our organs. (3.28)

प्रकृतेर् गुणसंमूढाः सज्जन्ते गुणकर्मसु ।  
 तान् अकृत्स्नविदो मन्दान् कृत्स्नविन् न विचालयेत् ॥२९॥  
 prakṛter guṇa saṁmūḍhāḥ sajjante guṇa karmasu  
 tān akṛtsnavido mandān kṛtsnavin na vicālayet



Those who are deluded by the illusive power (Māyā) of Nature become attached to the work done by the forces of nature. The wise should not disturb the mind of the ignorant whose knowledge is imperfect. (See also 3.26) (3.29)

मयि सर्वाणि कर्माणि संन्यस्याध्यात्मचेतसा ।  
निराशीर् निर्ममो भूत्वा युध्यस्व विगतज्वरः ॥३०॥  
mayi sarvāṇi karmāṇi saṁnyasyā'dhyātma cetasā  
nirāśīr nirmamo bhūtvā yudhyasva vigatajvaraḥ

Do your duty, dedicating all work to Me in a spiritual frame of mind, free from desire, attachment, and mental grief. (3.30)

ये मे मतम् इदं नित्यम् अनुतिष्ठन्ति मानवाः ।  
श्रद्धावन्तोऽनसूयन्तो मुच्यन्ते तेऽपि कर्मभिः ॥३१॥  
ye me matam idaṁ nityam anutiṣṭhanti mānavāḥ  
śraddhāvanto'nasūyanto mucyante te'pi karmabhiḥ  
ये त्वेतद् अभ्यसूयन्तो नानुतिष्ठन्ति मे मतम् ।  
सर्वज्ञानविमूढांस् तान् विद्धि नष्टान् अचेतसः ॥३२॥  
ye tv etad abhyasūyanto nā'nutiṣṭhanti me matam  
sarvajñāna vimūḍhāṁs tān viddhi naṣṭān acetasaḥ

Those who always practice this teaching of Mine — with faith (or full attention and sincerity) and free from cavil — are freed from the bondage of Karma. But, those who carp at My teaching and do not practice it should be considered ignorant of all knowledge, senseless, and lost. (3.31-32)

सदृशं चेष्टते स्वस्याः प्रकृतेर् ज्ञानवान् अपि ।  
प्रकृतिं यान्ति भूतानि निग्रहः किं करिष्यति ॥३३॥  
sadṛśaṁ ceṣṭate svasyāḥ prakṛter jñānavān api  
prakṛtiṁ yānti bhūtāni nigrahaḥ kiṁ kariṣyati

All beings follow their nature. Even the wise act according to their own nature. What, then, is the value of sense restraint? (3.33)

इन्द्रियस्येन्द्रियस्यार्थे रागद्वेषौ व्यवस्थितौ ।  
 तयोर् न वशम् आगच्छेत् तौ ह्यस्य परिपन्थिनौ ॥३४॥  
 indriyasye'ndriasyā 'rthe rāgadveṣau vyavasthitau  
 tayor na vaśam āgacchet tau hy asya paripanthināu

Likes and dislikes (Rāga and Dveṣa) for sense objects remain in the senses. One should not come under the control of these two because they are, indeed, two major stumbling blocks on one's path of Self-realization. (3.34)

श्रेयान् स्वधर्मो विगुणः परधर्मात् स्वनुष्ठितात् ।  
 स्वधर्मे निधनं श्रेयः परधर्मो भयावहः ॥३५॥  
 śreyān svadharmo viguṇaḥ paradharmāt svanuṣṭhitāt  
 svadharme nidhanaṁ śreyaḥ paradharmo bhayāvahaḥ

One's inferior natural work is better than superior unnatural work. Death in carrying out one's natural work is useful. Unnatural work produces too much stress. (See also 18.47) (3.35)

अर्जुन उवाच  
 अथ केन प्रयुक्तोऽयं पापं चरति पूरुषः ।  
 अनिच्छन् अपि वार्ष्णेय बलाद् इव नियोजितः ॥३६॥  
 arjuna uvāca  
 atha kena prayukto'yam pāpaṁ carati pūruṣaḥ  
 anicchann api vārṣṇeya balād iva niyojitaḥ

Arjuna said: O Kṛṣṇa, what impels one to commit sin as if unwillingly and forced against one's will? (3.36)

श्रीभगवानुवाच  
 काम एष क्रोध एष रजोगुणसमुद्भवः ।  
 महाशनो महापाप्मा विद्ध्येनम् इह वैरिणम् ॥३७॥  
 śrī bhagavān uvāca  
 kāma eṣa krodha eṣa rajoguṇa samudbhavaḥ  
 mahāśano mahāpāpmā viddhy enam iha vairiṇam

The Supreme Lord said: It is lust (Kāma), born out of passion (Rajo Guṇa), that becomes anger (when unfulfilled). Lust is insatiable and is a great devil. Know this as the enemy. (3.37)

धूमेनाव्रियते वह्निरु यथादर्शो मलेन च ।  
यथोल्बेनावृतो गर्भस् तथा तेनेदम् आवृतम् ॥३८॥  
dhūmenā'vriyate vahnir yathā'darśo malena ca  
yatho'lbenā'vṛto garbhas tathā tenedam āvṛtam

As the fire is covered by smoke, as a mirror by dust, and as an embryo by the amnion, similarly Self-knowledge (Brahma-jñāna) becomes obscured by lust. (3.38)

आवृतं ज्ञानम् एतेन ज्ञानिनो नित्यवैरिणा ।  
कामरूपेण कौन्तेय दुष्पूरेणानलेन च ॥३९॥  
āvṛtaṁ jñānam etena jñānino nitya vairiṇā  
kāmarūpeṇa kaunteya duṣpūreṇā'nalena ca

O Arjuna, Self-knowledge (Brahma-jñāna) becomes covered by this insatiable fire of lust, the eternal enemy of the wise. (3.39)

इन्द्रियाणि मनो बुद्धिरु अस्याधिष्ठानम् उच्यते ।  
एतैर् विमोहयत्यु एष ज्ञानम् आवृत्य देहिनम् ॥४०॥  
indriyāṇi mano buddhir asyā'dhiṣṭhānam ucyate  
etair vimohayaty eṣa jñānam āvṛtya dehinam

The senses, the mind, and the intellect are said to be the seat of lust (Kāma). Kāma — controlling the senses, the mind, and the intellect — deludes a person by veiling Self-knowledge (Jñāna). (3.40)

तस्मात् त्वम् इन्द्रियाण्यादौ नियम्य भरतर्षभ ।  
पाप्मानं प्रजहि ह्येनं ज्ञानविज्ञाननाशनम् ॥४१॥  
tasmāt tvam indriyāṅyādaū niyamya bharata ṛṣabha  
pāpmānaṁ prajahi hy enaṁ jñānavijñāna nāśanam

Therefore, O Arjuna, by controlling the senses first, kill this devil of material desire that destroys Self-knowledge and Self-realization. (3.41)

इन्द्रियाणि पराण्याहर् इन्द्रियेभ्यः परं मनः ।  
 मनसस् तु परा बुद्धिर् यो बुद्धेः परतस् तु सः ॥४२॥  
 indriyāṇi parāṇy āhur indriyebhyaḥ param manaḥ  
 manasas tu parā buddhir yo buddheḥ paratas tu saḥ

The senses are said to be superior to the body; the mind is superior to the senses; the intellect is superior to the mind; and Ātmā (Spirit) is superior to the intellect. (See also KaU 3.10, and Gītā 6.07-08) (3.42)

एवं बुद्धेः परं बुद्ध्वा संस्तभ्यात्मानम् आत्मना ।  
 जहि शत्रुं महाबाहो कामरूपं दुरासदम् ॥४३॥  
 evaṁ buddheḥ param buddhvā samstabhyā'tmānam  
 ātmanā  
 jahi śatruṁ mahābāho kāmārupam durāsadam

Thus, knowing the Self (Ātmā) to be superior to the intellect and controlling the mind by the intellect (that is purified by spiritual practices), one must kill this mighty enemy, lust (Kāma), O Arjuna. (See also KaU 3.03-.06) (3.43)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
 श्रीकृष्णार्जुनसंवादे कर्मयोगो नाम तृतीयोऽध्यायः ॥  
 OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
 yogasāstre śrīkṛṣṇārjuna saṁvāde karmayogo  
 nāma tṛtīyo'dhyāyaḥ

Thus ends the third chapter named “Path of Karma-yoga” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the

form of the dialogue between  
Śrīkṛṣṇa and Arjuna.

अथ चतुर्थोऽध्यायः

**CHAPTER 4**

ज्ञानकर्मसंन्यासयोगः

**PATH OF RENUNCIATION WITH  
KNOWLEDGE**

श्रीभगवानुवाच

इमं विवस्वते योगं प्रोक्तवान् अहम् अव्ययम् ।

विवस्वान् मनवे प्राह मनुर् इक्ष्वाकवेऽब्रवीत् ॥१॥

śrī bhagavān uvāca

imaṁ vivasvate yogaṁ proktavān aham avyayam

vivasvān manave prāha manur ikṣvākave'bravīt

एवं परम्पराप्राप्तम् इमं राजर्षयो विदुः ।

स कालेनेह महता योगो नष्टः परंतप ॥२॥

evaṁ paramparā prāptam imaṁ rājarṣayo viduḥ

sa kāleneha mahatā yogo naṣṭaḥ paramtapa

स एवायं मया तेऽद्य योगः प्रोक्तः पुरातनः ।

भक्तोऽसि मे सखा चेति रहस्यं ह्येतद् उत्तमम् ॥३॥

sa evāyaṁ mayā te'dya yogaḥ proktaḥ purātanah

bhakto'si me sakhā ceti rahasyaṁ hyetad uttamam

The Supreme Lord said: I taught this Karma-yoga, the eternal science of right action, to King Vivasvān; Vivasvān taught it to Manu; Manu taught it to Ikṣvāku. Thus, the saintly Kings knew this (Karma-yoga), handed down in succession. After a long time, the science of Karma-yoga was lost from this earth. Today, I have described the same ancient science to you because you are my sincere devotee and friend. Karma-yoga is a supreme secret indeed. (4.01-03)

अर्जुन उवाच

अपरं भवतो जन्म परं जन्म विवस्वतः ।

कथम् एतद् विजानीयां त्वम् आदौ प्रोक्तवान् इति ॥४॥

arjuna uvāca

aparaṁ bhavato janma paraṁ janma vivasvataḥ

katham etad vijānīyām tvam ādau proktavān iti

Arjuna said: You were born later, but King Vivasvān was born in ancient time. How am I to understand that You taught this yoga in the beginning of the creation? (4.04)

श्रीभगवानुवाच

बहूनि मे व्यतीतानि जन्मानि तव चार्जुन ।  
तान्यहं वेद सर्वाणि न त्वं वेत्थ परंतप ॥५॥

śrī bhagavān uvāca

bahūni me vyatītāni janmāni tava cā'rjuna  
tānyahaṁ veda sarvāṇi na tvaṁ vettha paramtapa

The Supreme Lord said: Both you and I have taken many births. I remember them all, O Arjuna, but you do not remember. (4.05)

अजोऽपि सन् अव्ययात्मा भूतानाम् ईश्वरोऽपि सन् ।

प्रकृतिं स्वाम् अधिष्ठाय संभवाम्यात्ममायया ॥६॥

ajo'pi sann avyayātmā bhūtānām īśvaro'pi san

prakṛtiṁ svām adhiṣṭhāya sambhavāmy ātma māyayā

Though I am eternal, immutable, and the Lord of all beings, yet I manifest myself by controlling My own material Nature, using My divine potential energy (Yoga-māyā). (See also 10.14) (4.06)

यदा यदा हि धर्मस्य ग्लानिर् भवति भारत ।

अभ्युत्थानम् अधर्मस्य तदात्मानं सृजाम्यहम् ॥७॥

yadā yadā hi dharmasya glānir bhavati bhārata

abhyutthānam adharmasya tadā'tmānaṁ sṛjāmy aham

परित्राणाय साधूनां विनाशाय च दुष्कृताम् ।

धर्मसंस्थापनार्थाय संभवामि युगे युगे ॥८॥

paritrāṇāya sādḥūnāṁ vināśāya ca duṣkṛtām

dharma saṁsthāpanārthāya sambhavāmi yuge yuge

Whenever there is a decline of Dharma (Righteousness) and a predominance of Adharma (Unrighteousness), O Arjuna, then

I manifest Myself. I appear from time to time for protecting the good, for transforming the wicked, and for establishing world order (Dharma). (See also TR 1.120.03-04) (4.07-08)

जन्म कर्म च मे दिव्यम् एवं यो वेत्ति तत्त्वतः ।  
 त्यक्त्वा देहं पुनर्जन्म नैति माम् एति सोऽर्जुन ॥९॥  
 janma karma ca me divyam evaṁ yo veti tattvataḥ  
 tyaktvā dehaṁ punarjanma naiti mām eti so'rjuna

One who truly understands My transcendental appearance and activities (of creation, maintenance, and dissolution), attains My supreme abode and is not born again after leaving this body, O Arjuna. (4.09)

वीतरागभयक्रोधा मन्मया माम् उपाश्रिताः ।  
 बहवो ज्ञानतपसा पूता मद्भावम् आगताः ॥१०॥  
 vīta rāga bhaya krodhā manmayā mām upāśritāḥ  
 bahavo jñāna tapasā pūtā mad bhāvam āgatāḥ

Many have become free from attachment, fear, anger, and attained salvation (Mukti) by taking refuge in Me, becoming fully absorbed in My thoughts, and becoming purified by the fire of Self-knowledge. (4.10)

ये यथा मां प्रपद्यन्ते तांस् तथैव भजाम्यहम् ।  
 मम वर्त्मानुवर्तन्ते मनुष्याः पार्थ सर्वशः ॥११॥  
 ye yathā mām prapadyante tāṁs tathaiva bhajāmy aham  
 mama vartmā'nuvartante manuṣyāḥ pārtha sarvaśaḥ

With whatever motive people worship Me, I fulfill their desires accordingly. People worship Me with different motives. (4.11)

काङ्क्षन्तः कर्मणां सिद्धिं यजन्त इह देवताः ।  
 क्षिप्रं हि मानुषे लोके सिद्धिर् भवति कर्मजा ॥१२॥  
 kāṅkṣantaḥ karmaṇāṁ siddhim yajanta iha devatāḥ  
 kṣipraṁ hi mānuṣe loke siddhir bhavati karmajā

Those who long for success in their work here on earth worship the celestial controllers (Devas). Success in work comes quickly in this human world. (4.12)

चातुर्वर्ण्यं मया सृष्टं गुणकर्मविभागशः ।  
तस्य कर्तारम् अपि मां विद्ध्य अकर्तारम् अव्ययम् ॥१३॥  
cāturvarṇyaṁ mayā sṛṣṭaṁ guṇakarma vibhāgaśaḥ  
tasya kartāram api mām viddhy akartāram avyayam

The four divisions of human society — based on aptitude and vocation — were created by Me. Though I am the author of this system of division of labor, one should know that I do nothing (directly), and I am eternal. (See also 18.41) (4.13)

न मां कर्माणि लिम्पन्ति न मे कर्मफले स्पृहा ।  
इति मां योऽभिजानाति कर्मभिर न स बध्यते ॥१४॥  
na mām karmāṇi limpanti na me karmaphale spṛhā  
iti mām yo'bhijānāti karmabhir na sa badhyate

Work or Karma does not bind Me because I have no desire for the fruits of work. One who fully understands and practices this truth is also not bound by Karma. (4.14)

एवं ज्ञात्वा कृतं कर्म पूर्वैर् अपि मुमुक्षुभिः ।  
कुरु कर्मैव तस्मात् त्वं पूर्वैः पूर्वतरं कृतम् ॥१५॥  
evaṁ jñātvā kṛtaṁ karma pūrvair api mumukṣubhiḥ  
kuru karmaiva tasmāt tvam pūrvaiḥ pūrvataram kṛtam

The ancient seekers of liberation also performed their duties with this understanding. Therefore, you should do your duty as the ancients did. (4.15)

किं कर्म किम् अकर्मेति कवयोऽप्य् अत्र मोहिताः ।  
तत् ते कर्म प्रवक्ष्यामि यज् ज्ञात्वा मोक्षयसेऽशुभात् ॥१६॥  
kiṁ karma kiṁ akarmeti kavayo'pya atra mohitāḥ



tat te karma pravakṣyāmi yaj jñātvā mokṣyase'ubhāt

Even the wise are confused about what is action and what is inaction. Therefore, I shall clearly explain what is action, knowing that one shall be liberated from the evil of birth and death. (4.16)

कर्मणो ह्यपि बोद्धव्यं बोद्धव्यं च विकर्मणः ।  
अकर्मणश्च बोद्धव्यं गहना कर्मणो गतिः ॥१७॥  
karmaṇo hyapi boddhavyaṁ boddhavyaṁ ca vikarmaṇaḥ  
akarmaṇaś ca boddhavyaṁ gahanā karmaṇo gatiḥ

The true nature of action is very difficult to understand. Therefore, one should know the nature of attached action, the nature of detached action, and also the nature of forbidden action. (4.17)

कर्मण्य् अकर्म यः पश्येद् अकर्मणि च कर्म यः ।  
स बुद्धिमान् मनुष्येषु स युक्तः कृत्स्नकर्मकृत् ॥१८॥

karmany akarma yaḥ paśyed akarmaṇi ca karma yaḥ  
sa buddhimān manuṣyeṣu sa yuktaḥ kṛtsnakarmakṛt

One who sees inaction in action and action in inaction, is a wise person. Such a person is a yogī and has accomplished everything. (See also 3.05, 3.27, 5.08 and 13.29) (4.18)

यस्य सर्वे समारम्भाः कामसंकल्पवर्जिताः ।  
ज्ञानाग्निदग्धकर्माणं तम् आहुः पण्डितं बुधाः ॥१९॥  
yasya sarve samārambhāḥ kāmasaṅkalpa varjitāḥ  
jñānāgni dagdha karmaṇaṁ tam āhuḥ paṇḍitaṁ budhāḥ

One whose desires have become selfless by being roasted in the fire of Self-knowledge is called a sage by the wise. (4.19)

त्यक्त्वा कर्मफलासङ्गं नित्यतृप्तो निराश्रयः ।  
कर्मण्य् अभिप्रवृत्तोऽपि नैव किञ्चित् करोति सः ॥२०॥  
tyaktvā karmaphalāsaṅgaṁ nityatṛpto nirāśrayaḥ

karmany abhipravṛtto'pi naiva kiñcīta karoti saḥ

One who has abandoned selfish attachment to the fruits of work and remains ever content and dependent on no one but God, such a person — though engaged in activity — does nothing at all, and incurs no Kārmic reaction. (4.20)

निराशीर् यतचित्तात्मा त्यक्तसर्वपरिग्रहः ।  
 शारीरं केवलं कर्म कुर्वन् नाप्नोति किल्बिषम् ॥२१॥  
 nirāśīr yatacittātmā tyakta sarva parigrahaḥ  
 śārīraṁ kevalaṁ karma kurvan nāpnoti kilbiṣam

One who is free from desires, whose mind and senses are under control, and who has renounced all proprietorship, does not incur sin — the Kārmic reaction — by doing bodily action. (4.21)

यदृच्छालाभसंतुष्टो द्वन्द्वतीतो विमत्सरः ।  
 समः सिद्धाव् असिद्धौ च कृत्वापि न निबध्यते ॥२२॥  
 yadṛcchā lābha samtuṣṭo dvandvātīto vimatsaraḥ  
 samaḥ siddhāv asiddhau ca kṛtvāpi na nibadhyate

Content with whatever gain comes naturally by His will, unaffected by pairs of opposites, free from envy, undisturbed by success and failure, although engaged in work — such a Karma-yogī is not bound by Karma. (4.22)

गतसङ्गस्य मुक्तस्य ज्ञानावस्थितचेतसः ।  
 यज्ञायाचरतः कर्म समग्रं प्रविलीयते ॥२३॥  
 gataśaṅgasya muktasya jñānavasthita cetasaḥ  
 yajñāyā'carataḥ karma samagraṁ praviliyate

All Karmic bonds of a philanthropic person (Karma-yogi) — who is free from attachment, whose mind is fixed in Self-knowledge, and who does work as a service to the Lord — dissolves away. (4.23)

ब्रह्मार्पणं ब्रह्म हविर् ब्रह्माग्नौ ब्रह्मणा हुतम् ।  
 ब्रह्मैव तेन गन्तव्यं ब्रह्मकर्मसमाधिना ॥२४॥

brahmā'rpaṇaṁ brahma havir brahmāgnau brahmaṇā hutam  
brahmaiva tena gantavyaṁ brahmakarma samādhinā

Eternal Being (Brahma) is the oblation. Brahma is the clarified butter. The oblation is poured by Brahma into the fire of Brahma. Brahma shall be realized by one who considers everything as (a manifestation or) an act of Brahma. (Also see 9.16) (4.24)

दैवम् एवापरे यज्ञं योगिनः पर्युपासते ।  
ब्रह्माग्नाव् अपरे यज्ञं यज्ञेनैवोपजुहवति ॥२५॥  
daivam evā 'pare yajñam yoginaḥ paryupāsate  
brahmāgnāv apare yajñam yajñenai'vo'pajuhvati

Some yogis perform the service of worship to celestial controllers (Devas), while others offer sacrifice itself as offering in the fire of the Eternal Being (Brahma) by performing the sacrifice of Self-knowledge. (4.25)

श्रोत्रादीनीन्द्रियाण्य् अन्ये संयमाग्निषु जुहवति ।  
शब्दादीन् विषयान् अन्ये इन्द्रियाग्निषु जुहवति ॥२६॥

śrotrādīnī'ndriyāṅy anye saṁyamāgniṣu juhvati  
śabdādīn viṣayān anye indriyāgniṣu juhvati

Some offer their hearing and other senses as sacrifice in the fires of restraint, others offer sound and other objects of the senses (as sacrifice) in the fires of the senses. (4.26)

सर्वाणीन्द्रियकर्माणि प्राणकर्माणि चापरे ।  
आत्मसंयमयोगाग्नौ जुहवति ज्ञानदीपिते ॥२७॥  
sarvāṇī'ndriya karmāṇi prāṇakarmāṇi cāpare  
ātmasaṁyama yogāgnau juhvati jñānadīpīte

Others offer all the functions of the senses, and the functions of the five bioimpulses (Prāṇa, life forces) as sacrifice in the fire of self-restraint that is kindled by Self-knowledge. (4.27)

द्रव्ययज्ञास् तपोयज्ञा योगयज्ञास् तथापरे ।  
 स्वाध्यायज्ञानयज्ञाश्च यतयः संशितव्रताः ॥२८॥  
 dravyayajñās tapoyajñā yogayajñās tathāpare  
 svādhyāya jñānayajñāśca yatayaḥ saṁśita vratāḥ

Others offer their wealth, their austerity, and their practice of yoga as sacrifice, while the ascetics with strict vows offer their study of scriptures and knowledge as sacrifice. (4.28)

अपाने जुह्वति प्राणं प्राणेऽपानं तथापरे ।  
 प्राणापानगती रुद्ध्वा प्राणायामपरायणाः ॥२९॥  
 apāne juhvati prāṇam prāṇe'pānam tathāpare  
 prāṇāpāna gati ruddhvā prāṇāyāma parāyaṇāḥ

Those who engage in yogic practices reach the breathless state of trance (Samādhi) by offering inhalation into exhalation and exhalation into inhalation as a sacrifice (by using short breathing Kriyā techniques). (4.29)

अपरे नियताहाराः प्राणान् प्राणेषु जुह्वति ।  
 सर्वेऽप्येते यज्ञविदो यज्ञक्षपितकल्मषाः ॥३०॥

apare niyatāhārāḥ prāṇān prāṇeṣu juhvati  
 sarve'pyete yajñavidō yajñakṣapita kalmaṣāḥ

Others restrict their diet and offer their inhalations as sacrifice into their inhalations. All these people are the knowers of sacrifice and are purified by their sacrifice. (4.30)

यज्ञशिष्टामृतभुजो यान्ति ब्रह्म सनातनम् ।  
 नायं लोकोऽस्त्य् अयज्ञस्य कुतोऽन्यः कुरुसत्तम ॥३१॥  
 yajñāśiṣṭāmṛta bhujō yānti brahma sanātanam  
 nāyaṁ loko'sty ayajñasya kuto'nyaḥ kurusattama

Those who perform selfless service (Sevā, Yajña) obtain the nectar of Self-knowledge as a result of their sacrifice and attain the Eternal Being (Brahma). O Arjuna, if even this world is not a happy place for the non-sacrificer, how can the other world be? (See also 4.38, and 5.06). (4.31)

एवं बहुविधा यज्ञा वितता ब्रह्मणो मुखे ।  
कर्मजान् विद्धि तान् सर्वान् एवं ज्ञात्वा विमोक्ष्यसे ॥३२॥  
evam bahavidhā yajñā vitatā brahmaṇo mukhe  
karmajān viddhi tān sarvān evaṁ jñātvā vimokṣyase

Many types of spiritual disciplines are described in the Vedas. Know them all to be born from Karma or the action of body, mind, and senses. Knowing this, you shall attain salvation (Mokṣa, Nirvāṇa). (See also 3.14) (4.32)

श्रेयान् द्रव्यमयाद् यज्ञाज् ज्ञानयज्ञः परंतप ।  
सर्वं कर्माखिलं पार्थ ज्ञाने परिसमाप्यते ॥३३॥  
śreyān dravyamayād yajñāḥ jñānayajñaḥ paramtapa  
sarvaṁ karmā'khilam pārtha jñāne parisamāpyate

The knowledge sacrifice is superior to any material sacrifice, O Arjuna, because all actions in their entirety culminate in knowledge. (4.33)

तद् विद्धि प्रणिपातेन परिप्रश्नेन सेवया ।  
उपदेक्ष्यन्ति ते ज्ञानं ज्ञानिनस् तत्त्वदर्शिनः ॥३४॥  
tad viddhi praṇipātena paripraśnena sevayā  
upadekṣyanti te jñānam jñāninas tattva darśinaḥ

Acquire this transcendental knowledge from a Self-realized person by humble reverence, by sincere inquiry, and by service. The wise ones who have realized the Truth will teach you. (4.34)

यज् ज्ञात्वा न पुनर् मोहम् एवं यास्यसि पाण्डव ।  
 येन भूतान्य् अशेषेण द्रक्ष्यस्य् आत्मन्य् अथो मयि ॥३५॥  
 yaj jñātvā na punar moham evaṁ yāsyasi pāṇḍava  
 yena bhūtāny aśeṣeṇa drakṣyasi ātmany atho mayi

After knowing the transcendental science, O Arjuna, you shall not again become deluded like this. With this knowledge you shall see the entire creation within your own Self, and thus within Me. (See also 6.29, 6.30, 11.07, 11.13) (4.35)

अपि चेद् असि पापेभ्यः सर्वेभ्यः पापकृत्तमः ।  
 सर्वं ज्ञानप्लवेनैव वृजिनं संतरिष्यसि ॥३६॥  
 api ced asi pāpebhyaḥ sarvebhyaḥ pāpakṛttamaḥ  
 sarvaṁ jñāna plavenai'va vṛjinam saṁtariṣyasi

Even if one is the most sinful of all sinners, one shall yet cross over the ocean of sin by the raft of Self-knowledge (Brahma-jñāna) alone. (4.36)

यथैधांसि समिद्धोऽग्निर् भस्मसात् कुरुतेऽर्जुन ।  
 ज्ञानाग्निः सर्वकर्माणि भस्मसात् कुरुते तथा ॥३७॥  
 yathai'dhānsi samiddho'gnir bhasmasāt kurute'rjuna  
 jñānāgniḥ sarva karmāṇi bhasmasāt kurute tathā

As the blazing fire reduces wood to ashes, similarly, the fire of Self-knowledge (Brahma-jñāna) reduces all bonds of Karma to ashes, O Arjuna. (4.37)

न हि ज्ञानेन सदृशं पवित्रम् इह विद्यते ।  
 तत् स्वयं योगसंसिद्धः कालेनात्मनि विन्दति ॥३८॥  
 na hi jñānena sadṛśam pavitram iha vidyate  
 tat svayaṁ yogasāmsiddhaḥ kālenā'tmani vindati

Verily, there is no purifier in this world like Jñāna, the true knowledge of the Supreme Being (Para-Brahma). One who becomes purified by Karma-yoga discovers this knowledge

within, naturally, in course of time. (See also 4.31, and 5.06, 18.78). (4.38)

श्रद्धावाँल लभते ज्ञानं तत्परः संयतेन्द्रियः ।  
ज्ञानं लब्ध्वा परां शान्तिम् अचिरेणाधिगच्छति ॥३९॥  
śraddhāvāṅl labhate jñānaṁ tatparaḥ saṁyatendriyaḥ  
jñānaṁ labdhvā parāṁ śāntim acireṇā'dhigacchati

One who has faith and is sincere in yogic practices and has control over the senses, gains this transcendental knowledge. Having gained this knowledge, one at once attains supreme peace. (4.39)

अज्ञश्चाश्रद्धधानश्च संशयात्मा विनश्यति ।  
नायं लोकोऽस्ति न परो न सुखं संशयात्मनः ॥४०॥  
ajñāścā'sraddadhānaś ca saṁśayātmā vinaśyati  
nāyaṁ loko'sti na paro na sukhaṁ saṁśayātmanaḥ

The irrational, the faithless, and the disbeliever (atheist) perish. There is neither this world nor the world beyond nor happiness for the disbeliever. (4.40)

योगसंन्यस्तकर्माणं ज्ञानसंछिन्नसंशयम् ।  
आत्मवन्तं न कर्माणि निबध्नन्ति धनंजय ॥४१॥  
yogasamnyastakarmaṇaṁ jñānasamchinnasamśayam  
ātmavantaṁ na karmaṇi nibadhnanti dhanamjaya

Work (Karma) does not bind a person who has renounced work by renouncing the fruits of work through Karma-yoga and whose doubts (about the Self) are completely destroyed by Viveka, the application of Self-knowledge, O Arjuna. (4.41)

तस्माद् अज्ञानसंभूतं हृत्स्थं ज्ञानासिनात्मनः ।  
छित्तैनं संशयं योगम् आतिष्ठोत्तिष्ठ भारत ॥४२॥  
tasmād ajñānasambhūtaṁ hṛtsthaṁ jñānāsinā'tmanaḥ  
chittvainaṁ saṁśayam yogam ātiṣṭho'ttiṣṭha bhārata

Therefore, cut the ignorance-born doubt (about the Supreme Being) abiding in your mind by the sword of Self-knowledge, resort to Karma-yoga, and get up for the war, O Arjuna. (4.42)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
श्रीकृष्णार्जुनसंवादे ज्ञानकर्मसंन्यासयोगो नाम चतुर्थोऽध्यायः ॥

OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
yogaśāstre śrīkṛṣṇārjuna saṁvāde Jñānakarmasannyāsayogo  
nāma caturtho'dhyāyaḥ

Thus ends the fourth chapter named “Path of Renunciation with Knowledge” of the Upani^ad of the Bhagavadg\$|t|, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between ĩr\$&^[a and Arjuna.

अथ पञ्चमोऽध्यायः

## CHAPTER 5

कर्मसंन्यासयोगः

### PATH OF RENUNCIATION

अर्जुन उवाच

संन्यासं कर्मणां कृष्ण पुनर् योगं च शंससि ।

यच्छ्रेय एतयोर् एकं तन् मे ब्रूहि सुनिश्चितम् ॥१॥

arjuna uvāca

saṁnyāsaṁ karmaṇām kṛṣṇa punar yogaṁ ca śaṁsasi

yac chreya etayor ekaṁ tan me brūhi suniścitam

Arjuna said: O Kṛṣṇa, You praise transcendental knowledge (Sāṁkhya, Karma-saṁnyāsa) and also performance of selfless service (Karma-yoga). Tell me, definitely, which one is the better of the two? (See also 5.05) (5.01)

श्रीभगवानुवाच

संन्यासः कर्मयोगश्च निःश्रेयसकराव् उभौ ।

तयोस् तु कर्मसंन्यासात् कर्मयोगो विशिष्यते ॥२॥

śrī bhagavān uvāca



saṁnyāsaḥ karmayogaś ca niḥśreyasakarāv ubhau  
 tayos tu karmasaṁnyāsāt karmayogo viśiṣyate  
 The Supreme Lord said: The path of Self-knowledge (Karma-  
 saṁnyāsa) and the path of selfless service (Karma-yoga, Sevā)  
 both lead to the supreme goal. But, of the two, Karma-yoga is  
 superior to Karma-saṁnyāsa. (5.02)

ज्ञेयः स नित्यसंन्यासी यो न द्वेष्टि न काङ्क्षति ।  
 निर्द्वन्द्वो हि महाबाहो सुखं बन्धात् प्रमुच्यते ॥३॥  
 jñeyaḥ sa nitya saṁnyāsī yo na dveṣṭi na kāṅkṣati  
 nirdvandvo hi mahābāho sukhaṁ bandhāt pramucyate

A person should be considered a true Saṁnyāsī (Renunciant) who  
 neither likes nor dislikes. One is easily liberated from Kārmic  
 bondage by becoming free from the pairs of opposites, O Arjuna.  
 (5.03)

सांख्ययोगौ पृथग्बालाः प्रवदन्ति न पण्डिताः ।  
 एकम् अप्य् आस्थितः सम्यग् उभयोर् विन्दते फलम् ॥४॥  
 sām̐khyayogau pṛthag bālāḥ pravadanti na paṇḍitāḥ  
 ekam apy āsthitaḥ samyag ubhayor vindate phalam

The ignorant — not the wise — consider the path of Self-  
 knowledge (Karma-saṁnyāsa) and the path of selfless service  
 (Karma-yoga) as different from each other. The person who  
 has truly mastered one gets the benefits of both. (5.04)

यत् सांख्यैः प्राप्यते स्थानं तद् योगैर् अपि गम्यते ।  
 एकं सांख्यं च योगं च यः पश्यति स पश्यति ॥५॥  
 yat sām̐khyaiḥ prāpyate sthānaṁ tad yogair api gamyate  
 ekaṁ sām̐khyāṁ ca yogaṁ ca yaḥ paśyati sa paśyati

Whatever goal a renunciant (Saṁnyāsī) reaches, a Karma-yogī  
 also reaches. Therefore, one who sees the path of renunciation

and the path of unselfish work as the same, really sees. (See also 6.01 and 6.02) (5.05)

संन्यासस् तु महाबाहो दुःखम् आप्तुम् अयोगतः ।  
योगयुक्तो मुनिर् ब्रह्म नचिरेणाधिगच्छति ॥६॥  
saṁnyāsas tu mahābāho duḥkham āptum ayogataḥ  
yogayukto munir brahma nacireṇā'dhigacchati

But true renunciation (Saṁnyāsa), O Arjuna, is difficult to attain without Karma-yoga. A sage equipped with Karma-yoga quickly attains Brahma. (See also 4.31, and 4.38) (5.06)

योगयुक्तो विशुद्धात्मा विजितात्मा जितेन्द्रियः ।  
सर्वभूतात्मभूतात्मा कुर्वन् अपि न लिप्यते ॥७॥  
yogayukto viśuddhātmā vijitātmā jitendriyaḥ  
sarvabhūtātma bhūtātmā kurvann api na lipyate

A Karma-yogī whose mind is pure, whose mind and senses are under control, and who sees one and the same Eternal Being (Brahma) in all beings, is not bound by Karma though engaged in work. (5.07)

नैव किञ्चित् करोमीति युक्तो मन्येत तत्त्ववित् ।  
पश्यञ् शृण्वन् स्पृशञ् जिघ्रन् अश्नन् गच्छन् स्वपञ् श्वसन् ॥८॥  
प्रलपन् विसृजन् गृह्णन् उन्मिषन् निमिषन् अपि ।  
इन्द्रियाणीन्द्रियार्थेषु वर्तन्त इति धारयन् ॥९॥  
naiva kiñcit karomīti yukto manyeta tattvavit  
paśyañ śṛṇvan sprśañ jighrann aśnan gacchan svapañ  
śvasan  
pralapan viśṛjan grhṇann unmiṣan nimiṣann api  
indriyāṇī'ndriyārtheṣu vartanta iti dhārayan

The wise (or Saṁnyāsī) who know the truth think: "I do nothing at all". In seeing, hearing, touching, smelling, eating, walking, sleeping, breathing, speaking, giving, taking, as well as opening and closing

the eyes, a Saṁnyāsī believes that only the senses are operating upon their objects. (See also 3.27, 13.29, and 14.19) (5.08-09)

ब्रह्मण्य् आधाय कर्माणि सङ्गं त्यक्त्वा करोति यः ।  
 लिप्यते न स पापेन पद्मपत्रम् इवाम्भसा ॥१०॥  
 brahmaṇy ādhāya karmāṇi saṅgaṁ tyaktvā karoti yaḥ  
 lipyate na sa pāpena padma patram ivāmbhasā

One who does all work as an offering to the Lord — abandoning selfish attachment to the results — remains untouched by Kārmic reaction or sin, just as a lotus leaf never gets wet by water. (5.10)

कायेन मनसा बुद्ध्या केवलैर् इन्द्रियैर् अपि ।  
 योगिनः कर्म कुर्वन्ति सङ्गं त्यक्त्वात्मशुद्धये ॥११॥  
 kāyena manasā buddhyā kevalair indriyair api  
 yoginaḥ karma kurvanti saṅgaṁ tyaktvā'tmaśuddhaye

The Karma-yogīs perform action — without selfish attachment — with their body, mind, intellect, and senses only for the sake of self-purification. (5.11)

युक्तः कर्मफलं त्यक्त्वा शान्तिम् आप्नोति नैष्ठिकीम् ।  
 अयुक्तः कामकारेण फले सक्तो निबध्यते ॥१२॥  
 yuktaḥ karmaphalaṁ tyaktvā śāntim āpnoti naiṣṭhikīm  
 ayuktaḥ kāmakāreṇa phale sakto nibadhyate

A Karma-yogī attains Supreme Bliss by abandoning attachment to the fruits of work, while others who are attached to the fruits of work become bound by selfish work. (5.12)

सर्वकर्माणि मनसा संन्यस्यास्ते सुखं वशी ।  
 नवद्वारे पुरे देही नैव कुर्वन् न कारयन् ॥१३॥  
 sarvakarmāṇi manasā saṁnyasyā'ste sukhaṁ vaśī  
 navadvāre pure dehī naiva kurvan na kārayan

A person who has completely renounced the fruits of all work, dwells happily in the City of Nine Gates, neither performing nor directing action. (5.13)

न कर्तृत्वं न कर्माणि लोकस्य सृजति प्रभुः ।  
 न कर्मफलसंयोगं स्वभावस् तु प्रवर्तते ॥१४॥  
 na kartṛtvaṁ na karmāṇi lokasya sṛjati prabhuḥ  
 na karmaphala saṁyogaṁ svabhāvas tu pravartate

The Lord neither creates the urge for action nor the feeling of doership nor the attachment to the results of action in people. All these are done by the powers (Guṇas) of Nature. (5.14)

नादत्ते कस्यचित् पापं न चैव सुकृतं विभुः ।  
 अज्ञानेनावृतं ज्ञानं तेन मुह्यन्ति जन्तवः ॥१५॥  
 nādatte kasyacit pāpaṁ na caiva sukṛtaṁ vibhuḥ  
 ajñānenā'vṛtaṁ jñānaṁ tena muhyanti jantavaḥ

The Lord does not take responsibility for the good or evil deeds of anybody. Self-knowledge becomes covered by the veil of ignorance; thereby people become deluded (and do evil deeds). (5.15)

ज्ञानेन तु तद् अज्ञानं येषां नाशितम् आत्मनः ।  
 तेषाम् आदित्यवज् ज्ञानं प्रकाशयति तत् परम् ॥१६॥  
 jñānena tu tad ajñānaṁ yeṣāṁ nāśitam ātmanaḥ  
 teṣāṁ ādityavaj jñānaṁ prakāśayati tat param

Transcendental knowledge destroys the ignorance of the Self and reveals the Supreme, just as the sun reveals the beauty of objects of the world. (5.16)

तद्बुद्ध्यस् तदात्मानस् तन्निष्ठास् तत्परायणाः ।  
 गच्छन्त्य् अपुनरावृत्तिं ज्ञाननिर्धूतकल्मषाः ॥१७॥  
 tadbuddhayas tadātmānas tanniṣṭhās tatparāyaṇāḥ

gacchanty apunarāvṛttim jñānanirdhūtakalmaṣāḥ

Persons whose mind and intellect are totally merged in Eternal Being (Brahma), who are firmly devoted to Brahma, who have Brahma as their supreme goal and sole refuge, and whose impurities are destroyed by the knowledge of Brahma, do not take birth again. (5.17)

विद्याविनयसंपन्ने ब्राह्मणे गवि हस्तिनि ।  
शुनि चैव श्वपाके च पण्डिताः समदर्शिनः ॥१८॥  
vidyāvinayasampanne brāhmaṇe gavi hastini  
śuni caiva śvapāke ca paṇḍitāḥ samadarśinaḥ

An enlightened person (by perceiving the Lord in all) looks at a learned and humble Brāhmaṇa, an outcast, even a cow, an elephant, or a dog with an equal eye. (See also 6.29) (5.18)

इहैव तैर् जितः सर्गो येषां साम्ये स्थितं मनः ।  
निर्दोषं हि समं ब्रह्म तस्माद् ब्रह्मणि ते स्थिताः ॥१९॥  
ihaiva tair jitaḥ sargo yeṣāṃ sām्यe sthitaṃ manaḥ  
nirdoṣaṃ hi samaṃ brahma tasmād brahmaṇi te sthitaḥ

Everything has been accomplished in this very life by the one whose mind is set in equality. Such a person has realized the Eternal Being (Brahma) because the Eternal Being is flawless and impartial. (See also 18.55, and ChU 2.23.01) (5.19)

न प्रहृष्येत् प्रियं प्राप्य नोद्विजेत् प्राप्य चाप्रियम् ।  
स्थिरबुद्धिर् असंमूढो ब्रह्मविद् ब्रह्मणि स्थितः ॥२०॥  
na prahr̥ṣyet priyaṃ prāpya nodvijet prāpya cā'priyam  
sthirabuddhir asammūḍho brahmavid brahmaṇi sthitaḥ

One who neither rejoices on obtaining what is pleasant nor grieves on obtaining the unpleasant, who has a steady mind, who is

undeluded, and who is a knower of Eternal Being (Brahma) — such a person eternally abides with Brahma. (5.20)

बाह्यस्पर्शेषु असक्तात्मा विन्दत्यात्मनि यत् सुखम् ।  
स ब्रह्मयोगयुक्तात्मा सुखम् अक्षयम् अश्नुते ॥२१॥  
bāhyasparśeṣv asaktātmā vindatyā'tmani yat sukham  
sa brahmayoga yuktātmā sukham akṣayam aśnute

Such a person who is in union with the Eternal Being (Brahma) becomes unattached to external sensual pleasures by discovering the joy of the Self through contemplation and enjoys transcendental bliss. (5.21)

ये हि संस्पर्शजा भोगा दुःखयोनय एव ते ।  
आद्यन्तवन्तः कौन्तेय न तेषु रमते बुधः ॥२२॥  
ye hi saṁsparśajā bhogā duḥkhayonaya eva te  
ādy anta vantaḥ kaunteya na teṣu ramate budhaḥ

Sensual pleasures are, in fact, the source of misery and have a beginning and an end. Therefore, the wise, O Arjuna, do not rejoice in sensual pleasures. (See also 18.38) (5.22)

शक्नोतीहैव यः सोढुं प्राक् शरीरविमोक्षणात् ।  
कामक्रोधोद्वेगं स युक्तः स सुखी नरः ॥२३॥  
śaknotī'haiva yaḥ soḍhuṁ prāk śarīra vimokṣaṇāt  
kāmakrodhodbhavaṁ vegam sa yuktaḥ sa sukhī naraḥ

One who is able to withstand the impulses of lust and anger before death is a yogī and a happy person. (5.23)

योऽन्तः सुखोऽन्तरारामस् तथान्तर ज्योतिर् एव यः ।  
स योगी ब्रह्मनिर्वाणं ब्रह्मभूतोऽधिगच्छति ॥२४॥  
yo'ntaḥ sukho'ntarārāmas tathā'ntarjyotir eva yaḥ  
sa yogī brahmanirvāṇam brahmabhūto'dhigacchati

One who finds happiness with the Eternal Being (Brahma), who rejoices Brahma within, and who is illuminated by Self-knowledge — such a yogī attains Brahma-nirvāṇa and goes to the Supreme Being (Para-Brahma). (5.24)

लभन्ते ब्रह्मनिर्वाणम् ऋषयः क्षीणकल्मषाः ।

छिन्नद्वैधा यतात्मानः सर्वभूतहिते रताः ॥२५॥

labhante brahmanirvāṇam ṛṣayaḥ kṣīṇakalmaṣāḥ  
chinnadvaidhā yatātmānaḥ sarvabhūtahite ratāḥ

Seers whose sins (or imperfections) are destroyed, whose doubts have been dispelled by Self-knowledge (Jñāna), whose minds are disciplined, and who are engaged in the welfare of all beings, attain the Supreme Being (Par-Brahma). (5.25)

कामक्रोधवियुक्तानां यतीनां यतचेतसाम् ।

अभितो ब्रह्मनिर्वाणं वर्तते विदितात्मनाम् ॥२६॥

kāma krodha viyuktānām yatīnām yatacetasām  
abhito brahmanirvāṇam vartate viditā'tmanām

They who are free from lust and anger, who have subdued the mind and senses, and who have known the Self, easily attain Brahma-nirvāṇa. (5.26)

स्पर्शान् कृत्वा बहिर् बाह्यांश् चक्षुश्चैवान्तरे भ्रुवोः ।

प्राणापानौ समौ कृत्वा नासाभ्यन्तरचारिणौ ॥२७॥

sparsān kṛtvā bahir bāhyānś cakṣuś cai'vā'ntre bhruvoḥ  
prāṇāpānau samau kṛtvā nāsābhyantaracāriṇau

यतेन्द्रियमनोबुद्धिर् मुनिर् मोक्षपरायणः ।

विगतेच्छाभयक्रोधो यः सदा मुक्त एव सः ॥२८॥

yatendriya manobuddhir munir mokṣa parāyaṇaḥ  
vigatecchā bhaya krodho yaḥ sadā mukta eva saḥ

A sage is, in truth, liberated by renouncing all sense enjoyments, fixing the eyes and the mind (at an imaginary black dot) between the eye brows, equalizing the breath moving through the nostrils (by

Kriyā techniques), keeping the senses, mind, and intellect under control, having salvation (Mukti) as the prime goal, and becoming free from lust, anger, and fear. (5.27-28)

भोक्तारं यज्ञतपसां सर्वलोकमहेश्वरम् ।  
 सुहृदं सर्वभूतानां ज्ञात्वा मां शान्तिम् ऋच्छति ॥२९॥  
 bhoktāraṁ yajñatapasāṁ sarvaloka maheśvaram  
 suhṛdaṁ sarvabhūtānāṁ jñātvā māṁ śāntim ṛcchati

My devotee attains peace by knowing Me (or Kṛṣṇa, the Supreme Being (Para-Brahma)) as the enjoyer of sacrifices and austerities, as the great Lord of all the universe, and the friend of all beings. (5.29)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
 श्रीकृष्णार्जुनसंवादे कर्मसंन्यासयोगो नाम पञ्चमोऽध्यायः ॥  
 OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyāṁ  
 yogaśāstre śrīkṛṣṇārjuna saṁvāde karmasannyāsayogo  
 nāma pañcamo'dhyāyaḥ

Thus ends the fifth chapter named “Path of Renunciation” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between Śrīkṛṣṇa and Arjuna.

अथ षष्ठोऽध्यायः

## CHAPTER 6

आत्मसंयमयोगः

### PATH OF MEDITATION

श्रीभगवानुवाच  
 अनाश्रितः कर्मफलं कार्यं कर्म करोति यः ।  
 स संन्यासी च योगी च न निरग्निर् न चाक्रियः ॥१॥



śrī bhagavān uvāca  
 anāśritaḥ karma phalaṁ kāryaṁ karma karoti yaḥ  
 sa saṁnyāsī ca yogī ca na niragnir na cākriyaḥ

The Supreme Lord said: One who performs the prescribed duty without seeking its fruit (for personal enjoyment) is a renunciant (Saṁnyāsī) and a Karma-yogī. One does not become Saṁnyāsī merely by not lighting the fire, and one does not become a yogī merely by abstaining from work. (6.01)

यं संन्यासम् इति प्राहुर् योगं तं विद्धि पाण्डव ।  
 न ह्य् असंन्यस्तसंकल्पो योगी भवति कश्चन ॥२॥  
 yaṁ saṁnyāsam iti prāhur yogaṁ taṁ viddhi pāṇḍava  
 na hy asaṁnyasta saṁkalpo yogī bhavati kaścana

O Arjuna, what they call renunciation (Saṁnyāsa) is also known as Karma-yoga. No one becomes a Karma-yogī who has not renounced the selfish motive behind an action. (See also 5.01, 5.05, 6.01, and 18.02) (6.02)

आरुरुक्षोर् मुनेर् योगं कर्म कारणम् उच्यते ।  
 योगारूढस्य तस्यैव शमः कारणम् उच्यते ॥३॥  
 āruruḥṣor muner yogaṁ karma kāraṇam ucyate  
 yogārūḥasya tasyaiva śamaḥ kāraṇam ucyate  
 यदा हि नेन्द्रियार्थेषु न कर्मस्व् अनुषज्जते ।  
 सर्वसंकल्पसंन्यासी योगारूढस् तदोच्यते ॥४॥  
 yadā hi nendriyārtheṣu na karmasv anuṣajjate  
 sarvasaṁkalpa saṁnyāsī yogārūḥas tadocyate

For the wise who seek to attain yoga (of meditation, or the equanimity of mind), Karma-yoga is said to be the means. For the one who has attained yoga, equanimity becomes the means (of Self-realization). A person is said to have attained yogic perfection when he or she has no desire for sensual pleasures

or attachment to the fruits of work and has renounced all personal selfish motives. (6.03-04)

उद्धरेद् आत्मनात्मानं नात्मानम् अवसादयेत् ।  
 आत्मैव ह्यात्मनो बन्धुर् आत्मैव रिपुर् आत्मनः ॥५॥  
 uddhared ātmanā'tmānaṁ nā'tmānam avasādayet  
 ātmaiva hyā tmano bandhur ātmaiva ripur ātmanaḥ

बन्धुर् आत्मात्मनस् तस्य येनात्मैवात्मना जितः ।  
 अनात्मनस् तु शत्रुत्वे वर्तेतात्मैव शत्रुवत् ॥६॥  
 bandhur ātmā'tmanas tasya yenā'tmai'vā'tmanā jitaḥ  
 anātmanas tu śatrutve vartetā'tmai'va śatruvat

One must elevate — and not degrade — oneself by one's own mind. The mind alone is one's friend as well as one's enemy. The mind is the friend of those who have control over it, and the mind acts like an enemy for those who do not control it. (6.05-06)

जितात्मनः प्रशान्तस्य परमात्मा समाहितः ।  
 शीतोष्णसुखदुःखेषु तथा मानापमानयोः ॥७॥  
 jītātmanaḥ praśāntasya paramātmā samāhitaḥ  
 śītoṣṇasukhaduḥkheṣu tathā mānāpamānayoḥ

One who has control over the lower self — the mind and senses — is tranquil in heat and cold, in pleasure and pain, and in honor and dishonor, and remains ever steadfast with the supreme Self. (6.07)

ज्ञानविज्ञानतृप्तात्मा कूटस्थो विजितेन्द्रियः ।  
 युक्त इत्युच्यते योगी समलोष्टाश्मकाञ्चनः ॥८॥  
 jñāna vijñāna tṛptātmā kūṭastho vijitendriyaḥ  
 yukta ity ucyate yogī sama loṣṭāśma kāñcanaḥ

A person is called yogī who has both Self-knowledge and Self-realization, who is tranquil, who has control over the mind and senses, and to whom a clod, a stone, and gold are the same. (6.08)

सुहृन्मित्रार्युदासीन-मध्यस्थद्वेष्यबन्धुषु ।  
 साधुष्व् अपि च पापेषु समबुद्धिर् विशिष्यते ॥९॥  
 suhṛn mitrār yudāsīna-madhyastha dveṣya bandhuṣu  
 sādhuṣv api ca pāpeṣu samabuddhir viśiṣyate

A person is considered superior who is impartial toward companions, friends, enemies, neutrals, arbiters, haters, relatives, saints, and sinners. (6.09)

योगी युञ्जीत सततम् आत्मानं रहसि स्थितः ।  
 एकाकी यतचित्तात्मा निराशीर् अपरिग्रहः ॥१०॥  
 yogī yuñjīta satatam ātmānam rahasi sthitaḥ  
 ekākī yatacittātmā nirāśīr aparigrahaḥ

A yogī, seated in solitude and alone, should constantly try to contemplate the Supreme Being after bringing the mind and senses under control and becoming free from desires and proprietorship. (6.10)

शुचौ देशे प्रतिष्ठाप्य स्थिरम् आसनम् आत्मनः ।  
 नात्युच्छ्रितं नातिनीचं चैलाजिनकुशोत्तरम् ॥११॥  
 śucau deśe pratiṣṭhāpya sthiram āsanam ātmanah  
 nā'tyucchritaṁ nā'tinīcam cailājina kuśottaram  
 तत्रैकाग्रं मनः कृत्वा यतचित्तेन्द्रियक्रियः ।  
 उपविश्यासने युञ्ज्याद् योगमात्मविशुद्धये ॥१२॥  
 tatrai'kāgram manaḥ kṛtvā yatacittendriyakriyaḥ  
 upaviśyā'sane yuñjyād yogam ātmaviśuddhaye

One should sit on his or her own firm seat that is neither too high nor too low, covered with sacred Kuśa grass, a deerskin, and a cloth, one over the other, in a clean spot. Sitting there (in a comfortable position) and concentrating the mind on God, controlling the thoughts and the activities of the senses, one should practice meditation for self-purification. (6.11-12)

समं कायशिरोग्रीवं धारयन् अचलं स्थिरः ।

संप्रेक्ष्य नासिकाग्रं स्वं दिशश्चानवलोकयन् ॥१३॥  
 samam kāyaśirogrīvaṁ dhārayann acalam sthiraḥ  
 samprekṣya nāsikāgram svam diśaś cā'navalokayan  
 प्रशान्तात्मा विगतभीर् ब्रह्मचारिव्रते स्थितः ।  
 मनः संयम्य मच्चित्तो युक्त आसीत् मत्परः ॥१४॥  
 praśāntātmā vigatabhīr brahmacārivrate sthitaḥ  
 manaḥ saṁyamy maccitto yukta āsīta matparaḥ

One should sit by holding the waist, spine, chest, neck, and head erect, motionless and steady; fix the eyes and the mind steadily on the tip (or front) of the nose without looking around; make your mind serene and fearless, practice celibacy; have the mind under control, think of Me, and have Me as the supreme goal. (See also 4.29, 5.27, 8.10, and 8.12) (6.13-14)

युञ्जन् एवं सदात्मानं योगी नियतमानसः ।  
 शान्तिं निर्वाणपरमां मत्संस्थाम् अधिगच्छति ॥१५॥  
 yuñjann evaṁ sadā'tmānaṁ yogī niyatamānasah  
 śāntim nirvāṇaparamāṁ matsaṁsthām adhigacchati

Thus, by always practicing to keep the mind fixed on Me, the yogī whose mind is subdued attains peace of Brahma-nirvāṇa and comes to Me. (6.15)

नात्यश्नतस् तु योगोऽस्ति न चैकान्तम् अनश्नतः ।  
 न चाति स्वप्नशीलस्य जाग्रतो नैव चार्जुन ॥१६॥  
 nā'tyaśnatas tu yogo'sti na cai'kāntam anaśnataḥ  
 na cāti svapnaśīlasya jāgrato nai'va ca'rjuna

This yoga is not possible, O Arjuna, for one who eats too much or who does not eat at all, who sleeps too much or who keeps awake. (6.16)

युक्ताहारविहारस्य युक्तचेष्टस्य कर्मसु ।  
 युक्तस्वप्नावबोधस्य योगो भवति दुःखहा ॥१७॥

yuktāhāra vihārasya yuktaceṣṭasya karmasu  
yukta svapnāvabodhasya yogo bhavati duḥkhahā

But for the one who is moderate in eating, recreation, working, sleeping, and waking, the yoga of meditation destroys all sorrow. (6.17)

यदा विनियतं चित्तम् आत्मन्य् एवावतिष्ठते ।  
निःस्पृहः सर्वकामेभ्यो युक्त इत्य् उच्यते तदा ॥१८॥  
yadā viniyataṁ cittam ātmany evā'vatiṣṭhate  
niḥspṛhaḥ sarvakāmebhyo yukta ity ucyate tadā

A person is said to have achieved yoga, union with the Eternal Being (Brahma), when the perfectly disciplined mind becomes free from all desires and completely united with Brahma in Samādhi (Trance). (6.18)

यथा दीपो निवातस्थो नेङ्गते सोपमा स्मृता ।  
योगिनो यतचित्तस्य युञ्जतो योगम् आत्मनः ॥१९॥  
yathā dīpo nivāstho ne'ṅgate so'pamā smṛtā  
yogino yatacittasya yuñjato yogam ātmanah

A lamp in a spot sheltered (by the Eternal Being) from the wind (of desires) does not flicker; this simile is used for the subdued mind of a yogī practicing meditation on the Eternal Being (Brahma). (6.19)

यत्रोपरमते चित्तं निरुद्धं योगसेवया ।  
यत्र चैवात्मनात्मानं पश्यन् आत्मनि तुष्यति ॥२०॥  
yatro'paramate cittam niruddham yogasevayā  
yatra cai'vā'tmanā'tmānaṁ paśyann ātmani tuṣyati

When the mind disciplined by the practice of meditation becomes steady, one becomes content with the Eternal Being (Brahma) by beholding Him with purified intellect. (6.20)

सुखम् आत्यन्तिकं यत् तद् बुद्धिग्राह्यम् अतीन्द्रियम् ।  
वेत्ति यत्र न चैवायं स्थितश् चलति तत्त्वतः ॥२१॥

sukham ātyantikam yat tad buddhigrāhyam atīndriyam  
vetti yatra na cai'vā'yam sthitaś calati tattvataḥ

One feels infinite bliss that is perceivable only through the intellect and is beyond the reach of the senses. After realizing the Eternal Being (Brahma), one is never separated from Absolute Reality. (See also KaU 3.12) (6.21)

यं लब्ध्वा चापरं लाभं मन्यते नाधिकं ततः ।  
यस्मिन् स्थितो न दुःखेन गुरुणापि विचाल्यते ॥२२॥

yam labdhvā ca'param lābham manyate nā'dhikam tataḥ  
yasmin sthito na duḥkhena guruṇā'pi vicālyate

After Self-realization (SR), one does not regard any other gain superior to SR. Established in SR, one is not moved even by the greatest calamity. (6.22)

तं विद्याद् दुःखसंयोग-वियोगं योगसंज्ञितम् ।  
स निश्चयेन योक्तव्यो योगोऽनिर्विण्णचेतसा ॥२३॥  
tam vidyād duḥkhasamyoga-viyogaṁ yogasamjñitam  
sa niścayena yuktavyo yogo'nirviṇṇacetasā

The state of severance from union with sorrow is called yoga. This yoga should be practiced with firm determination and without any mental reservation. (6.23)

संकल्पप्रभवान् कामांस् त्यक्त्वा सर्वान् अशेषतः ।  
मनसैवेन्द्रियग्रामं विनियम्य समन्ततः ॥२४॥  
saṅkalpa prabhavān kāmāṁs tyaktvā sarvān aśeṣataḥ  
manasai've'ndriya grāmaṁ viniyamya samantataḥ  
शनैः शनैर् उपरमेद् बुद्ध्या धृतिगृहीतया ।  
आत्मसंस्थं मनः कृत्वा न किञ्चिद् अपि चिन्तयेत् ॥२५॥  
śanaiḥ śanair uparamed buddhyā dhṛtigrhītayā  
ātmasamstham manaḥ kṛtvā na kiñcid api cintayet

One gradually attains tranquillity of mind by totally abandoning all selfish desires, completely restraining the senses by the intellect, and keeping the mind fully absorbed in the Eternal Being (Brahma) by means of a well-trained and purified intellect and thinking of nothing else. (6.24-25)

यतो यतो निश्चरति मनश्चञ्चलम् अस्थिरम् ।  
 ततस् ततो नियम्यैतद् आत्मन्येव वशं नयेत् ॥२६॥  
 yato yato niścarati manaś cañcalam asthiram  
 tatas tato niyamyai'tad ātmany eva vaśam nayet

Wherever this restless and unsteady mind wanders during meditation, one should (gently) bring it back to the reflection of Lord Kṛṣṇa, the Supreme Personality of Godhead. (6.26)

प्रशान्तमनसं ह्येनं योगिनं सुखम् उत्तमम् ।  
 उपैति शान्तरजसं ब्रह्मभूतम् अकल्मषम् ॥२७॥  
 praśāntamanasaṁ hyenaṁ yoginaṁ sukham uttamam  
 upaiti śānta rajasam brahma bhūtam akalmaṣam

Supreme bliss comes to a Self-realized yogī whose mind is tranquil, whose desires are under control, and who is free from sin (or faults). (6.27)

युञ्जन् एवम सदात्मानं योगी विगतकल्मषः ।  
 सुखेन ब्रह्मसंस्पर्शम् अत्यन्तं सुखम् अश्नुते ॥२८॥  
 yuñjann evaṁ sadā'tmānaṁ yogī vigata kalmaṣaḥ  
 sukhena brahma saṁsparśam atyantam sukham aśnute

Such a sinless yogī, who constantly engages his or her mind and intellect with the Eternal Being (Brahma), easily enjoys the infinite bliss of contact with Brahma. (6.28)

सर्वभूतस्थम् आत्मानं सर्वभूतानि चात्मनि ।  
 ईक्षते योगयुक्तात्मा सर्वत्र समदर्शनः ॥२९॥

sarvabhūta-stham ātmānaṁ sarvabhūtāni cā'tmani  
ikṣate yogayuktātmā sarvatra samadarśanaḥ

Because of perceiving the omnipresent Eternal Being (Brahma) abiding in all beings and all beings abiding in the Eternal Being, a yogī who is in union with the Eternal Being sees every being with an equal eye. (See also 4.35, 5.18) (6.29)

यो मां पश्यति सर्वत्र सर्वं च मयि पश्यति ।  
तस्याहं न प्रणश्यामि स च मे न प्रणश्यति ॥३०॥  
yo mām paśyati sarvatra sarvaṁ ca mayi paśyati  
tsyā'haṁ na praṇaśyāmi sa ca me na praṇaśyati

Those who perceive Me in everything and behold everything in Me, are not separated from Me, and I am not separated from them. (6.30)

सर्वभूतस्थितं यो मां भजत्य् एकत्वम् आस्थितः ।  
सर्वथा वर्तमानोऽपि स योगी मयि वर्तते ॥३१॥  
sarvabhūta sthitaṁ yo mām bhajaty ekatvam āsthitaḥ  
sarvathā vartamāno'pi sa yogī mayi vartate

The non-dualists, who adore Me as abiding in all beings, abide in Me irrespective of their mode of living. (6.31)

आत्मौपम्येन सर्वत्र समं पश्यति योऽर्जुन ।  
सुखं वा यदि वा दुःखं स योगी परमो मतः ॥३२॥  
ātmaupamyena sarvatra samaṁ paśyati yo'rjuna  
sukhaṁ vā yadi vā duḥkhaṁ sa yogī paramo mataḥ

The best yogī is one who regards every being like oneself and who can feel the pain and pleasures of others as one's own, O Arjuna. (6.32)

अर्जुन उवाच



योऽयं योगस् त्वया प्रोक्तः साम्येन मधुसूदन ।  
एतस्याहं न पश्यामि चञ्चलत्वात् स्थितिं स्थिराम् ॥३३॥

arjuna uvāca

yo'yaṁ yogas tvayā proktaḥ sāmyena madhusūdana  
etasyā'haṁ na paśyāmi cañcalatvāt sthitiṁ sthirām  
चञ्चलं हि मनः कृष्ण प्रमाथि बलवद् दृढम् ।  
तस्याहं निग्रहं मन्ये वायोर् इव सुदुष्करम् ॥३४॥  
cañcalaṁ hi manaḥ kṛṣṇa pramāthi balavad dṛḍham  
tasyā'haṁ nigrahaṁ manye vāyor iva suduṣkaram

Arjuna said: O Kṛṣṇa, You have said that the yoga of meditation is characterized by equanimity of mind, but due to restlessness of the mind, I do not perceive it as steady. Because the mind, indeed, is very unsteady, turbulent, powerful, and obstinate, O Kṛṣṇa. I think restraining the mind is as difficult as restraining the wind. (6.33-34)

श्रीभगवानुवाच

असंशयं महाबाहो मनो दुर्निग्रहं चलम् ।  
अभ्यासेन तु कौन्तेय वैराग्येण च गृह्यते ॥३५॥

śrī bhagavān uvāca

asaṁśayaṁ mahābāho mano durnigrahaṁ calam  
abhyāseṇa tu kaunteya vairāgyeṇa ca gṛhyate

The Supreme Lord said: Undoubtedly, O Arjuna, the mind is restless and difficult to restrain, but it is subdued by constant vigorous spiritual practice with perseverance and by detachment, O Arjuna. (6.35)

असंयतात्मना योगो दुष्प्राप इति मे मतिः ।  
वश्यात्मना तु यतता शक्योऽवाप्तुम् उपायतः ॥३६॥  
asaṁyatā'tmanā yogo duṣprāpa iti me matiḥ  
vaśyā'tmanā tu yatatā śakyo'vāptum upāyataḥ

In My opinion, yoga is difficult for the one whose mind is not subdued. However, yoga is attainable by the person of subdued mind who strives through proper means. (6.36)

अर्जुन उवाच

अयतिः श्रद्धयोपेतो योगाच्चलितमानसः ।

अप्राप्य योगसंसिद्धिं कां गतिं कृष्ण गच्छति ॥३७॥

arjuna uvāca

ayatiḥ śraddhayopeto yogāc calitamānasah

aprāpya yogasamsiddhim kām gatiṁ kṛṣṇa gacchati

Arjuna said: What is the destination of the faithful who deviate from the path of meditation and fail to attain yogic perfection due to an unsubdued mind, O Kṛṣṇa? (6.37)

कच्चिन् नोभयविभ्रष्टश्छिन्नाभ्रम् इव नश्यति ।

अप्रतिष्ठो महाबाहो विमूढो ब्रह्मणः पथि ॥३८॥

kaccin no'bhayavibhraṣṭaś chinnābhram iva naśyati

apraṭiṣṭho mahābāho vimūḍho brahmaṇaḥ pathi

Do they not perish like a dispersing cloud, O Kṛṣṇa, having lost both (yoga and Bhoga, the heavenly and worldly pleasures), supportless and bewildered on the path of Self-realization? (6.38)

एतन् मे संशयं कृष्ण छेत्तुम् अहस्यु अशेषतः ।

त्वदन्यः संशयस्यास्य छेत्ता न ह्युपपद्यते ॥३९॥

etan me saṁśayaṁ kṛṣṇa chettum arhasy aśeṣataḥ

tvadanyaḥ saṁśayasyā'sya chettā na hy upapadyate

O Kṛṣṇa, only You are able to completely dispel this doubt of mine because there is none other than You who can dispel such a doubt. (See also 15.15) (6.39)

श्रीभगवानुवाच

पार्थ नैवेह नामुत्र विनाशस् तस्य विद्यते ।

न हि कल्याणकृत् कश्चिद् दुर्गतिं तात गच्छति ॥४०॥

śrī bhagavān uvāca

pārtha nai've'ha nā'mutra vināśas tasya vidyate

na hi kalyāṅakṛt kaścīd durgatīm tāta gacchati

The Supreme Lord said: There is no destruction, O Arjuna, for a yogī either here or hereafter. A transcendentalist is never put to grief, My dear friend. (6.40)

प्राप्य पुण्यकृतां लोकान् उषित्वा शाश्वतीः समाः ।  
शुचीनां श्रीमतां गेहे योगभ्रष्टोऽभिजायते ॥४१॥  
prāpya puṇyakṛtām lokān uṣitvā śāśvatīḥ samāḥ  
śucīnām śrīmatām gehe yogabhraṣṭo'bhijāyate

अथवा योगिनाम् एव कुले भवति धीमताम् ।  
एतद्धि दुर्लभतरं लोके जन्म यद् ईदृशम् ॥४२॥  
athavā yoginām eva kule bhavati dhīmatām  
etaddhi durlabhataram loke janma yad īdṛśam

The unsuccessful yogī is reborn in the house of the pious and prosperous after attaining heaven and living there for many years, or such a yogī is born in a family of enlightened yogis. A birth like this is very difficult, indeed, to obtain in this world. (6.41-42)

तत्र तं बुद्धिसंयोगं लभते पौर्वदेहिकम् ।  
यतते च ततो भूयः संसिद्धौ कुरुनन्दन ॥४३॥  
tatra taṁ buddhi saṁyogaṁ labhate paurva dehikam  
yatate ca tato bhūyaḥ saṁsiddhau kurunandana

There, he or she regains the knowledge acquired in the previous life and strives again to achieve perfection, O Arjuna. (6.43)

पूर्वाभ्यासेन तेनैव ह्रियते ह्य् अवशोऽपि सः ।  
जिज्ञासुर् अपि योगस्य शब्दब्रह्मातिवर्तते ॥४४॥  
pūrvābhyaśena tenai'va hriyate hy avaso'pi saḥ  
jijñāsuraḥ api yogasya śabdabrahmā'tivartate

The unsuccessful yogī is instinctively carried towards the Eternal Being (Brahma) by virtue of the impressions

(Samskāra) of yogic practices of previous lives. Even the inquirer of yoga — union with God — surpasses those who perform Vedic rituals. (6.44)

प्रयत्नाद् यतमानस् तु योगी संशुद्धकिल्बिषः ।  
 अनेकजन्मसंसिद्धस् ततो याति परां गतिम् ॥४५॥  
 prayatnād yatamānas tu yogī saṁśuddhakilbiṣaḥ  
 aneka janma saṁsidhas tato yāti parām gatim

The yogī who diligently strives becomes completely free from all sins (or imperfections) after becoming gradually perfect through many incarnations and reaches the Supreme Abode. (6.45)

तपस्विभ्योऽधिको योगी ज्ञानिभ्योऽपि मतोऽधिकः ।  
 कर्मिभ्यश् चाधिको योगी तस्माद् योगी भवार्जुन ॥४६॥  
 tapasvibhyo'dhiko yogī jñānibhyo'pi mato'dhikaḥ  
 karmibhyaś cādhiko yogī tasmād yogī bhavārjuna

The yogī is superior to the ascetics. The yogī is superior to the (Vedic) scholars. The yogī is superior to the ritualists. Therefore, O Arjuna, be a yogī. (6.46)

योगिनाम् अपि सर्वेषां मद्गतेनान्तरात्मना ।  
 श्रद्धावान् भजते यो मां स मे युक्ततमो मतः ॥४७॥  
 yoginām api sarveṣāṁ madgatenā'ntarātmanā  
 śraddhāvān bhajate yo mām sa me yuktatamo mataḥ

I consider the yogī-devotee — who lovingly contemplates Me with supreme faith and whose mind is ever absorbed in Me — to be the best of all the yogis. (See also 12.02 and 18.66) (6.47)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
 श्रीकृष्णार्जुनसंवादे आत्मसंयमयोगो नाम षष्ठोऽध्यायः ॥

OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
yogaśāstre śrīkṛṣṇārjuna saṁvāde ātmasaṁyamayogo  
nāma ṣaṣṭho'dhyāyaḥ

Thus ends the sixth chapter named “Path of Meditation” of the  
Upaniṣad of the Bhagavadgītā, the scripture of yoga,  
dealing with the science of the Absolute in the  
form of the dialogue between  
Śrīkṛṣṇa and Arjuna.

अथ सप्तमोऽध्यायः

### CHAPTER 7

ज्ञानविज्ञानयोगः

### SELF-KNOWLEDGE AND ENLIGHTENMENT

श्रीभगवानुवाच

मय्य् आसक्तमनाः पार्थ योगं युञ्जन् मदाश्रयः ।  
असंशयं समग्रं मां यथा ज्ञास्यसि तच्छृणु ॥१॥

śrī bhagavān uvāca

mayy āsaktamanāḥ pārtha yogam yuñjan madāśrayaḥ  
asaṁśayaṁ samagraṁ māṁ yathā jñāsyasi tacchṛṇu

The Supreme Lord said: O Arjuna, listen how you shall know Me fully without any doubt, with your mind absorbed in Me, taking refuge in Me, and performing yogic practices. (7.01)

ज्ञानं तेऽहं सविज्ञानम् इदं वक्ष्याम्य् अशेषतः ।

यज् ज्ञात्वा नेह भूयोऽन्यज् ज्ञातव्यम् अवशिष्यते ॥२॥

jñānaṁ te'haṁ savijñānam idaṁ vakṣyāmy aśeṣataḥ  
yaj jñātvā neha bhūyo'nyaj jñātavyam avaśiṣyate

I shall impart to you Self-knowledge (Jñāna), together with enlightenment (Vijñāna). After you comprehend that nothing more remains to be known in this world. (See also MuU 1.01.03). (7.02)

मनुष्याणां सहस्रेषु कश्चिद् यतति सिद्धये ।  
 यतताम् अपि सिद्धानां कश्चिन् मां वेत्ति तत्त्वतः ॥३॥  
 manuṣyāṅāṁ sahasreṣu kaścīd yatati siddhaye  
 yatatām api siddhānām kaścīn mām veti tattvataḥ

Scarcely one out of thousands of persons strives for perfection of Self-realization. Scarcely one among those successful strivers truly understands Me. (7.03)

भूमिर् आपोऽनलो वायुः खं मनो बुद्धिर् एव च ।  
 अहंकार इतीयं मे भिन्ना प्रकृतिर् अष्टधा ॥४॥  
 bhūmir āpo'nalo vāyuḥ khaṁ mano buddhir eva ca  
 ahaṁkāra itīyaṁ me bhinnā prakṛtir aṣṭadhā

The mind, intellect, ego, ether, air, fire, water, and earth are the eightfold transformation (or division) of My material energy (Prakṛti). (See also 13.05) (7.04)

अपरेयम् इतस् त्व अन्यां प्रकृतिं विद्धि मे पराम् ।  
 जीवभूतां महाबाहो ययेदं धार्यते जगत् ॥५॥  
 apareyam itas tv anyāṁ prakṛtiṁ viddhi me parām  
 jīvabhūtāṁ mahābāho yayedam dhāryate jagat

The material energy is My lower Nature (Aparā-śakti, Prakṛti, matter). Know My other higher Nature (Parā-śakti, Cetanā, Puruṣa, Spirit) by which this entire universe is sustained, O Arjuna. (7.05)

एतद्योनीनि भूतानि सर्वाणीत्य् उपधारय ।  
 अहं कृत्स्नस्य जगतः प्रभवः प्रलयस् तथा ॥६॥  
 etad yonīni bhūtāni sarvāṅī'ty upadhāraya  
 ahaṁ kṛtsnasya jagataḥ prabhavaḥ pralayas tathā

Know that all creatures have evolved from this twofold energy, and I — the Supreme Being (Para-Brahma, Kṛṣṇa) —

am the source of the origin as well as the dissolution of the entire universe. (See also 13.26) (7.06)

मत्तः परतरं नान्यत् किञ्चिद् अस्ति धनंजय ।  
 मयि सर्वम् इदं प्रोतं सूत्रे मणिगणा इव ॥७॥  
 mattaḥ paratarāṁ nā'nyat kiñcid asti dhanamjaya  
 mayi sarvam idaṁ protaṁ sūtre maṇigaṇā iva

There is nothing higher than Me, O Arjuna. Everything in the universe is strung on Me, the Supreme Being (Para-Brahma Paramātmā), like jewels are strung on the thread (of a necklace). (7.07)

रसोऽहम् अप्सु कौन्तेय प्रभास्मि शशिसूर्ययोः ।  
 प्रणवः सर्ववेदेषु शब्दः खे पौरुषं नृषु ॥८॥  
 raso'ham apsu kaunteya prabhā'smi śaśisūryayoḥ  
 praṇavaḥ sarva vedeṣu śabdaḥ khe pauruṣaṁ nṛṣu  
 पुण्यो गन्धः पृथिव्यां च तेजश्चास्मि विभावसौ ।  
 जीवनं सर्वभूतेषु तपश् चास्मि तपस्विषु ॥९॥

puṇyo gandhaḥ pṛthivyāṁ ca tejaś cā'smi vibhāvasau  
 jīvanam sarva bhūteṣu tapaś cā'smi tapasviṣu

O Arjuna, I am the sapidity in water, I am the radiance in the sun and the moon, the sacred syllable “OM” in all the Vedas, the sound in the ether, and potency in human beings. I am the sweet fragrance in the earth. I am the heat in the fire, the life in all living beings, and the austerity in the ascetics. (7.08-09)

बीजं मां सर्वभूतानां विद्धि पार्थ सनातनम् ।  
 बुद्धिर् बुद्धिमताम् अस्मि तेजस् तेजस्विनाम् अहम् ॥१०॥  
 bijam māṁ sarva bhūtānām viddhi pārtha sanātanam  
 buddhir buddhimatām asmi tejas tejasvinām aham  
 बलं बलवतां चाहं कामरागविवर्जितम् ।  
 धर्माविरुद्धो भूतेषु कामोऽस्मि भरतर्षभ ॥११॥

balaṁ balavatām cāhaṁ kāma rāga vivarjitam  
dharmāviruddho bhūteṣu kāmo'smi bharatarṣabha

O Arjuna, know Me to be the eternal seed of all creatures. I am the intelligence of the intelligent and the brilliance of the brilliant. (See also 9.18 and 10.39). I am the strength of the strong who are devoid of lust and selfish attachment. I am lust (Kāma) in human beings that is in accord with righteousness (Dharma) (for the sacred and sole purpose of procreation), O Arjuna. (7.10-11)

ये चैव सात्त्विका भावा राजसास् तामसाश्च ये ।  
मत् एवेति तान् विद्धि न त्व् अहं तेषु ते मयि ॥१२॥  
ye caiva sāttvikā bhāvā rājasās tāmasāśca ye  
matta eveti tān viddhi na tv ahaṁ teṣu te mayi

Know that three modes (Guṇas) of material Nature — goodness, passion, and ignorance — also emanate from Me. I am neither dependent on, nor affected by, the Guṇas, but the Guṇas are dependent on Me. (See also 9.04 and 9.05) (7.12)

त्रिभिर् गुणमयैर् भावैर् एभिः सर्वम् इदं जगत् ।  
मोहितं नाभिजानाति माम् एभ्यः परम् अव्ययम् ॥१३॥  
tribhir guṇamayair bhāvair ebhiḥ sarvam idaṁ jagat  
mohitaṁ nā'bhijānāti mām ebhyaḥ param avyayam

Human beings are deluded by the various aspects of these three modes (Guṇas) of material Nature. Therefore, they do not know Me who am eternal and above these Guṇas. (7.13)

दैवी ह्य एषा गुणमयी मम माया दुरत्यया ।  
माम् एव ये प्रपद्यन्ते मायाम् एतां तरन्ति ते ॥१४॥  
daivī hy eṣā guṇamayī mama māyā duratyayā  
mām eva ye prapadyante māyām etāṁ taranti te

This divine power (Māyā) of Mine, consisting of three states (Guṇas) of mind, is very difficult to overcome. Only those



who surrender unto Me easily cross over this Māyā. (See also 14.26, 15.19, and 18.66) (7.14)

न मां दुष्कृतिनो मूढाः प्रपद्यन्ते नराधमाः ।  
 माययापहृतज्ञाना आसुरं भावम् आश्रिताः ॥१५॥  
 na mām duṣkṛtino mūdhāḥ prapadyante narādhamāḥ  
 māyayā'pahṛtajñānā āsuram bhāvam āśritāḥ

The evil doers, the ignorant, the lowest persons who are attached to demonic nature and whose power of discrimination has been taken away by divine illusive power (Māyā), do not worship or seek Me. (7.15)

चतुर्विधा भजन्ते मां जनाः सुकृतिनोऽर्जुन ।  
 आर्तो जिज्ञासुर् अर्थार्थी ज्ञानी च भरतर्षभ ॥१६॥  
 caturvidhā bhajante mām janāḥ sukṛtino'rjuna  
 ārto jijñāsura arthārthī jñānī ca bharatarṣabha

Four types of virtuous ones worship or seek Me, O Arjuna. They are: The distressed, the seeker of Self-knowledge, the seeker of wealth, and the enlightened one who has experienced the Supreme. (See also TR 1.21.03) (7.16)

तेषां ज्ञानी नित्ययुक्त एकभक्तिर् विशिष्यते ।  
 प्रियो हि ज्ञानिनोऽत्यर्थम् अहं स च मम प्रियः ॥१७॥  
 teṣām jñānī nityayukta ekabhaktir viśiṣyate  
 priyo hi jñānino'tyartham ahaṁ sa ca mama priyaḥ

Among them the enlightened devotee (Jñānī-bhakta), who is ever united with Me and whose devotion is single-minded, is the best because I am very dear to the enlightened and the enlightened is very dear to Me. (7.17)

उदाराः सर्व एवैते ज्ञानी त्व् आत्मैव मे मतम् ।  
 आस्थितः स हि युक्तात्मा माम् एवानुत्तमां गतिम् ॥१८॥  
 udārāḥ sarva evaite jñānī tv ātmai'va me matam

āsthitaḥ sa hi yuktātmā mām evā'nuttamām gatim

All these seekers are indeed noble, but I regard the enlightened devotee as My very Self because one who is steadfast abides in My supreme abode. (See also 9.29) (7.18)

बहूनां जन्मनाम् अन्ते ज्ञानवान् मां प्रपद्यते ।  
वासुदेवः सर्वम् इति स महात्मा सुदुर्लभः ॥१९॥  
bahūnām janmanām ante jñānavān mām prapadyate  
vāsudevaḥ sarvam iti sa mahātmā sudurlabhaḥ

After many births, the enlightened one resorts to Me by realizing that everything is, indeed, My (or Supreme Being's) manifestation. Such a great soul is very rare. (7.19)

कामैस् तैस्तैर् हृतज्ञानाः प्रपद्यन्तेऽन्यदेवताः ।  
तं तं नियमम् आस्थाय प्रकृत्या नियताः स्वया ॥२०॥  
kāmais taistair hr̥tajñānāḥ prapadyante'nyadevatāḥ  
tām tām niyamam āsthāya prakṛtyā niyatāḥ svayā

Persons whose discernment has been carried away by various desires impelled by their Kārmic impression (Saṁskāra), resort to celestial controllers (Devas) and practice various religious rites. (7.20)

यो यो यां यां तनुं भक्तः श्रद्धयार्चितुम् इच्छति ।  
तस्य तस्याचलां श्रद्धां ताम् एव विदधाम्य अहम् ॥२१॥  
yo yo yām yām tanuṁ bhaktaḥ śraddhayā'rcitum icchati  
tasya tasyā'calām śraddhām tām eva vidadhāmy aham  
स तया श्रद्धया युक्तस् तस्याराधनम् ईहते ।  
लभते च ततः कामान् मयैव विहितान् हि तान् ॥२२॥  
sa tayā śraddhayā yuktas tasyā'rāadhanam īhate  
labhate ca tataḥ kāmān mayai'va vihitān hi tān

Whosoever desires to worship whatever deity (using any name, form, and method) with faith, I make their faith steady in that very deity. Endowed with steady faith, they worship that deity and obtain their wishes through that deity. Those wishes are, indeed, granted only by Me. (7.21-22)

अन्तवत् तु फलं तेषां तद् भवत्य् अल्पमेधसाम् ।  
 देवान् देवयजो यान्ति मद्भक्ता यान्ति माम् अपि ॥२३॥  
 antavat tu phalaṁ teṣāṁ tad bhavaty alpamedhasām  
 devān devayajo yānti madbhaktā yānti mām api

Such material gains of these less intelligent human beings are temporary. The worshipers of celestial controllers (Devas) go to Devas, but My devotees certainly come to Me. (7.23)

अव्यक्तं व्यक्तिम् आपन्नं मन्यन्ते माम् अबुद्धयः ।  
 परं भावम् अजानन्तो ममाव्ययम् अनुत्तमम् ॥२४॥  
 avyaktaṁ vyaktim āpannaṁ manyante mām abuddhayaḥ  
 paraṁ bhāvam ajānanto mamā'vyayam anuttamam

The ignorant ones — unable to understand My immutable, incomparable, incomprehensible, and transcendental form (or existence) — assume that I, the Supreme Being (Para-Brahma), am formless and take forms or incarnate. (7.24)

नाहं प्रकाशः सर्वस्य योगमायासमावृतः ।  
 मूढोऽयं नाभिजानाति लोको माम् अजम् अव्ययम् ॥२५॥  
 nā'haṁ prakāśaḥ sarvasya yogamāyāsamāvṛtaḥ  
 mūḍho'yam nā'bhijānāti loko mām ajam avyayam

Concealed by My divine power (Māyā), I do not reveal Myself to the ignorant ones who do not know and understand My unborn, eternal, and transcendental form and personality (and consider Me formless). (7.25)

वेदाहं समतीतानि वर्तमानानि चार्जुन ।

भविष्याणि च भूतानि मां तु वेद न कश्चन ॥२६॥  
vedā'haṁ samatītāni vartamānāni cā'rjuna  
bhaviṣyāṇi ca bhūtāni mām tu veda na kaścana

I know, O Arjuna, the beings of the past, of the present, and those of the future, but no one really knows Me. (7.26)

इच्छाद्वेषसमुत्थेन द्वन्द्वमोहेन भारत ।  
सर्वभूतानि संमोहं सर्गे यान्ति परंतप ॥२७॥  
icchā dveṣa samutthena dvandva mohena bhārata  
sarva bhūtāni saṁmohaṁ sarge yānti paraṁtapa  
येषां त्व् अन्तगतं पापं जनानां पुण्यकर्मणाम् ।  
ते द्वन्द्वमोहनिर्मुक्ता भजन्ते मां दृढव्रताः ॥२८॥  
yeṣāṁ tv antagataṁ pāpaṁ janānāṁ puṇyakarmaṇām  
te dvandva moha nirmuktā bhajante mām dṛḍhavrataḥ

All beings in this world are in utter ignorance due to the delusion of pairs of opposites born of likes and dislikes, O Arjuna. But persons of unselfish deeds, whose Karma or sin has come to an end, become free from the delusion of pairs of opposites and worship Me with firm resolve. (7.27-28)

जरामरणमोक्षाय माम् आश्रित्य यतन्ति ये ।  
ते ब्रह्म तद् विदुः कृत्स्नम् अध्यात्मं कर्म चाखिलम् ॥२९॥

jarā maraṇa mokṣāya mām āśritya yatanti ye  
te brahma tad viduḥ kṛtsnam adhyātmaṁ karma  
cā'khilam

Those who strive for freedom from the cycles of birth, old age, and death by taking refuge in Me, fully comprehend Brahma (Eternal Being), the nature of Brahma, and Karma, the creative power of Brahma. (7.29)

साधिभूताधिदैवं मां साधियज्ञं च ये विदुः ।

प्रयाणकालेऽपि च मां ते विदुर् युक्तचेतसः ॥३०॥  
 sādhibhūtā'dhidaivaṁ māṁ sādhiyajñāṁ ca ye viduḥ  
 prayāṇakāle'pi ca māṁ te vidur yuktacetasaḥ

The steadfast persons who know Me alone as the mortal beings (Adhibhūta), as temporal Divine Beings (Adhidaiva), and as the Supersoul (Adhiyajña) even at the time of death, attain Me. (See also 8.04) (7.30)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
 श्रीकृष्णार्जुनसंवादे ज्ञानविज्ञानयोगो नाम सप्तमोऽध्यायः ॥  
 OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
 yogaśāstre śrīkṛṣṇārjuna saṁvāde jñānavijñānayogo  
 nāma saptamo'dhyāyaḥ

Thus ends the seventh chapter named “Self-knowledge and Enlightenment” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between Śrīkṛṣṇa and Arjuna.  
 अथ अष्टमोऽध्यायः

## CHAPTER 8

अक्षरब्रह्मयोगः

## THE ETERNAL BRAHMA

अर्जुन उवाच  
 किं तद् ब्रह्म किम् अध्यात्मं किं कर्म पुरुषोत्तम ।  
 अधिभूतं च किं प्रोक्तम् अधिदैवं किम् उच्यते ॥१॥

arjuna uvāca  
 kiṁ tad brahma kim adhyātmanḥ kiṁ karma puruṣottama  
 adhibhūtaṁ ca kiṁ proktaṁ adhidaivaṁ kim ucyate  
 अधियज्ञः कथं कोऽत्र देहेऽस्मिन् मधुसूदन ।  
 प्रयाणकाले च कथं ज्ञेयोऽसि नियतात्मभिः ॥१२॥  
 adhiyajñāḥ katham ko'tra dehe'smin madhusūdana  
 prayāṇakāle ca katham jñeyo'si niyatātmabhiḥ

Arjuna said: O Kṛṣṇa, who is the Eternal Being (Brahma)? What is Adhyātma, or the nature of the Eternal Being? What is Karma? Who are the mortal beings (Adhibhūta)? And who are divine Beings (Adhidaiva)? Who is the Supersoul (Adhiyajña), and how does He dwell in the body? How can You be remembered at the time of death by those who have control over their minds, O Kṛṣṇa? (8.01-02)

श्रीभगवानुवाच  
 अक्षरं ब्रह्म परमं स्वभावोऽध्यात्मम् उच्यते ।  
 भूतभावोद्भवकरो विसर्गः कर्मसंज्ञितः ॥१३॥  
 śrī bhagavān uvāca  
 akṣaram brahma paramaṁ svabhāvo'dhyātmam ucyate  
 bhūtabhāvodbhavakaro visargaḥ karmasamjñitaḥ  
 The Supreme Lord said: The immutable Ātmā (Spirit) is called Brahma (Eternal Being). The nature (including the inherent power of cognition and desire) of Brahma is called Adhyātma. The creative power of Brahma that causes manifestation of the living entity (Jīva) is called Karma. (8.03)

अधिभूतं क्षरो भावः पुरुषश्चाधिदैवतम् ।  
 अधियज्ञोऽहम् एवात्र देहे देहभूतां वर ॥१४॥  
 adhibhūtaṁ kṣaro bhāvaḥ puruṣaś'cā'dhidaivatam  
 adhiyajño'ham evā'tra dehe dehabhṛtām vara

Mortal beings are called Adhibhūta. The expansions of Divine Personality — such as Nārāyaṇa, Mahā-viṣṇu, Īśvara, etc. — are

called Divine Beings (Adhidaiva). I am the Supersoul (Adhiyañña) residing inside the body as the supreme controller (Īśvara), O Arjuna. (8.04)

अन्तकाले च माम् एव स्मरन् मुक्त्वा कलेवरम् ।  
 यः प्रयाति स मद्भावं याति नास्त्यत्र संशयः ॥५॥  
 antakāle ca mām eva smaran muktvā kalevaram  
 yaḥ prayāti sa madbhāvaṁ yāti nā'sty atra saṁśayaḥ

The one who remembers Me exclusively, even while leaving the body at the time of death, attains Me; there is no doubt about it. (See also PrU 3.10) (8.05)

यं यं वापि स्मरन् भावं त्यजत्यन्ते कलेवरम् ।  
 तं तं एवैति कौन्तेय सदा तद्भावभावितः ॥६॥

yaṁ yaṁ vā'pi smaran bhāvaṁ tyajaty ante kalevaram  
 taṁ taṁ evaiti kaunteya sadā tadbhāvabhāvitaḥ

Whatever object one remembers as one leaves the body at the end of life, one attains that object, O Arjuna, because of the constant thought of that object (one remembers that object at the end of life and achieves it). (See also ChU 3.14.01) (8.06)

तस्मात् सर्वेषु कालेषु माम् अनुस्मर युध्य च ।  
 मय्यर्पितमनोबुद्धिर् माम् एवैष्यस्य असंशयम् ॥७॥  
 tasmāt sarveṣu kāleṣu mām anusmara yudhya ca  
 mayy arpitamanobuddhir mām evai'syasy asaṁśayam

Therefore, always remember Me and do your duty. You shall certainly attain Me if your mind and intellect are ever focused on Me. (8.07)

अभ्यासयोगयुक्तेन चेतसा नान्यगामिना ।  
 परमं पुरुषं दिव्यं याति पार्थानुचिन्तयन् ॥८॥

abhyāsayogayuktena cetasā nā'nyagāminā  
 paramaṁ puruṣaṁ divyaṁ yāti pārthā'nucintayan  
 By contemplating Me with an unwavering mind that is disciplined  
 by the practice of meditation, one attains the Supreme Being, O  
 Arjuna. (8.08)

कविं पुराणम् अनुशासितारम्  
 अणोर् अणीयांसम् अनुस्मरेद् यः ।  
 सर्वस्य धातारम् अचिन्त्यरूपम्  
 आदित्यवर्णं तमसः परस्तात् ॥९॥  
 kavim purāṇam anuśāsītāram  
 aṇor aṇīyāṁsam anusmared yaḥ  
 sarvasya dhātāram acintyarūpam  
 ādityavarṇaṁ tamasaḥ parastāt  
 प्रयाणकाले मनसाचलेन  
 भक्त्या युक्तो योगबलेन चैव ।  
 भ्रुवोर् मध्ये प्राणम् आवेश्य सम्यक्  
 स तं परं पुरुषम् उपैति दिव्यम् ॥१०॥  
 prayāṇakāle manasā'calena  
 bhaktyā yukto yogabalena cai'va  
 bhruvor madhye prāṇam āveśya samyak  
 sa taṁ paraṁ puruṣam upaiti divyam

One who meditates at the time of death with steadfast mind and devotion on the Supreme Being (Para-Brahma) as the omniscient, the oldest, the controller, smaller than the smallest (and bigger than the biggest), the sustainer of everything, the inconceivable, the self-luminous like the sun, and as transcendental (or beyond the material reality) by making the flow of bioimpulses (Prāṇa, life forces) rise up to the middle of two eye brows by the power of yoga and holding there, attains Me, the Supreme Divine Person. (See also verses 4.29, 5.27, 6.13, and YV 31.18, KaU 2.20) (8.09-10)

यद् अक्षरं वेदविदो वदन्ति



विशन्ति यद् यतयो वीतरागाः ।  
 यद् इच्छन्तो ब्रह्मचर्यं चरन्ति  
 तत् ते पदं संग्रहेण प्रवक्ष्ये ॥११॥  
 yad akṣaram vedavido vadanti  
 viśanti yad yatayo vītarāgāḥ  
 yad icchanto brahmacaryam caranti  
 tat te padam saṅgrahaṇa pravakṣye

I shall briefly explain the process to attain the supreme abode that the knowers of the Veda call immutable; into which the ascetics, freed from attachment, enter; and desiring which people lead a life of celibacy. (See also KaU 2.15) (8.11)

सर्वद्वाराणि संयम्य मनो हृदि निरुध्य च ।  
 मूर्ध्न्य् आध्यात्मनः प्राणम् आस्थितो योगधारणाम् ॥१२॥  
 sarvadvārāṇi saṁnyamya mano hṛdi nirudhya ca  
 mūrdhny ādhāyā'tmanah prāṇam āsthito yogadhāraṇām  
 ओम् इत्य् एकाक्षरं ब्रह्म व्याहरन् माम् अनुस्मरन् ।  
 यः प्रयाति त्यजन् देहं स याति परमां गतिम् ॥१३॥  
 om ity ekākṣaram brahma vyāharan mām anusmaran  
 yaḥ prayāti tyajan deham sa yāti paramām gatim

When one leaves the physical body by controlling all the senses, focusing the mind on God and Prāṇa in the cerebrum, engaged in yogic practice, meditating on Me, and uttering “OM” — the sacred monosyllable sound power of Eternal Being (Brahma) — one attains the supreme abode. (8.12-13)

अनन्यचेताः सततं यो मां स्मरति नित्यशः ।  
 तस्याहं सुलभः पार्थ नित्ययुक्तस्य योगिनः ॥१४॥

ananyacetāḥ satatam yo mām smarati nityaśaḥ  
 tasyā'ham sulabhaḥ pārtha nityayuktasya yoginaḥ

I am easily attainable, O Arjuna, by that ever steadfast yogī who always thinks of Me and whose mind does not go elsewhere. (8.14)

माम् उपेत्य पुनर्जन्म दुःखालयम् अशाश्वतम् ।  
नाप्नुवन्ति महात्मानः संसिद्धिं परमां गताः ॥१५॥  
mām upetya punarjanma duḥkhālayam aśāśvatam  
nāpnuvanti mahātmānaḥ saṁsiddhiṁ paramām gatāḥ

After attaining Me, the great souls do not incur rebirth in this miserable transitory world because they have attained the highest perfection. (8.15)

आब्रह्मभुवनाल् लोकाः पुनरावर्तिनोऽर्जुन ।  
माम् उपेत्य तु कौन्तेय पुनर्जन्म न विद्यते ॥१६॥  
ā brahmabhuvanāl lokāḥ punarāvartino'rjuna  
mām upetya tu kaunteya punarjanma na vidyate

The dwellers of all the worlds — up to and including the world of Brahmā, the creator — are subject to the miseries of repeated birth and death. But, after attaining Me, O Arjuna, one does not take birth again. (See also 9.25) (8.16)

सहस्रयुगपर्यन्तम् अहर् यद् ब्रह्मणो विदुः ।  
रात्रिं युगसहस्रान्तां तेऽहोरात्रविदो जनाः ॥१७॥  
sahasrayuga paryantam ahar yad brahmaṇo viduḥ  
rātriṁ yugasahasrāntāṁ te'horātravido janāḥ

Those who know that the day of the creator (Brahmā) lasts one thousand Yugas (or 4.32 billion years) and that his night also lasts one thousand Yugas, they are the knowers of day and night. (8.17)

अव्यक्ताद् व्यक्तयः सर्वाः प्रभवन्त्य् अहरागमे ।  
रात्र्यागमे प्रलीयन्ते तत्रैवाव्यक्तसंज्ञके ॥१८॥  
avyaktād vyaktayaḥ sarvāḥ prabhavanty aharāgame  
rātryāgame praliyante tatrai'vā'vyaktasamjñake

All manifestations come out of the primary material Nature (Ādi Prakṛti or Avyakta) at the arrival of the day of Brahmā (Creator), and they again merge into the same at the coming of Brahmā's night. (8.18)

भूतग्रामः स एवायं भूत्वा भूत्वा प्रलीयते ।  
 रात्र्यागमेऽवशः पार्थ प्रभवत्य् अहरागमे ॥१९॥  
 bhūtagrāmaḥ sa evā'yam bhūtvā bhūtvā pralīyate  
 rātryāgame'vaśaḥ pārtha prabhavaty aharāgame

The same multitude of beings comes into existence again and again at the arrival of the day of the creator (Brahmā) and are annihilated, inevitably, at the arrival of Brahmā's night. (8.19)

परस् तस्मात् तु भावोऽन्यो ऽव्यक्तोऽव्यक्तात् सनातनः ।  
 यः स सर्वेषु भूतेषु नश्यत्यु न विनश्यति ॥२०॥  
 paras tasmāt tu bhāvo'nyo 'vyakto'vyaktāt sanātanaḥ  
 yaḥ sa sarveṣu bhūteṣu naśyatsu na vinaśyati  
 अव्यक्तोऽक्षर इत्यु उक्तस् तम् आहुः परमां गतिम् ।  
 यं प्राप्य न निवर्तन्ते तद् धाम परमं मम ॥२१॥  
 avyakto'kṣara ity uktas tam āhuḥ paramām gatim  
 yaṁ prāpya na nivartante tad dhāma paramaṁ mama

There is another eternal transcendental existence — higher than the changeable material Nature (Prakṛti) — that does not perish when all created beings perish. This is called the unmanifest Eternal Being (Avyakta Akṣara Brahma). This is also said to be Parama-dhāma, the supreme abode. Those who attain My supreme abode do not take birth again. (8.20-21)

पुरुषः स परः पार्थ भक्त्या लभ्यस् त्व अनन्यया ।  
 यस्यान्तःस्थानि भूतानि येन सर्वम् इदं ततम् ॥२२॥

puruṣaḥ sa paraḥ pārtha bhaktyā labhyas tv ananyayā  
yasyā'ntaḥsthāni bhūtāni yena sarvam idaṁ tatam

This supreme abode, O Arjuna, is attainable by unswerving devotion to Me within which all beings exist, and by which all this universe is pervaded. (See also 9.04 and 11.55) (8.22)

यत्र काले त्व अनावृत्तिम् आवृत्तिं चैव योगिनः ।  
प्रयाता यान्ति तं कालं वक्ष्यामि भरतर्षभ ॥२३॥  
yatra kāle tv anāvṛttim āvṛttim cai'va yoginaḥ  
prayātā yānti taṁ kālaṁ vakṣyāmi bharatarṣabha

O Arjuna, now I shall describe different paths departing by which, during death, the yogis do or do not come back. (8.23)

अग्निर् ज्योतिर् अहः शुक्लः षण्मासा उत्तरायणम् ।  
तत्र प्रयाता गच्छन्ति ब्रह्म ब्रह्मविदो जनाः ॥२४॥

agnir jyotir ahaḥ śuklaḥ ṣaṇmāsā uttarāyaṇam  
tatra prayātā gacchanti brahma brahmavido janāḥ

Fire, light, daytime, the bright lunar fortnight, and the six months of the northern solstice of the sun — departing by the path of these celestial controllers (Devas), yogis who know the Eternal Being (Brahma) attain Brahma. (See also ChU 4.15.05, 5.10.01, BrU 6.2.15, PrU 1.10, and IsU 18) (8.24)

धूमो रात्रिस् तथा कृष्णः षण्मासा दक्षिणायनम् ।  
तत्र चान्द्रमसं ज्योतिर् योगी प्राप्य निवर्तते ॥२५॥  
dhūmo rātris tathā kṛṣṇaḥ ṣaṇmāsā dakṣiṇāyanam  
tatra cāndramasaṁ jyotir yogī prāpya nivartate

Smoke, night, the dark lunar fortnight, and the six months of southern solstice of the sun — departing by these paths, the

righteous attain lunar light (or heaven) and reincarnate. (See also 9.21, ChU 5.10.03-05, BS 3.01.08) (8.25)

शुक्लकृष्णे गती ह्येते जगतः शाश्वते मते ।  
 एकया यात्य् अनावृत्तिम् अन्ययावर्तते पुनः ॥२६॥  
 śuklakṛṣṇe gatī hy ete jagataḥ śāśvate mate  
 ekayā yāty anāvṛttim anyayā'vartate punaḥ

The path of light (of spiritual practice and Self-knowledge) and the path of darkness (of materialism and ignorance) are thought to be the world's two eternal paths. The former leads to salvation (Mukti, Nirvāṇa) and the latter leads to rebirth. (8.26)

नैते सृती पार्थ जानन् योगी मुह्यति कश्चन ।  
 तस्मात् सर्वेषु कालेषु योगयुक्तो भवार्जुन ॥२७॥  
 nai'te sṛtī pārtha jānan yogī muhyati kaścana  
 tasmāt sarveṣu kāleṣu yogayukto bhavā'rjuna

Knowing these two paths, O Arjuna, a yogī is not bewildered at all. Therefore, O Arjuna, be steadfast in yoga with Me at all times. (8.27)

वेदेषु यज्ञेषु तपःसु चैव  
 दानेषु यत् पुण्यफलं प्रदिष्टम् ।  
 अत्येति तत् सर्वम् इदं विदित्वा  
 योगी परं स्थानम् उपैति चाद्यम् ॥२८॥  
 vedeṣu yajñeṣu tapaḥsu cai'va  
 dāneṣu yat puṇyaphalaṁ pradiṣṭam  
 atyeti tat sarvam idaṁ viditvā  
 yogī paraṁ sthānam upaiti cā'dyam

The yogī who knows all this goes beyond getting the benefits of the study of the Vedas, performance of sacrifices, austerities, and charities, and attains Parama-dhāma, the Supreme Eternal Abode. (8.28)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
श्रीकृष्णार्जुनसंवादे अक्षरब्रह्मयोगो नाम अष्टमोऽध्यायः ॥

OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
yogaśāstre śrīkṛṣṇārjuna saṁvāde akṣarabrahmayogo  
nāma aṣṭamo'dhyāyaḥ

Thus ends the eighth chapter named “The Eternal Brahma” of  
the Upaniṣad of the Bhagavadgītā, the scripture of yoga,  
dealing

with the science of the Absolute in the form of the  
dialogue between Śrīkṛṣṇa and Arjuna.

अथ नवमोऽध्यायः

### CHAPTER 9

राजविद्याराजगुह्ययोगः

### SUPREME KNOWLEDGE AND THE BIG MYSTERY

श्रीभगवानुवाच

इदं तु ते गुह्यतमं प्रवक्ष्याम्य अनसूयवे ।

ज्ञानं विज्ञानसहितं यज् ज्ञात्वा मोक्षयसेऽशुभात् ॥१॥

śrī bhagavān uvāca

idaṁ tu te guhyatamaṁ pravakṣyāmy anasūyave

jñānaṁ vijñānasahitaṁ yaj jñātvā mokṣyase'subhāt

The Supreme Lord said: Since you have faith in My words, I shall  
reveal to you the most profound, secret, transcendental knowledge,  
together with transcendental experience. Knowing this, you will be  
freed from the miseries of worldly existence. (9.01)

राजविद्या राजगुह्यं पवित्रम् इदम् उत्तमम् ।

प्रत्यक्षावगमं धर्म्यं सुसुखं कर्तुम् अव्ययम् ॥२॥

rājavidyā rājaguhyaṁ pavitraṁ idam uttamam

pratyakṣāvagamaṁ dharmyaṁ susukhaṁ kartum

avyayam

This Self-knowledge is the king of all knowledge, is the most secret, is very sacred, it can be perceived by instinct, conforms to righteousness (Dharma), is very easy to practice, and is timeless. (9.02)

अश्रद्धधानाः पुरुषा धर्मस्यास्य परंतप ।  
 अप्राप्य मां निवर्तन्ते मृत्युसंसारवर्त्मनि ॥३॥  
 aśraddadhānāḥ puruṣā dharmasyā'sya param̐tapa  
 aprāpya mām nivartante mṛtyu saṁsāra vartmani

O Arjuna, those who have no faith in this knowledge do not attain Me and follow the cycles of birth and death. (9.03)

avyakt brahma  
 मया ततम् इदं सर्वं जगद् अव्यक्तमूर्तिना ।  
 मत्स्थानि सर्वभूतानि न चाहं तेष्व् अवस्थितः ॥४॥  
 mayā tatam idaṁ sarvaṁ jagad avyakta mūrtinā  
 matsthāni sarva bhūtāni na cā'haṁ teṣv avasthitaḥ

This entire universe is an expansion of My avyakt brahm . All beings abide in Me (like a gold chain abides on gold and milk products depend on milk). I do not depend on them (because I am the highest of all). (See also 7.12) (9.04)

न च मत्स्थानि भूतानि पश्य मे योगम् ऐश्वरम् ।  
 भूतभृन् न च भूतस्थो ममात्मा भूतभावनः ॥५॥  
 na ca matsthāni bhūtāni paśya me yogam aiśvaram  
 bhūtabhṛn na ca bhūtastho mamā'tmā bhūtabhāvanaḥ

Look at the power of My divine mystery; in reality, I — the sustainer and creator of all beings — do not depend on them, and they also do not abide/remain or depend on Me. (In fact, the gold chain does not depend on gold; the chain is nothing but gold. Also, matter and energy are different, as well as non-different). (See also BP 2.09.34-36) (9.05)

यथाकाशस्थितो नित्यं वायुः सर्वत्रगो महान् ।  
 तथा सर्वाणि भूतानि मत्स्थानीत्युपधारय ॥६॥  
 yathā'kāśasthito nityam vāyuḥ sarvatrago mahān  
 tathā sarvāṇi bhūtāni matsthānī'ty upadhāraya

Perceive that all beings remain in Me (without any contact or without producing any effect) as the mighty wind, moving everywhere, eternally remains in space. (9.06)

सर्वभूतानि कौन्तेय प्रकृतिं यान्ति मामिकाम् ।  
 कल्पक्षये पुनस्तानि कल्पादौ विसृजाम्यहम् ॥७॥  
 sarva bhūtāni kaunteya prakṛtiṁ yānti māmikām  
 kalpakṣaye punas tāni kalpādaḥ visṛjāmy aham

All beings merge into My Ādi Prakṛti (primary material Nature) at the end of a Kalpa (or a cycle of 4.32 billion years), O Arjuna, and I create them again at the beginning of the next Kalpa. (9.07)

प्रकृतिं स्वाम् अवाप्तभ्य विसृजामि पुनः पुनः ।  
 भूतग्रामम् इमं कृत्स्नम् अवाप्तं प्रकृतेर् वशात् ॥८॥  
 prakṛtiṁ svām avaṣṭabhya visṛjāmi punaḥ punaḥ  
 bhūta grāmam imam kṛtsnam avaṣaṁ prakṛter vaśāt

I create the entire multitude of beings again and again with the help of My material Nature (Prakṛti or Māyā). These beings are under control of the modes (Guṇas) of material Nature (Prakṛti). (9.08)

न च मां तानि कर्माणि निबध्नन्ति धनंजय ।  
 उदासीनवद् आसीनम् असक्तं तेषु कर्मसु ॥९॥  
 na ca mām tāni karmāṇi nibadhnanti dhanamjaya  
 udāsīnavad āsīnam asaktaṁ teṣu karmasu

These acts of creation do not bind Me, O Arjuna, because I remain indifferent and unattached to those acts. (9.09)



मयाध्यक्षेण प्रकृतिः स्रूयते सचराचरम् ।  
हेतुनानेन कौन्तेय जगद् विपरिवर्तते ॥१०॥  
mayā'dhyakṣeṇa prakṛtiḥ sūyate sacarācaram  
hetunā'neṇa kaunteya jagad viparivartate

The divine kinetic energy (Māyā) — with the help of material Nature (Prakṛti) — creates all animate and inanimate objects under My supervision; thus, the creation keeps on going, O Arjuna. (See also 14.03) (9.10)

अवजानन्ति मां मूढा मानुषीं तनुम् आश्रितम् ।  
परं भावम् अजानन्तो मम भूतमहेश्वरम् ॥११॥  
avajānanti mām mūḍhā mānuṣīm tanum āśritam  
param bhāvam ajānanto mama bhūta maheśvaram  
मोघाशा मोघकर्माणो मोघज्ञाना विचेतसः ।  
राक्षसीम् आसुरीं चैव प्रकृतिं मोहिनीं श्रिताः ॥१२॥  
moghāśā moghakarmāṇo moghajñānā vicetasah  
rākṣasīm āsurīm cai'va prakṛtiṁ mohinīm śritāḥ

Ignorant persons despise Me when I appear in human form because they do not know My transcendental nature as the great Lord of all beings (taking Me for an ordinary human being) and because they have false hopes, false actions, false knowledge, and delusive (Tāmasika) qualities (See 16.04-18) of fiends and demons (they are unable to recognize Me). (9.11-12)

महात्मानस् तु मां पार्थ दैवीं प्रकृतिम् आश्रिताः ।  
भजन्त्य् अनन्यमनसो ज्ञात्वा भूतादिम् अव्ययम् ॥१३॥  
mahātmānaḥ tu mām pārtha daivīm prakṛtim āśritāḥ  
bhajanty ananya manaso jñātvā bhūtādim avyayam

But great souls, O Arjuna, who possess divine qualities (See 16.01-03), know Me as immutable — as the material and efficient cause of creation — and worship Me single-mindedly with loving devotion. (9.13)

सततं कीर्तयन्तो मां यतन्तश्च दृढव्रताः ।  
 नमस्यन्तश्च मां भक्त्या नित्ययुक्ता उपासते ॥१४॥  
 satataṁ kīrtayanto mām yatantaśca dṛḍha vratāḥ  
 namasyantaś ca mām bhaktyā nityayuktā upāsate

Persons of firm resolve worship Me with ever steadfast devotion by always singing My glories, striving to attain Me, and prostrating before Me with devotion. (9.14)

ज्ञानयज्ञेन चाप्य् अन्ये यजन्तो माम् उपासते ।  
 एकत्वेन पृथक्त्वेन बहुधा विश्वतोमुखम् ॥१५॥  
 jñāna yajñena cāpy anye yajanto mām upāsate  
 ekatvena pṛthaktvena bahudhā viśvatomukham

Some worship Me by acquiring and propagating Self-knowledge. Others worship the infinite as the One in all (or non-dual), as the master of all (or dual), and in various other ways. (9.15)

अहं क्रतुर् अहं यज्ञः स्वधाहम् अहम् औषधम् ।  
 मन्त्रोऽहम् अहम् एवाज्यम् अहम् अग्निर् अहं हुतम् ॥१६॥  
 ahaṁ kratuṛ ahaṁ yajñaḥ svadhā'ham aham auśadham  
 manthro'ham aham evā'jyam aham agnir ahaṁ hutam  
 पिताहम् अस्य जगतो माता धाता पितामहः ।  
 वेद्यं पवित्रम् ओंकार ऋक् साम यजुर् एव च ॥१७॥  
 pitā'ham asya jagato mātā dhātā pitāmahaḥ  
 vedyaṁ pavitram omkāra ṛk sāma yajur eva ca  
 गतिर् भर्ता प्रभुः साक्षी निवासः शरणं सुहृत् ।  
 प्रभवः प्रलयः स्थानं निधानं बीजम् अव्ययम् ॥१८॥  
 gatir bhartā prabhuḥ sākṣī nivāsaḥ śaraṇaṁ suhṛt  
 prabhavaḥ pralayaḥ sthānaṁ nidhānaṁ bijam avyayam

I am the ritual, I am the sacrifice, I am the offering, I am the herb, I am the mantra, I am the clarified butter (Ghī), I am the fire, and I am the oblation. (See also 4.24). I am the supporter of the universe, the father, the mother, and the grandfather. I am the object of knowledge, the sacred syllable “OM”, and also the Ṛg, the Yajur, and the Sāma Vedas. I am the goal, the supporter, the Lord, the witness, the abode, the refuge, the friend, the origin, the dissolution, the foundation, the substratum, and the immutable seed. (See also 7.10 and 10.39) (9.16-18)

तपाम्य अहम् अहं वर्षं निगृह्णाम्य उत्सृजामि च ।  
अमृतं चैव मृत्युश्च सद् असच् चाहम् अर्जुन ॥१९॥

tapāmy aham ahaṁ varṣaṁ nigṛhṇāmy utsṛjāmi ca  
amṛtaṁ cai'va mṛtyuśca sad asac cā'ham arjuna

I give heat. I send, as well as withhold, the rain. I am immortality, as well as death. I am also both the Absolute (Sat or Akṣara) and the temporal (Asat or Kṣara), O Arjuna. (The Supreme Being has become everything, See also 13.12) (9.19)

त्रैविद्या मां सोमपाः पूतपापा  
यज्ञैर् इष्ट्वा स्वर्गतिं प्रार्थयन्ते ।  
ते पुण्यम् आसाद्य सुरेन्द्रलोकम्  
अश्नन्ति दिव्यान् दिवि देवभोगान् ॥२०॥  
traividyaṁ māṁ somapāḥ pūtapāpā  
yajñair iṣṭvā svargatim prārthayante  
te puṇyam āsādyā surendralokam  
aśnanti divyān divi devabhogān

The doers of the rituals prescribed in the three Vedas, the drinkers of the nectar of devotion (Soma), whose sins are cleansed, worship Me by doing good deeds (Yajña) for gaining heaven. As a result of

their meritorious deeds, they go to heaven and enjoy celestial sense pleasures. (9.20)

ते तं भुक्त्वा स्वर्गलोकं विशालं  
क्षीणे पुण्ये मर्त्यलोकं विशन्ति ।  
एवं त्रयीधर्मम् अनुप्रपन्ना  
गतागतं कामकामा लभन्ते ॥२१॥  
te taṁ bhuktvā svargalokaṁ viśālaṁ  
kṣīṇe puṇye martyalokaṁ viśanti  
evaṁ trayīdharmam anuprapannā  
gatāgataṁ kāmakāmā labhante

They return to the mortal world — after enjoying the wide world of heavenly pleasures — upon exhaustion of their good Karma (Puṇya). Thus, following the injunctions of the three Vedas, persons working for the fruit of their actions take repeated birth and death. (See also 8.25) (9.21)

अनन्याश् चिन्तयन्तो मां ये जनाः पर्युपासते ।  
तेषां नित्याभियुक्तानां योगक्षेमं वहाम्य अहम् ॥२२॥  
ananyāś cintayanto mām ye janāḥ paryupāsate  
teṣāṁ nityābhiyuktānām yogakṣemaṁ vahāmy aham

I personally take care of both the spiritual and material welfare of those ever-steadfast devotees who always remember and adore Me with single-minded contemplation. (9.22)

येऽप्य् अन्यदेवता भक्ता यजन्ते श्रद्धयान्विताः ।  
तेऽपि माम् एव कौन्तेय यजन्त्य् अविधिपूर्वकम् ॥२३॥  
ye'py anyadevatā bhaktā yajante śraddhayā'nvitāḥ  
te'pi mām eva kaunteya yajanty avidhipūrvakam

O Arjuna, even those devotees who worship the deities with faith, they also worship Me, but in an improper way. (9.23)

अहं हि सर्वयज्ञानां भोक्ता च प्रभुर् एव च ।  
 न तु माम् अभिजानन्ति तत्त्वेनातश् च्यवन्ति ते ॥२४॥  
 ahaṁ hi sarva yajñānām bhoktā ca prabhur eva ca  
 na tu mām abhijānanti tattvenā'taś cyavanti te

Because I — the Supreme Being (Para-Brahma) — alone am the enjoyer of all sacrificial services (Yajña) and Lord of the universe. But people do not know My true transcendental nature. Therefore, they fall (into the repeated cycles of birth and death). (9.24)

यान्ति देवव्रता देवान् पितॄन् यान्ति पितृव्रताः ।  
 भूतानि यान्ति भूतेज्या यान्ति मद्याजिनोऽपि माम् ॥२५॥  
 yānti devavratā devān pitṛn yānti pitṛvratāḥ  
 bhūtāni yānti bhūtejyā yānti madyājino'pi mām

Worshippers of the celestial controllers (Devas) go to the Devas; worshippers of the ancestors go to the ancestors, and worshippers of the ghosts go to the ghosts; but My devotees come to Me (and are not born again). (See also 8.16) (9.25)

पत्रं पुष्पं फलं तोयं यो मे भक्त्या प्रयच्छति ।  
 तद् अहं भक्त्युपहृतम् अश्नामि प्रयतात्मनः ॥२६॥  
 patraṁ puṣpaṁ phalaṁ toyam yo me bhaktyā  
 prayacchati  
 tad ahaṁ bhakty upahṛtam aśnāmi prayatātmanaḥ

Whosoever offers Me a leaf, a flower, a fruit, or water with devotion; I accept and eat the offering of devotion by the pure-hearted. (See also BP 10.81.04) (9.26)

यत् करोषि यद् अश्नासि यज् जुहोषि ददासि यत् ।  
 यत् तपस्यसि कौन्तेय तत् कुरुष्व मदर्पणम् ॥२७॥  
 yat karoṣi yad aśnāsi yaj juhoṣi dadāsi yat  
 yat tapasyasi kaunteya tat kuruṣva mad arpaṇam

O Arjuna, whatever you do, whatever you eat, whatever you offer as oblation to the sacred fire, whatever charity you give, whatever austerity you perform, do all that as an offering unto Me. (See also 12.10, 18.46) (9.27)

शुभाशुभफलैर् एवं मोक्ष्यसे कर्मबन्धनैः ।  
 संन्यासयोगयुक्तात्मा विमुक्तो माम् उपैष्यसि ॥२८॥  
 śubhāśubhaphalair evaṁ mokṣyase karma bandhanaiḥ  
 saṁnyāsa yoga yuktātmā vimukto mām upaiṣyasi

You shall become free from the bondage — good and bad — of Karma by this attitude of complete renunciation (Saṁnyāsa-yoga). Becoming liberated, you shall come to Me. (9.28)

समोऽहं सर्वभूतेषु न मे द्वेष्योऽस्ति न प्रियः ।  
 ये भजन्ति तु मां भक्त्या मयि ते तेषु चाप्य् अहम् ॥२९॥

samo'haṁ sarvabhūteṣu na me dveṣyo'sti na priyaḥ  
 ye bhajanti tu mām bhaktyā mayi te teṣu cāpy aham

The Self is present equally in all beings. There is no one hateful or dear to Me. But, those who worship Me with love and devotion are very close to Me, and I am also very close to them. (See also 7.18) (9.29)

अपि चेत् सुदुराचारो भजते माम् अनन्यभाक् ।  
 साधुर् एव स मन्तव्यः सम्यग् व्यवसितो हि सः ॥३०॥  
 api cet sudurācāro bhajate mām ananyabhāk  
 sādhur eva sa mantavyaḥ samyag vyavasito hi saḥ

If even the most sinful person resolves to worship Me with single-minded, loving devotion, such a person must be regarded as a saint because of making the right resolution. (9.30)

क्षिप्रं भवति धर्मात्मा शश्वच्छान्तिं निगच्छति ।  
 कौन्तेय प्रतिजानीहि न मे भक्तः प्रणश्यति ॥३१॥  
 kṣipram bhavati dharmātmā śaśvacchāntim nigacchati  
 kaunteya pratijānīhi na me bhaktaḥ praṇaśyati

Such a person soon becomes righteous and attains everlasting peace. Be aware, O Arjuna, that My devotee will never perish or fall down. (9.31)

मां हि पार्थ व्यपाश्रित्य येऽपि स्युः पापयोनयः ।  
 स्त्रियो वैश्यास् तथा शूद्रास् तेऽपि यान्ति परां गतिम् ॥३२॥  
 mām hi pārtha vyapāśritya ye'pi syuḥ pāpayonayaḥ  
 striyo vaiśyās tathā śūdrās te'pi yānti parām gatim

Anybody — including women, merchants, laborers, and the evil-minded — can attain the supreme abode by just surrendering unto My will with loving devotion, O Arjuna. (See also 18.66) (9.32)

किं पुनर् ब्राह्मणाः पुण्या भक्ता राजर्षयस् तथा ।  
 अनित्यम् असुखं लोकम् इमं प्राप्य भजस्व माम् ॥३३॥  
 kiṁ punar brāhmaṇāḥ puṇyā bhaktā rājarṣayas tathā  
 anityam asukhaṁ lokam imaṁ prāpya bhajasva mām

It should then be very easy for holy Brāhmaṇas and devout royal sages to attain the Supreme Being. Therefore, having obtained this joyless and transitory human life, one should always worship Me with loving devotion. (9.33)

मन्मना भव मद्भक्तो मद्याजी मां नमस्कुरु ।  
 माम् एवैष्यसि युक्तवैवम् आत्मानं मत्परायणः ॥३४॥  
 manmanā bhava madbhakto madyājī mām namaskuru  
 mām evai'syasi yuktvai'vam ātmānaṁ matparāyaṇaḥ

Fix your mind on Me, be devoted to Me, worship Me, and bow down to Me. Thus, uniting yourself with Me by setting Me as the supreme goal and the sole refuge, you shall certainly come to Me. (9.34)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
श्रीकृष्णार्जुनसंवादे राजविद्याराजगुह्ययोगो नाम नवमोऽध्यायः ॥

OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
yogaśāstre śrīkṛṣṇārjuna saṁvāde rājavidyārājaguhyayogo  
nāma navamo'dhyāyaḥ

Thus ends the ninth chapter named “Supreme Knowledge and the Big Mystery” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between Śrīkṛṣṇa and Arjuna.

अथ दशमोऽध्यायः

## CHAPTER 10

विभूतियोगः

### MANIFESTATION OF THE ABSOLUTE

श्रीभगवानुवाच

भूय एव महाबाहो शृणु मे परमं वचः ।

यत् तेऽहं प्रीयमाणाय वक्ष्यामि हितकाम्यया ॥१॥

śrī bhagavān uvāca

bhūya eva mahābāho śṛṇu me paramaṁ vacaḥ

yat te'haṁ prīyamāṇāya vakṣyāmi hitakāmyayā



The Supreme Lord said: O Arjuna, listen once again to My supreme word that I shall speak to you, who are very dear to Me, for your welfare. (10.01)

न मे विदुः सुरगणाः प्रभवं न महर्षयः ।  
 अहम् आदिर् हि देवानां महर्षीणां च सर्वशः ॥२॥  
 na me viduḥ suragaṇāḥ prabhavaṁ na maharṣayaḥ  
 aham ādir hi devānām maharṣīṇām ca sarvaśaḥ

Neither the celestial controllers (Devas), nor the great sages know My origin, because I am the origin of all Devas and great sages also. (10.02)

यो माम् अजम् अनादिं च वेत्ति लोकमहेश्वरम् ।  
 असंमूढः स मर्त्येषु सर्वपापैः प्रमुच्यते ॥३॥  
 yo mām ajam anādim ca veti lokamaheśvaram  
 asaṁmūḍhaḥ sa martyeṣu sarvapāpaiḥ pramucyate

One who knows Me as the unborn, the beginningless, and the Supreme Lord of the universe, is considered wise among the mortals and becomes liberated from the bondage of Karma. (10.03)

बुद्धिर् ज्ञानम् असंमोहः क्षमा सत्यं दमः शमः ।  
 सुखं दुःखं भवोऽभावो भयं चाभयम् एव च ॥४॥  
 buddhir jñānam asaṁmohaḥ kṣamā satyaṁ damaḥ śamaḥ  
 sukhaṁ duḥkhaṁ bhavo'bhāvo bhayaṁ cā'bhayaṁ eva  
 ca  
 ahiṁsā samatā tuṣṭis tapo dānaṁ yaśo'yaśaḥ  
 bhavanti bhāvā bhūtānām matta eva pṛthagvidhāḥ

Discrimination, Self-knowledge, non-delusion, forgiveness, truthfulness, control over the mind and senses, tranquillity, pleasure, pain, birth, death, fear, fearlessness, nonviolence, equanimity,

contentment, austerity, charity, fame, ill fame — these diverse qualities in human beings arise from Me alone. (10.04-05)

महर्षयः सप्त पूर्वे चत्वारो मनवस् तथा ।  
मद्भावा मानसा जाता येषां लोक इमाः प्रजाः ॥६॥  
maharṣayaḥ sapta pūrve catvāro manavas tathā  
madbhāvā mānasā jātā yeṣāṁ loka imāḥ prajāḥ

The seven great sages, and the more ancient four Sanakas and fourteen Manus, from whom all the creatures of the world were born, originated from My potential energy. (10.06)

एतां विभूतिं योगं च मम यो वेत्ति तत्त्वतः ।  
सोऽविकम्पेन योगेन युज्यते नात्र संशयः ॥७॥  
etāṁ vibhūtiṁ yogam ca mama yo vetti tattvataḥ  
so'vikampena yogena yujyate nā'tra saṁśayaḥ

One who truly understands My manifestations and yogic powers, is united with Me by unswerving devotion. There is no doubt about it. (10.07)

अहं सर्वस्य प्रभवो मत्तः सर्वं प्रवर्तते ।  
इति मत्वा भजन्ते मां बुधा भावसमन्विताः ॥८॥  
ahaṁ sarvasya prabhavo mattaḥ sarvaṁ pravartate  
iti matvā bhajante mām budhā bhāvasamanvitāḥ

I am the origin of all. Everything emanates from Me. Understanding this, the wise adore Me with love and devotion. (10.08)

मच्चित्ता मद्गतप्राणा बोधयन्तः परस्परम् ।  
कथयन्तश्च मां नित्यं तुष्यन्ति च रमन्ति च ॥९॥  
maccittā madgataprāṇā bodhayantaḥ parasparam  
kathayantaś ca mām nityaṁ tuṣyanti ca ramanti ca

These wise devotees remain ever content and delighted. Their minds remain absorbed in Me and their lives surrendered unto Me. They always enlighten each other by talking about Me. (10.09)

तेषां सततयुक्तानां भजतां प्रीतिपूर्वकम् ।  
ददामि बुद्धियोगं तं येन माम् उपयान्ति ते ॥१०॥  
teṣāṁ satata yuktānāṁ bhajatāṁ prītipūrvakam  
dadāmi buddhi yogam taṁ yena mām upayānti te

I give knowledge and understanding of metaphysical science — to those who are ever united with Me and lovingly adore Me — by which they come to Me. (10.10)

तेषाम् एवानुकम्पार्थम् अहम् अज्ञानजं तमः ।  
नाशयाम्य् आत्मभावस्थो ज्ञानदीपेन भास्वता ॥११॥  
teṣāṁ evānukampārtham aham ajñānajaṁ tamaḥ  
nāśayāmy ātmabhāvastho jñānadīpena bhāsvatā

I — who dwell within their inner psyche as consciousness — destroy the darkness born of ignorance by the shining lamp of transcendental knowledge as an act of compassion for them. (10.11)

अर्जुन उवाच  
परं ब्रह्म परं धाम पवित्रं परमं भवान् ।  
पुरुषं शाश्वतं दिव्यम् आदिदेवम् अजं विभुम् ॥१२॥  
arjuna uvāca  
param brahma param dhāma pavitraṁ paramaṁ bhavān  
puruṣaṁ śāśvataṁ divyam ādidevam ajaṁ vibhum  
आहुस् त्वाम् ऋषयः सर्वे देवर्षिर् नारदस् तथा ।  
असितो देवलो व्यासः स्वयं चैव ब्रवीषि मे ॥१३॥  
āhus tvām ṛṣayaḥ sarve devarṣir nāradas tathā  
asito devalo vyāsaḥ svayaṁ caiva bravīṣi me

Arjuna said: You are the Supreme Being, the Supreme Abode, the Supreme Purifier, the Eternal Divine Being, the primal God, the unborn, and the omnipresent. All sages have thus acclaimed You. The divine sage Nārada, Asita, Devala, Vyāsa, and You Yourself tell me that. (10.12-13)

सर्वम् एतद् ऋतं मन्ये यन् मां वदसि केशव ।  
 न हि ते भगवन् व्यक्तिं विदुर् देवा न दानवाः ॥१४॥  
 sarvam etad ṛtaṁ manye yan mām vadasi keśava  
 na hi te bhagavan vyaktiṁ vidur devā na dānavāḥ

O Kṛṣṇa, I believe all that You have told me to be true. O Lord, neither the celestial controllers (Devas) nor the demons fully understand Your real nature. (See also 4.06) (10.14)

स्वयम् एवात्मनात्मानं वेत्थ त्वं पुरुषोत्तम ।  
 भूतभावन भूतेश देवदेव जगत्पते ॥१५॥  
 svayam evā'tmanā'tmānaṁ vettha tvaṁ puruṣottama  
 bhūtabhāvana bhūteśa devadeva jagatpate

O Creator and Lord of all beings, God of all celestial rulers (Devas), Supreme person, and Lord of the universe, You alone know Yourself by Yourself. (10.15)

वक्तुम् अर्हस्य् अशेषेण दिव्या ह्य् आत्मविभूतयः ।  
 याभिर् विभूतिभिर् लोकान् इमांस् त्वं व्याप्य तिष्ठसि ॥१६॥  
 vaktum arhasy aśeṣeṇa divyā hy ātmavibhūtayaḥ  
 yābhir vibhūtibhir lokān imāṁs tvaṁ vyāpya tiṣṭhasi  
 Therefore, You alone are able to fully describe Your own divine glories or the manifestations by which You exist pervading all the universes. (10.16)

कथं विद्याम् अहं योगिंस् त्वां सदा परिचिन्तयन् ।  
 केषु केषु च भावेषु चिन्त्योऽसि भगवन् मया ॥१७॥  
 katham vidyām ahaṁ yogiṁs tvāṁ sadā paricintayan

keṣu keṣu ca bhāveṣu cintyo'si bhagavan mayā

How may I know You, O Lord, by constant contemplation? In what form of manifestation am I to think of You, O Lord? (10.17)

विस्तरेणात्मनो योगं विभूतिं च जनार्दन ।  
भूयः कथय तृप्तिर् हि शृण्वतो नास्ति मेऽमृतम् ॥१८॥

vistareṇā'tmano yogaṁ vibhūtiṁ ca janārdana  
bhūyaḥ kathaya tṛptir hi śṛṇvato nāsti me'mṛtam

O Lord, explain to me again, in detail, Your yogic power and glory because I am not satiated by hearing Your nectar-like words. (10.18)

श्रीभगवानुवाच  
हन्त ते कथयिष्यामि दिव्या ह्य् आत्मविभूतयः ।  
प्राधान्यतः कुरुश्रेष्ठ नास्त्य् अन्तो विस्तरस्य मे ॥१९॥  
śrī bhagavān uvāca  
hanta te kathayiṣyāmi divyā hy ātmavibhūtayaḥ  
prādhānyataḥ kuruśreṣṭha nā'sty anto vistarasya me

The Supreme Lord said: O Arjuna, now I shall explain to you My prominent divine manifestations because My manifestations are endless. (10.19)

अहम् आत्मा गुडाकेश सर्वभूताशयस्थितः ।  
अहम् आदिश्च मध्यं च भूतानाम् अन्त एव च ॥२०॥

aham ātmā guḍākeśa sarvabhūtāśayasthitaḥ  
aham ādiśca madhyaṁ ca bhūtānām anta eva ca

O Arjuna, I am the Spirit (Ātmā) abiding in the inner psyche of all beings. I am also the beginning, the middle, and the end of all beings. (10.20)

आदित्यानाम् अहं विष्णुर् ज्योतिषां रविर् अंशुमान् ।  
 मरीचिर् मरुताम् अस्मि नक्षत्राणाम् अहं शशी ॥२१॥  
 ādityānām ahaṁ viṣṇur jyotiṣāṁ ravir aṁśumān  
 marīcir marutām asmi nakṣatrāṇām ahaṁ śaśī

I am Viṣṇu among the (twelve) sons of Aditi. I am the radiant sun among the luminaries. I am Marīci among the supernatural controllers of wind. I am the moon among the stars. (10.21)

वेदानां सामवेदोऽस्मि देवानाम् अस्मि वासवः ।  
 इन्द्रियाणां मनश्चास्मि भूतानाम् अस्मि चेतना ॥२२॥  
 vedānām sāmavedo'smi devānām asmi vāsavaḥ  
 indriyāṇām manaś cā'smi bhūtānām asmi cetanā

I am the Sāmaveda among the Vedas. I am Indra among the celestial rulers (Devas). I am the mind among the senses. I am the consciousness in living beings. (10.22)

रुद्राणां शंकरश् चास्मि वित्तेशो यक्षरक्षसाम् ।  
 वसूनां पावकश् चास्मि मेरुः शिखरिणाम् अहम् ॥२३॥  
 rudrāṇām śaṁkaraś cā'smi vittiśo yakṣarakṣasām  
 vasūnām pāvakaś cā'smi meruḥ śikhariṇām aham

I am Śiva among the Rudras, I am Kubera among the Yakṣas and demons, I am the fire among the Vasus, and I am Meru among the mountains. (10.23)

पुरोधसां च मुख्यं मां विद्धि पार्थ बृहस्पतिम् ।  
 सेनानीनाम् अहं स्कन्दः सरसाम् अस्मि सागरः ॥२४॥  
 purodhasām ca mukhyaṁ mām viddhi pārtha bṛhaspatim  
 senānīnām ahaṁ skandaḥ sarasām asmi sāgaraḥ

Among the priests, O Arjuna, know Me to be the chief, Bṛhaspati. I am Skanda among the army generals. I am the ocean among the bodies of water. (10.24)

महर्षीणां भृगुर् अहं गिराम् अस्म्य् एकम् अक्षरम् ।  
 यज्ञानां जपयज्ञोऽस्मि स्थावराणां हिमालयः ॥२५॥  
 maharṣīṇām bhṛgur ahaṁ girām asmy ekam akṣaram  
 yajñānām japayajño'smi sthāvarāṇām himālayaḥ

I am Bhṛgu among the great sages. I am the monosyllable cosmic sound, “AUM”, among the words. I am Japa-yaṅña among the spiritual disciplines (Yaṅña) and I am the Himālaya among the immovables. (10.25)

अश्वत्थः सर्ववृक्षाणां देवर्षीणां च नारदः ।  
 गन्धर्वाणां चित्ररथः सिद्धानां कपिलो मुनिः ॥२६॥  
 aṣvatthaḥ sarvavṛkṣāṇām devarṣīṇām ca nāradaḥ  
 gandharvāṇām citrarathaḥ siddhānām kapilo muniḥ

I am the banyan tree among the trees, Nārada among the sages, Citraratha among the Gandharvas and sage Kapila among the Siddhas. (10.26)

उच्चैःश्रवसम् अश्वानां विद्धि माम् अमृतोद्भवम् ।  
 ऐरावतं गजेन्द्राणां नराणां च नराधिपम् ॥२७॥  
 uccaiḥśravasam aśvānām biddhi mām amṛtodbhavam  
 airāvataṁ gajendrāṇām narāṇām ca narādhipam  
 आयुधानाम् अहं वज्रं धेनूनाम् अस्मि कामधुक् ।  
 प्रजनश् चास्मि कन्दर्पः सर्पाणाम् अस्मि वासुकिः ॥२८॥  
 āyudhānām ahaṁ vajraṁ dhenūnām asmi kāmadhuk  
 prajanaś cāsmi kandarpaḥ sarpāṇām asmi vāsukiḥ

Know Me as Uccaiḥśravas — manifested during the time of churning the ocean along with nectar — among the horses,

Airāvata among the elephants and the King among men. I am the thunderbolt among weapons, Kāmadhenu among cows and I am Cupid for procreation. Among the serpents, I am Vāsuki. (10.27-28)

अनन्तश् चास्मि नागानां वरुणो यादसाम् अहम् ।  
 पितृणाम् अर्यमा चास्मि यमः संयमताम् अहम् ॥२९॥  
 anantaś cāsmi nāgānām varuṇo yādasām aham  
 pitṛṇām aryamā cāsmi yamaḥ saṁyamatām aham  
 प्रह्लादश् चास्मि दैत्यानां कालः कलयताम् अहम् ।  
 मृगाणां च मृगेन्द्रोऽहं वैनतेयश्च पक्षिणाम् ॥३०॥  
 prahlādaś cāsmi daityānām kālaḥ kalayatām aham  
 mṛgāṇām ca mṛgendro'haṁ vainateyaśca pakṣiṇām

I am Śeṣanāga among Nāgas, I am Varuṇa among the water-gods and Aryamā among the manes. I am Yama among the controllers. I am Prahlāda among Diti's progeny, time or death among the healers, lion among the beasts, and Garuḍa among birds. (10.29-30)

पवनः पवताम् अस्मि रामः शस्त्रभृताम् अहम् ।  
 झषाणां मकरश् चास्मि स्रोतसाम् अस्मि जाहनवी ॥३१॥  
 pavanaḥ pavatām asmi rāmaḥ śastrabhṛtām aham  
 jhaṣāṇām makaraś cāsmi srotasām asmi jāhnavī

I am the wind among the purifiers and Lord Rāma among the warriors. I am the crocodile among the fishes and the holy Gaṅgā among the rivers. (10.31)

सर्गाणाम् आदिर् अन्तश्च मध्यं चैवाहम् अर्जुन ।  
 अध्यात्मविद्या विद्यानां वादः प्रवदताम् अहम् ॥३२॥  
 sargāṇām ādir antaśca madhyam cai'vā'ham arjuna  
 adhyātmavidyā vidyānām vādaḥ pravadatām aham



I am the beginning, the middle, and the end of all creation, O Arjuna. Among knowledge I am knowledge of the supreme Self. I am logic of the logician. (10.32)

अक्षराणाम् अकारोऽस्मि द्वन्द्वः सामासिकस्य च ।  
अहम् एवाक्षयः कालो धाताहं विश्वतोमुखः ॥३३॥  
akṣarāṇām akāro'smi dvandvaḥ sāmāsikasya ca  
aham evā'kṣayaḥ kālo dhātā'ham viśvatomukhaḥ

I am the letter "A" among the alphabets. I am the dual compound among compound words. I am endless time (Akṣaya Kāla). I am the sustainer of all and have faces on all sides (or I am omniscient). (10.33)

मृत्युः सर्वहरश्चाहम् उद्भवश्च भविष्यताम् ।  
कीर्तिः श्रीर् वाक् च नारीणां स्मृतिर् मेधा धृतिः क्षमा ॥३४॥  
mr̥tyuḥ sarvaharaś cā'ham udbhavaśca bhaviṣyatām  
kīrtiḥ śrīr vāk ca nārīṇāṃ smṛtir medhā dhṛtiḥ kṣamā

I am the all-devouring death and also the origin of future beings. I am the seven goddesses (Devis) or guardian angels presiding over the seven qualities — fame, prosperity, speech, memory, intellect, resolve, and forgiveness. (10.34)

बृहत्साम तथा साम्नां गायत्री छन्दसाम् अहम् ।  
मासानां मार्गशीर्षोऽहम् ऋतूनां कुसुमाकरः ॥३५॥  
br̥hatsāma tathā sāmṇāṃ gāyatrī chandasām aham  
māsānām mārgaśīrṣo'ham ṛtūnām kusumākaraḥ

I am Br̥hatsāma among the Sāma hymns. I am Gāyatrī among the Vedic mantras. I am November-December among the months; I am spring among the seasons. (10.35)

द्यूतं छलयताम् अस्मि तेजस् तेजस्विनाम् अहम् ।  
जयोऽस्मि व्यवसायोऽस्मि सत्त्वं सत्त्वताम् अहम् ॥३६॥

dyūtaṁ chalayatām asmi tejas tejasvinām aham  
jayo'smi vyavasāyo'smi sattvaṁ sattvavatām aham

I am gambling of the cheats, splendor of the splendid, victory of the victorious, resolution of the resolute, and goodness of the good. (10.36)

वृष्णीनां वासुदेवोऽस्मि पाण्डवानां धनंजयः ।  
मुनीनाम् अप्य् अहं व्यासः कवीनाम् उशना कविः ॥३७॥  
vṛṣṇīnām vāsudevo'smi pāṇḍavānām danamjayaḥ  
munīnām apy aham vyāsaḥ kavīnām uśanā kaviḥ

I am Vāsudeva among the Vṛṣṇī family, Arjuna among the Pāṇḍavas, Vyāsa among the sages, and Uśanā among the poets. (10.37)

दण्डो दमयताम् अस्मि नीतिर् अस्मि जिगीषताम् ।  
मौनं चैवास्मि गुह्यानां ज्ञानं ज्ञानवताम् अहम् ॥३८॥  
daṇḍo damayatām asmi nītir asmi jigīṣatām  
maunaṁ cai'vā'smi guhyānām jñānaṁ jñānavatām aham

I am the power of rulers, the statesmanship of the seekers of victory, I am silence among the secrets and the Self-knowledge of the knowledgeable. (10.38)

यच् चापि सर्वभूतानां बीजं तद् अहम् अर्जुन ।  
न तद् अस्ति विना यत् स्यान् मया भूतं चराचरम् ॥३९॥  
yac cā'pi sarvabhūtānām bījaṁ tad aham arjuna  
na tad asti vinā yat syān mayā bhūtaṁ carācaram

I am the origin or seed of all beings, O Arjuna. There is nothing, animate or inanimate, that can exist without Me. (See also 7.10 and 9.18) (10.39)

नान्तोऽस्ति मम दिव्यानां विभूतीनां परंतप ।  
 एष तद्देशतः प्रोक्तो विभूतेर् विस्तरो मया ॥४०॥  
 nā'nto'sti mama divyānām vibhūtīnām paramtapa  
 eṣa tū'ddeśataḥ prokto vibhūter vistaro mayā

There is no end of My divine manifestations, O Arjuna. This is only a brief description of the extent of My divine manifestations. (10.40)

यद् यद् विभूतिमत् सत्त्वं श्रीमद् ऊर्जितम् एव वा ।  
 तत् तद् एवावगच्छ त्वं मम तेजोऽशसंभवम् ॥४१॥  
 yad yad vibhūtimat sattvaṁ śrīmad ūrjitam eva vā  
 tat tad evā'vagaccha tvaṁ mama tejoṁ'sa sambhavam

Whatever is endowed with glory, brilliance, and power — know that to be a manifestation of a very small fraction of My splendor. (10.41)

अथवा बहुनैतेन किं ज्ञातेन तवार्जुन ।  
 विष्टभ्याहम् इदं कृत्स्नम् एकांशेन स्थितो जगत् ॥४२॥  
 athavā bahunai'tena kiṁ jñātena tavā'rjuna  
 viṣṭabhyā'ham idam kṛtsnam ekāṁśena sthito jagat

What is the need for this detailed knowledge, O Arjuna? I continually support the entire universe by a small fraction of My divine power (Yoga-māyā). (See also ChU 3.12.06) (10.42)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
 श्रीकृष्णार्जुनसंवादे विभूतियोगो नाम दशमोऽध्यायः ॥  
 OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
 yogaśāstre śrīkṛṣṇārjuna saṁvāde vibhūtiyogo  
 nāma daśamo'dhyāyaḥ

Thus ends the tenth chapter named “Manifestation of the Absolute” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between

Śrīkṛṣṇa and Arjuna.

अथ एकादशोऽध्यायः

### CHAPTER 11

विश्वरूपदर्शनयोगः

### VISION OF THE COSMIC FORM

अर्जुन उवाच

मदनुग्रहाय परमं गुह्यम् अध्यात्मसंज्ञितम् ।

यत् त्वयोक्तं वचस् तेन मोहोऽयं विगतो मम ॥१॥

arjuna uvāca

madanugrahāya paramaṁ guhyam adhyātma smjñitam

yat tvayo'ktaṁ vacas tena moho'yaṁ vigato mama

Arjuna said: My illusion is dispelled by the profound words of wisdom You spoke — out of compassion for me — about the supreme secret of Eternal Being (Brahma). (11.01)

भवाप्ययौ हि भूतानां श्रुतौ विस्तरशो मया ।

त्वत्तः कमलपत्राक्ष माहात्म्यम् अपि चाव्ययम् ॥२॥

bhavāpyayau hi bhūtānāṁ śrutau vistaraśo mayā

tvattaḥ kamalapatrākṣa māhātmyam api cā'vyayam

O Kṛṣṇa, I have heard from You in detail about the origin and dissolution of beings and Your immutable glory. (11.02)

एवम् एतद् यथात्थ त्वम् आत्मानं परमेश्वर ।

द्रष्टुम् इच्छामि ते रूपम् ऐश्वरं पुरुषोत्तम ॥३॥

evam etad yathā'ttha tvam ātmānaṁ parameśvara

draṣṭum icchāmi te rūpam aiśvaraṁ puruṣottama

O Lord, You are as You have said, yet I wish to see Your divine cosmic form, O Supreme Being. (11.03)

मन्यसे यदि तच् छक्यं मया द्रष्टुम् इति प्रभो ।  
योगेश्वर ततो मे त्वं दर्शयात्मानम् अव्ययम् ॥४॥

manyase yadi tac chakyaṁ mayā draṣṭum iti prabho  
yogeśvara tato me tvaṁ darśayā'tmānam avyayam

O Lord, if You think it is possible for me to see Your universal form, then, O Lord of the yogis, show me Your transcendental form. (11.04)

श्रीभगवानुवाच

पश्य मे पार्थ रूपाणि शतशोऽथ सहस्रशः ।  
नानाविधानि दिव्यानि नानावर्णाकृतीनि च ॥५॥

śrī bhagavān uvāca

paśya me pārtha rūpāṇi śataśo'tha sahasraśaḥ  
nānāvidhāni divyāni nānāvārṇā'kṛtīni ca

The Supreme Lord said: O Arjuna, behold My hundreds and thousands of multifarious divine forms of different colors and shapes. (11.05)

पश्यादित्यान् वसून् रुद्रान् अश्विनौ मरुतस् तथा ।  
बहून् अदृष्टपूर्वाणि पश्याश्चर्याणि भारत ॥६॥

paśyā'dityān vasūn rudrān aśvinau marutas tathā  
bahūny adrṣṭapūrvāṇi paśyā'scaryāṇi bhārata

See the Ādityas, the Vasus, the Rudras, the Aśvins, and the Maruts. Behold, O Arjuna, many wonders never seen before. (11.06)

इहैकस्थं जगत् कृत्स्नं पश्याद्य सचराचरम् ।  
मम देहे गुडाकेश यच् चान्यद् द्रष्टुम् इच्छसि ॥७॥

ihai'kasthaṁ jagat kṛtsnaṁ paśyā'dya sacarācaram  
mama dehe guḍākeśa yac cā'nyad draṣṭum icchasi

O Arjuna, now behold the entire creation — animate, inanimate, and whatever else you would like to see — all at one place in My body. (11.07)

न तु मां शक्यसे द्रष्टुम् अनेनैव स्वचक्षुषा ।  
दिव्यं ददामि ते चक्षुः पश्य मे योगम् ऐश्वरम् ॥८॥

na tu mām śakyase draṣṭum anenaiva svacakṣuṣā  
divyaṁ dadāmi te cakṣuḥ paśya me yogam aiśvaram

But you are not able to see Me with your physical eye; therefore, I give you the divine eye to see My majestic power and glory. (11.08)

संजय उवाच  
एवम् उक्त्वा ततो राजन् महायोगेश्वरो हरिः ।  
दर्शयामास पार्थाय परमं रूपम् ऐश्वरम् ॥९॥  
saṁjaya uvāca  
evam uktvā tato rājan mahāyogeśvaro hariḥ  
darśayāmāsa pārthāya paramaṁ rūpam aiśvaram

Samjaya said: O King, having said this, Lord Kṛṣṇa, the great Lord of the mystic power of yoga, revealed His supreme majestic form to Arjuna. (11.09)

अनेकवक्त्रनयनम् अनेकाद्भुतदर्शनम् ।  
अनेकदिव्याभरणं दिव्यानेकोद्यतायुधम् ॥१०॥  
aneka vaktra nayanam anekādbhuta darśanam  
aneka divyābharaṇaṁ divyānekodyatāyudham  
divyamālyāmbara dharaṇaṁ divyagandhānulepanam ।  
सर्वाश्चर्यमयं देवम् अनन्तं विश्वतोमुखम् ॥११॥  
divya mālyāmbara dharaṇaṁ divya gandhānulepanam  
sarvāścaryamayam devam anantaṁ viśvatomukham

Arjuna saw the Universal Form of the Lord with many mouths and eyes and many visions of marvel with numerous divine ornaments, holding many divine weapons, wearing divine garlands and apparel, anointed with celestial perfumes and ointments, full of all wonders — the limitless God with faces on all sides. (11.10-11)

दिवि सूर्यसहस्रस्य भवेद् युगपद् उत्थिता ।  
यदि भाः सदृशी सा स्याद् भासस् तस्य महात्मनः ॥१२॥

divi sūrya sahasrasya bhaved yugapad utthitā  
yadi bhāḥ sadṛśī sā syād bhāsas tasya mahātmanaḥ

If the splendor of thousands of suns were to blaze forth all at once in the sky, even that would not resemble the splendor of that exalted being. (11.12)

तत्रैकस्थं जगत् कृत्स्नं प्रविभक्तम् अनेकधा ।  
अपश्यद् देवदेवस्य शरीरे पाण्डवस् तदा ॥१३॥  
tatrai'kasthaṁ jagat kṛtsnaṁ pravibhaktam anekadhā  
apaśyad devadevasya śarīre pāṇḍavas tadā

Arjuna saw the entire universe, divided in many ways but standing as (all in) One (and One in all) in the transcendental body of Kṛṣṇa, the Lord of celestial rulers (Devas). (See also 13.16, and 18.20) (11.13)

ततः स विस्मयाविष्टो हृष्टरोमा धनंजयः ।  
प्रणम्य शिरसा देवं कृताञ्जलिर् अभाषत ॥१४॥  
tataḥ sa vismayāviṣṭo hṛṣṭaromā dhanamjayaḥ  
praṇamya śirasā devaṁ kṛtāñjalir abhāṣata

(Upon seeing the cosmic form of the Lord) Arjuna was filled with wonder; and his hairs standing on end, bowed his head to the Lord and prayed with folded hands. (11.14)

अर्जुन उवाच  
 पश्यामि देवांस् तव देव देहे  
 सर्वांस् तथा भूतविशेषसंघान् ।  
 ब्रह्माणम् ईशं कमलासनस्थम्  
 ऋषींश्च सर्वान् उरगांश्च दिव्यान् ॥१५॥

arjuna uvāca  
 paśyāmi devāṁs tava deva dehe  
 sarvāṁs tathā bhūta viśeṣa saṁghān  
 brahmāṇam īśaṁ kamalāsanasthaṁ  
 ṛṣīṁśca sarvān uragāṁśca divyān

Arjuna said: O Lord, I see in Your body all supernatural controllers (Devas) and multitudes of beings, all sages, celestial serpents, Lord Śiva, as well as Lord Brahmā seated on the lotus. (11.15)

अनेकबाहूदरवक्त्रनेत्रं  
 पश्यामि त्वां सर्वतोऽनन्तरूपम् ।  
 नान्तं न मध्यं न पुनस् तवादिं  
 पश्यामि विश्वेश्वर विश्वरूप ॥१६॥  
 aneka bāhūdara vaktra netraṁ  
 paśyāmi tvāṁ sarvato'nantarūpam  
 nā'ntaṁ na madhyaṁ na punas tavā'diṁ  
 paśyāmi viśveśvara viśvarūpa

O Lord of the universe, I see You everywhere with infinite forms, with many arms, stomachs, faces, and eyes. O Universal Form, I see neither your beginning nor the middle nor the end. (11.16)

किरीटिनं गदिनं चक्रिणं च  
 तेजोराशिं सर्वतो दीप्तिमन्तम् ।  
 पश्यामि त्वां दुर्निरीक्ष्यं समन्ताद्  
 दीप्तानलार्कद्युतिम् अप्रमेयम् ॥१७॥  
 kirīṭinaṁ gadināṁ cakriṇaṁ ca  
 tejorāśiṁ sarvato dīptimantam  
 paśyāmi tvāṁ durnirikṣyaṁ samantād



## dīptānalārkadyutim aprameyam

I see You with Your crown, club, discus, and massive radiance, difficult to behold, shining all around like the immeasurable brilliance and blazing fire of the sun. (11.17)

त्वम् अक्षरं परमं वेदितव्यं  
 त्वम् अस्य विश्वस्य परं निधानम् ।  
 त्वम् अव्ययः शाश्वतधर्मगोप्ता  
 सनातनस् त्वं पुरुषो मतो मे ॥१८॥  
 tvam akṣaram paramaṁ veditavyam  
 tvam asya viśvasya param nidhānam  
 tvam avyayaḥ śāśvata dharma goptā  
 sanātanas tvam puruṣo mato me

I believe You are the Supreme Being (Para-Brahma) to be realized. You are the ultimate resort of the universe. You are the Eternal Being (Brahma, Ātmā, Spirit) and protector of the eternal order (Dharma). (11.18)

अनादिमध्यान्तम् अनन्तवीर्यम्  
 अनन्तबाहुं शशिसूर्यनेत्रम् ।  
 पश्यामि त्वां दीप्तहुताशवक्त्रं  
 स्वतेजसा विश्वम् इदं तपन्तम् ॥१९॥  
 anādi madhyāntam ananta vīryam  
 ananta bāhuṁ śāsisūrya netram  
 paśyāmi tvāṁ dīpta hutāśa vaktraṁ  
 svatejasā viśvam idaṁ tapantam

I see You with infinite power, without beginning, middle, or end; with many arms; with the sun and the moon as Your eyes; with Your mouth as a blazing fire, scorching all the universe with Your radiance. (11.19)

द्यावापृथिव्योर् इदम् अन्तरं हि

व्याप्तं त्वयैकेन दिशश्च सर्वाः ।  
 दृष्ट्वाद्भुतं रूपम् उग्रं तवेदं  
 लोकत्रयं प्रव्यथितं महात्मन् ॥२०॥  
 dyāvāpṛthivyor idam antaram hi  
 vyāptam tvayai'kena diśaśca sarvāḥ  
 dṛṣṭvā 'dbhutam rūpam ugram tave'dam  
 lokatrayam pravyathitam mahātman

O Lord, the entire space between heaven and earth in all directions is pervaded by You. Seeing Your marvelous and terrible form, the three worlds (Lokas) are trembling with fear. (11.20)

अमी हि त्वां सुरसंघा विशन्ति  
 केचिद् भीताः प्राञ्जलयो गृणन्ति ।  
 स्वस्तीत्य् उक्त्वा महर्षिसिद्धसंघाः  
 स्तुवन्ति त्वां स्तुतिभिः पुष्कलाभिः ॥२१॥  
 amī hi tvām surasaṅghā viśanti  
 kecid bhītāḥ prāñjalayo gṛṇanti  
 svastī'ty uktvā maharṣi sidhasaṅghāḥ  
 stuvanti tvām stutibhiḥ puṣkalābhiḥ

Hosts of supernatural rulers enter into You. Some with folded hands sing Your names and glories in fear. A multitude of Maharṣis and Siddhas hail and adore You with abundant praises. (11.21)

रुद्रादित्या वसवो ये च साध्या  
 विश्वेऽश्विनौ मरुतश् चोष्मपाश्च ।  
 गन्धर्वयक्षासुरसिद्धसंघा  
 वीक्षन्ते त्वां विस्मिताश् चैव सर्वे ॥२२॥  
 rudrādityā vasavo ye ca sādhyā  
 viśve 'śvinau marutaś co'ṣmapāś ca  
 gandharva yakṣāsura siddha saṅghā  
 vīkṣante tvām vismitāś cai'va sarve

The Rudras, Ādityas, Vasus, Sādhyas, Viśvadevas, Aśvins, Maruts, Ūṣmapās, Gandharvas, Yakṣas, Asuras, and Siddhas — all the celestial beings gaze at You in amazement. (11.22)

रूपं महत् ते बहुवक्त्रनेत्रं  
महाबाहो बहुबाहुरुपादम् ।  
बहूदरं बहुदंष्ट्राकरालं  
दृष्ट्वा लोकाः प्रव्यथितास् तथाऽहम् ॥१२३॥

rūpaṁ mahat te bahu vaktra netraṁ  
mahābāho bahu bāhū rupādam  
bahūdaraṁ bahu daṁṣṭrākarālaṁ  
dṛṣṭvā lokāḥ pravyathitās tathā 'ham

Seeing your infinite form with many mouths, eyes, arms, thighs, feet, stomachs, and many fearful tusks, the worlds are trembling with fear, and so do I, O mighty Lord. (11.23)

नभःस्पृशं दीप्तम् अनेकवर्णं  
व्यात्ताननं दीप्तविशालनेत्रम् ।  
दृष्ट्वा हि त्वां प्रव्यथितान्तरात्मा  
धृतिं न विन्दामि शमं च विष्णो ॥१२४॥  
nabhaḥ spr̥śaṁ dīptam aneka varṇaṁ  
vyāttānanaṁ dīpta viśāla netraṁ  
dṛṣṭvā hi tvāṁ pravyathitā 'ntarātmā  
dhṛtiṁ na vindāmi śamaṁ ca viṣṇo

Seeing Your effulgent and colorful form touching the sky, Your mouth wide open and large shining eyes, I am frightened and find neither peace nor courage, O Kṛṣṇa. (11.24)

दंष्ट्राकरालानि च ते मुखानि  
दृष्ट्वैव कालानलसन्निभानि ।  
दिशो न जाने न लभे च शर्म  
प्रसीद देवेश जगन्निवास ॥१२५॥

damṣṭrākarālāni ca te mukhāni  
 dṛṣṭvai'va kālānala sannibhāni  
 diśo na jāne na labhe ca śarma  
 prasīda deveśa jagannivāsa

Seeing Your mouths with fearful tusks, glowing like fires of cosmic dissolution, I lose my sense of direction and find no comfort. Have mercy on me, O Lord of celestial rulers (Devas), refuge of the universe! (11.25)

अमी च त्वां धृतराष्ट्रस्य पुत्राः  
 सर्वे सहैवावनिपालसंघैः ।  
 भीष्मो द्रोणः सूतपुत्रस् तथासौ  
 सहास्मदीयैर् अपि योधमुख्यैः ॥२६॥  
 amī ca tvām dhṛtarāṣṭrasya putrāḥ  
 sarve sahai'vā'vanipālasaṅghaiḥ  
 bhīṣmo droṇaḥ sūtaputras tathā'sau  
 sahā'smadīyair api yodhamukhyaiḥ  
 वक्त्राणि ते त्वरमाणा विशन्ति  
 दंष्ट्राकरालानि भयानकानि ।  
 केचिद् विलग्ना दशनान्तरेषु  
 संदृश्यन्ते चूर्णितैर् उत्तमाङ्गैः ॥२७॥  
 vaktrāṇi te tvaramāṇā viśanti  
 damṣṭrākarālāni bhayānakāni  
 kecid vilagnā daśanāntareṣu  
 saṁdṛśyante cūrṇitair uttamāṅgaiḥ

The sons of Dhṛtarāṣṭra, along with the hosts of other kings, Bhīṣma, Droṇa, and Karṇa together with chief warriors on our side, are also quickly entering into Your fearful mouths with terrible tusks. Some are seen caught between the tusks with their heads crushed. (11.26-27)

यथा नदीनां बहवोऽम्बुवेगाः

समुद्रम् एवाभिमुखा द्रवन्ति ।  
 तथा तवामी नरलोकवीरा  
 विशन्ति वक्त्राण्य् अभिविज्वलन्ति ॥२८॥  
 yathā nadīnām bahavo 'mbuvegāḥ  
 samudram evā'bhimukhā dravanti  
 tathā tavā'mī naralokavīrā  
 viśanti vaktrāṅy abhivijvalanti

These warriors of the mortal world are entering Your blazing mouths as many torrents of the rivers enter into the ocean. (11.28)

यथा प्रदीप्तं ज्वलनं पतङ्गा  
 विशन्ति नाशाय समृद्धवेगाः ।  
 तथैव नाशाय विशन्ति लोकास्  
 तवापि वक्त्राणि समृद्धवेगाः ॥२९॥  
 yathā pradīptam jvalanam pataṅgā  
 viśanti nāśāya samṛdhavegāḥ  
 tathai'va nāśāya viśanti lokās  
 tavā'pi vaktrāṅi samṛdhavegāḥ

All these people are rapidly rushing into Your mouths for destruction as moths rush with great speed into the blazing flame for destruction. (11.29)

लेलिह्यसे ग्रसमानः समन्तात्  
 लोकान् समग्रान् वदनैर् ज्वलद्भिः ।  
 तेजोभिर् आपूर्य जगत् समग्रं  
 भासस् तवोग्राः प्रतपन्ति विष्णो ॥३०॥  
 lelihyase grasamānaḥ samantāl  
 lokān samagrān vadanair jvaladbhiḥ  
 tejohir āpūrya jagat samagraṁ  
 bhāsas tavo'grāḥ pratapanti viṣṇo

You are licking up all the worlds with Your flaming mouths, swallowing them from all sides. Your powerful radiance is filling

the entire universe with effulgence and burning it, O Kṛṣṇa.  
(11.30)

आख्याहि मे को भवान् उग्ररूपो  
नमोऽस्तु ते देववर प्रसीद ।  
विज्ञातुम् इच्छामि भवन्तम् आद्यं  
न हि प्रजानामि तव प्रवृत्तिम् ॥३१॥

ākhyāhi me ko bhavān ugrarūpo  
namo 'stu te devavara prasīda  
vijñāatum icchāmi bhavantam ādyaṁ  
na hi prajānāmi tava pravṛttim

Tell me who You are in such a fierce form? My salutations to You,  
O best of all celestial rulers (Devas). Be merciful! I wish to  
understand You, O primal Being, because I do not know Your  
mission. (11.31)

श्रीभगवानुवाच  
कालोऽस्मि लोकक्षयकृत् प्रवृद्धो  
लोकान् समार्हतुम् इह प्रवृत्तः ।  
ऋतेऽपि त्वां न भविष्यन्ति सर्वे  
येऽवस्थिताः प्रत्यनीकेषु योधाः ॥३२॥

śrī bhagavān uvāca  
kālo 'smi lokakṣayakṛt pravṛddho  
lokān samāhartum iha pravṛttaḥ  
ṛte 'pi tvāṁ na bhaviṣyanti sarve  
ye 'vasthitāḥ pratyanikeṣu yodhāḥ

The Supreme Lord said: I am death, the mighty destroyer of the  
world. I have come here to destroy all these people. Even without  
your participation in the war, all the warriors standing arrayed in  
the opposing armies shall cease to exist. (11.32)

तस्मात् त्वम् उत्तिष्ठ यशो लभस्व

जित्वा शत्रून् भुङ्क्ष्व राज्यं समृद्धम् ।  
 मयैवैते निहताः पूर्वम् एव  
 निमित्तमात्रं भव सव्यसाचिन् ॥३३॥  
 tasmāt tvam uttiṣṭha yaśo labhasva  
 jītvā śatrūn bhuṅkṣva rājyaṁ samṛdham  
 mayai'vai'te nihatāḥ pūrvam eva  
 nimittamātraṁ bhava savyasācin

Therefore, get up and attain glory. Conquer your enemies, and enjoy a prosperous kingdom. I have already destroyed all these warriors. You are simply My instrument, O Arjuna. (11.33)

द्रोणं च भीष्मं च जयद्रथं च  
 कर्णं तथान्यान् अपि योधवीरान् ।

मया हतांसु त्वं जहि मा व्यथिष्ठा  
 युध्यस्व जेतासि रणे सपत्नान् ॥३४॥  
 droṇaṁ ca bhīṣmaṁ ca jayadrathaṁ ca  
 karṇaṁ tathā'nyān api yodhavīrān  
 mayā hatāns tvam jahi mā vyathiṣṭhā  
 yudhyasva jetāsi raṇe sapatnān

Kill Droṇa, Bhīṣma, Jayadratha, Karṇa, and other great warriors who are already killed by Me. Do not fear. You will certainly conquer the enemies in the battle; therefore, fight! (11.34)

संजय उवाच  
 एतच्छ्रुत्वा वचनं केशवस्य  
 कृताञ्जलिर् वेपमानः किरीटी ।  
 नमस्कृत्वा भूय एवाह कृष्णं  
 सगद्गदं भीतभीतः प्रणम्य ॥३५॥  
 saṁjaya uvāca  
 etac chrutvā vacanaṁ keśavasya  
 kṛtāñjalir vepamānaḥ kirīṭī  
 namaskṛtvā bhūya evāha kṛṣṇaṁ  
 sagadgadaṁ bhītabhītaḥ praṇamya

Samjaya said: Having heard these words of Kṛṣṇa, the crowned Arjuna, trembling with folded hands, prostrated with fear and spoke to Kṛṣṇa in a choked voice. (11.35)

अर्जुन उवाच  
स्थाने हृषीकेश तव प्रकीर्त्या  
जगत् प्रहृष्यत्य् अनुरज्यते च ।  
रक्षांसि भीतानि दिशो द्रवन्ति  
सर्वे नमस्यन्ति च सिद्धसंघाः ॥३६॥

arjuna uvāca  
sthāne hṛṣikeśa tava prakīrtyā  
jagat prahr̥ṣyaty anurajyate ca  
rakṣāmsi bhītāni diśo dravanti  
sarve namasyanti ca siddhasaṁghāḥ

Arjuna said: Rightly, O Kṛṣṇa, the world delights and rejoices in glorifying You. Terrified demons flee in all directions. The hosts of Siddhas bow to You in adoration. (11.36)

कस्माच् च ते न नमेरन् महात्मन्  
गरीयसे ब्रह्मणोऽप्य् आदिकर्त्रे ।  
अनन्त देवेश जगन्निवास  
त्वम् अक्षरं सद् असत् तत्परं यत् ॥३७॥

kasmāc ca te na nameran mahātman  
garīyase brahmaṇo 'py ādikartre  
ananta deveśa jagannivāsa  
tvam akṣaram sad asat tatparam yat

Why should they not, O great soul, bow to You — the original creator — who is even greater than Brahmā, the creator of material worlds? O infinite Lord, O God of all celestial rulers (Devas), O abode of the universe, You are both Sat (Eternal) and Asat (Temporal) and the Supreme Being (Para-Brahma) that is



beyond both Sat and Asat. (See also 9.19, and 13.12 for a commentary) (11.37)

त्वम् आदिदेवः पुरुषः पुराणस्  
 त्वम् अस्य विश्वस्य परं निधानम् ।  
 वेत्तासि वेद्यं च परं च धाम  
 त्वया ततं विश्वम् अनन्तरूप ॥३८॥  
 tvam ādidevaḥ puruṣaḥ purāṇas  
 tvam asya viśvasya paraṁ nidhānam  
 vettāsi vedyam ca paraṁ ca dhāma  
 tvayā tataṁ viśvam anantarūpa

You are the primal God, the most ancient Person. You are the ultimate resort of all the universe. You are the knower, the object of knowledge, and the supreme abode. The entire universe is pervaded by You, O Lord of the infinite form. (11.38)

वायुर् यमोऽग्निर् वरुणः शशाङ्कः  
 प्रजापतिस् त्वं प्रपितामहश्च ।  
 नमो नमस्तेऽस्तु सहस्रकृत्वः  
 पुनश्च भूयोऽपि नमो नमस्ते ॥३९॥  
 vāyur yamo 'agnir varuṇaḥ śaśāṅkaḥ  
 prajāpatis tvam prapitāmahaś ca  
 namo namaste 'stu sahasrakṛtvaḥ  
 punaśca bhūyo 'pi namo namaste

You are Vāyu, Yama, Agni, Varuṇa, Śaśāṅka, and Brahmā as well as the father of Brahmā. Salutations to You a thousand times and again and again salutations to You. (11.39)

नमः पुरस्ताद् अथ पृष्ठतस् ते  
 नमोऽस्तु ते सर्वत एव सर्व ।  
 अनन्तवीर्यामितविक्रमस् त्वं  
 सर्वं समाप्नोषि ततोऽसि सर्वः ॥४०॥

namaḥ purastād atha pṛṣṭhataḥ te  
 namo 'stu te sarvata eva sarva  
 ananta vīryāmita vikramas tvam  
 sarvaṁ samāpnoṣi tato 'si sarvaḥ

My salutations to You from front and from behind. O Lord, my obeisances to You from all sides. You are infinite valor and the boundless might. You pervade everything, and therefore You are everywhere and in everything. (11.40)

सखेति मत्वा प्रसभं यद् उक्तं  
 हे कृष्ण हे यादव हे सखेति ।  
 अजानता महिमानं तवेदं  
 मया प्रमादात् प्रणयेन वापि ॥४१॥  
 sakheti matvā prasabham yad uktam  
 he kṛṣṇa he yādava he sakheti  
 ajānatā mahimānaṁ tave'dam  
 myā pramādāt praṇayena vāpi

Considering You merely as a friend, and not knowing Your greatness, I have inadvertently addressed You as O Kṛṣṇa, O Yādava, O friend, etc. merely out of affection or carelessness. (11.41)

यच् चावहासार्थम् असत्कृतोऽसि  
 विहारशय्यासनभोजनेषु ।  
 एकोऽथवाप्य् अच्युत तत्समक्षं  
 तत् क्षामये त्वाम् अहम् अप्रमेयम् ॥४२॥  
 yac cā'vahāsārtham asatkṛto 'si  
 vihāra śayyāsana bhojaneṣu  
 eko 'thavāpy acyuta tat samakṣam  
 tat kṣāmaye tvām aham aprameyam

In whatever way I may have insulted You in jokes; while playing, reposing in bed, sitting, or at meals; when alone or in front of

others, O Kṛṣṇa, the immeasurable One, I implore You for forgiveness. (11.42)

पितासि लोकस्य चराचरस्य  
 त्वम् अस्य पूज्यश्च गुरुर् गरीयान् ।  
 न त्वत्समोऽस्त्य् अभ्यधिकः कुतोऽन्यो  
 लोकत्रयेऽप्य् अप्रतिमप्रभाव ॥४३॥  
 pitā'si lokasya carācarasya  
 tvam asya pūjyaśca gurur garīyān  
 na tvatsamo 'sty abhyadhikaḥ kuto 'nyo  
 lokatraye 'py apratima prabhāva

You are the father of this animate and inanimate world and the greatest Guru to be worshipped. No one is even equal to You in the three worlds; how can there be one greater than You, O Being of incomparable glory? (11.43)

तस्मात् प्रणम्य प्रणिधाय कायं  
 प्रसादये त्वाम् अहम् ईशम् ईड्यम् ।

पितेव पुत्रस्य सखेव सख्युः  
 प्रियः प्रियायाहंसि देव सोढुम् ॥४४॥  
 tasmāt praṇamya praṇidhāya kāyaṁ  
 prasādaye tvām aham īśam īḍyam  
 piteva putrasya sakheva sakhyuḥ  
 priyaḥ priyāyā'rhasi deva soḍhum

Therefore, O adorable Lord, I seek Your mercy by bowing down and prostrating my body before You. Bear with me as a father to his son, as a friend to a friend, and as a husband to his wife, O Lord. (11.44)

अदृष्टपूर्वं हृषितोऽस्मि दृष्ट्वा  
 भयेन च प्रव्यथितं मनो मे ।  
 तद् एव मे दर्शय देव रूपं

प्रसीद देवेश जगन्निवास ॥४५॥  
 adṛṣṭapūrvam hr̥ṣito 'smi dṛṣṭvā  
 bhayena ca pravyathitam mano me  
 tad eva me darśaya deva rūpaṁ  
 prasīda deveśa jagannivāsa

I am delighted by beholding that which has never been seen before, and yet my mind is tormented with fear. Therefore, O God of celestial rulers (Devas), the refuge of the universe, have mercy on me and show me that (four-armed) form. (11.45)

किरीटिनं गदिनं चक्रहस्तम्  
 इच्छामि त्वां द्रष्टुम् अहं तथैव ।  
 तेनैव रूपेण चतुर्भुजेन  
 सहस्रबाहो भव विश्वमूर्ते ॥४६॥  
 kirīṭinaṁ gadinam cakrahastam  
 icchāmi tvāṁ draṣṭum ahaṁ tathai'va  
 tenai'va rūpeṇa caturbhujena  
 sahasrabāho bhava viśvamūrte

I wish to see You with a crown, holding mace and discus in Your hand. Therefore, O Lord, with a thousand arms and universal form, please appear in the four-armed form. (11.46)

श्रीभगवानुवाच  
 मया प्रसन्नेन तवार्जुनेदं  
 रूपं परं दर्शितम् आत्मयोगात् ।  
 तेजोमयं विश्वम् अनन्तम् आद्यं  
 यन् मे त्वदन्येन न दृष्टपूर्वम् ॥४७॥  
 śrī bhagavān uvāca  
 mayā prasannena tavā'rjune'dam  
 rūpaṁ param darśitam ātmayogāt  
 tejomayaṁ viśvam anantam ādyaṁ  
 yan me tvadanyena na dṛṣṭapūrvam

The Supreme Lord said: O Arjuna, being pleased with you I have shown you, through My own yogic powers, My particular supreme, shining, universal, infinite, and primal form that has never been seen before by anyone other than you. (11.47)

न वेदयज्ञाध्ययनैर् न दानैर्  
 न च क्रियाभिर् न तपोभिर् उग्रैः ।  
 एवरूपः शक्य अहं नृलोके  
 द्रष्टुं त्वदन्येन कुरुप्रवीर ॥४८॥  
 na vedayajñādhyayanair na dānair  
 na ca kriyābhir na tapobhir ugraiḥ  
 evamrūpaḥ śakya ahaṁ nṛloke  
 draṣṭuṁ tvadanyena kurupravīra

O Arjuna, neither by study of the Vedas nor by sacrifice nor by charity nor by rituals nor by severe austerities can I be seen in this cosmic form by anyone other than you in this human world. (11.48)

मा ते व्यथा मा च विमूढभावो  
 दृष्ट्वा रूपं घोरम् ईदृङ्ममेदम् ।  
 व्यपेतभीः प्रीतमनाः पुनस् त्वं  
 तद् एव मे रूपम् इदं प्रपश्य ॥४९॥  
 mā te vyathā mā ca vimūḍhabhāvo  
 dṛṣṭvā rūpaṁ ghoram īdṛṅ mame'dam  
 vyapetabhīḥ prītamanāḥ punas tvaṁ  
 tad eva me rūpaṁ idaṁ prapaśya

Do not be perturbed and confused by seeing such a terrible form as this. With fearless and cheerful mind, now behold My four-armed form. (11.49)

संजय उवाच  
 इत्य् अर्जुनं वासुदेवस् तथोक्त्वा  
 स्वकं रूपं दर्शयामास भूयः ।  
 आश्वासयामास च भीतम् एनं

भूत्वा पुनः सौम्यवपुर् महात्मा ॥५०॥  
 saṁjaya uvāca  
 ity arjunam vāsudevas tatho'ktvā  
 svakam rūpam darśayāmāsa bhūyaḥ  
 āśvāsayāmāsa ca bhītam enam  
 bhūtvā punaḥ saumyavapur mahātmā

Samjaya said: After speaking like this to Arjuna, Kṛṣṇa revealed His four-armed form. And then assuming His pleasant human form, Lord Kṛṣṇa, the Great One, consoled Arjuna, who was terrified. (11.50)

अर्जुन उवाच  
 दृष्ट्वेदं मानुषं रूपं तव सौम्यं जनार्दन ।  
 इदानीम् अस्मि संवृत्तः सचेताः प्रकृतिं गतः ॥५१॥  
 arjuna uvāca  
 dr̥ṣṭve'dam mānuṣam rūpam tava saumyam janārdana  
 idānīm asmi saṁvṛttaḥ sacetaḥ prakṛtiṁ gataḥ

Arjuna said: O Kṛṣṇa, seeing this lovely human form of Yours, I have now become tranquil and normal again. (11.51)

श्रीभगवानुवाच  
 सुदुर्दर्शम् इदं रूपं दृष्टवानसि यन् मम ।  
 देवा अप्य् अस्य रूपस्य नित्यं दर्शनकाङ्क्षिणः ॥५२॥  
 śrī bhagavān uvāca  
 sudurdarśam idaṁ rūpam dr̥ṣṭavānasi yan mama  
 devā apy asya rūpasya nityam darśana kāṅkṣiṇaḥ  
 The Supreme Lord said: This (four-armed) form of Mine that you have seen is very difficult, indeed, to see. Even celestial controllers (Devas) are ever longing to see this form. (11.52)

नाहं वेदैर् न तपसा न दानेन न चेज्यया ।  
 शक्य एवविधो द्रष्टुं दृष्टवानसि मां यथा ॥५३॥  
 nā'ham vedair na tapasā na dānena na ce'jyayā  
 śakya evaṁvidho draṣṭum dr̥ṣṭavānasi mām yathā

This (four-armed) form of Mine that you have just seen cannot be seen even by study of the Vedas or by austerity or by acts of charity or by the performance of rituals. (See also KaU 2.23) (11.53)

भक्त्या त्व् अनन्यया शक्य अहम् एवविधोऽर्जुन ।  
 ज्ञातुं द्रष्टुं च तत्त्वेन प्रवेष्टुं च परंतप ॥५४॥  
 bhaktyā tv ananyayā śakya aham evaṁvidho'rjuna  
 jñātuṁ draṣṭuṁ ca tattvena praveṣṭuṁ ca paraṁtapa

However, through single-minded devotion alone, I can be seen in this form, can be known in essence, and also can be reached, O Arjuna. (11.54)

मत्कर्मकृन् मत्परमो मद्भक्तः सङ्गवर्जितः ।  
 निर्वैरः सर्वभूतेषु यः स माम् एति पाण्डव ॥५५॥  
 matkarmakṛn matparamo madbhaktaḥ saṅgavarjitaḥ  
 nirvairāḥ sarvabhūteṣu yaḥ sa mām eti pāṇḍava

One who does all works for Me and to whom I am the supreme goal, who is my devotee, who has no attachment, and who is free from enmity towards any being — attains Me, O Arjuna. (See also 8.22) (11.55)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
 श्रीकृष्णार्जुनसंवादे विश्वरूपदर्शनयोगो नाम एकादशोऽध्यायः ॥  
 OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
 yogaśāstre śrīkṛṣṇārjuna saṁvāde viśvarūpadarśanayogo  
 nāma ekādaśo'dhyāyaḥ

Thus ends the eleventh chapter named “Vision of the Cosmic Form” of the Upaniṣad of the Bhagavadgītā, the scripture of  
 yoga,  
 dealing with the science of the Absolute in the

form of the dialogue between  
Śrīkṛṣṇa and Arjuna.

अथ द्वादशोऽध्यायः

**CHAPTER 12**

भक्तियोगः

**PATH OF DEVOTION**

अर्जुन उवाच

एवं सततयुक्ता ये भक्तास् त्वां पर्युपासते ।

ये चाप्य् अक्षरम् अव्यक्तं तेषां के योगवित्तमाः ॥१॥

arjuna uvāca

evaṁ satata yuktā ye bhaktās tvāṁ paryupāsate

ye cāpy akṣaram avyaktaṁ teṣāṁ ke yogavittamāḥ

Arjuna said: Which of these has the best knowledge of yoga — those ever-steadfast devotees who thus worship You (as Kṛṣṇa, Your personal aspect) or those who worship Your impersonal aspect, the Eternal Being (Brahma)? (12.01)

श्रीभगवानुवाच

मय्य् आवेश्य मनो ये मां नित्ययुक्ता उपासते ।

श्रद्धया परयोपेतास् ते मे युक्ततमा मताः ॥२॥

śrī bhagavān uvāca

mayy āveśya mano ye mām nityayuktā upāsate

śraddhayā parayopetās te me yuktatamā matāḥ

The Supreme Lord said: I consider the best yogis to be those ever steadfast devotees (Bhaktas) who worship with supreme faith by fixing their mind on Me as their personal God. (See also 6.47) (12.02)

ये त्व् अक्षरम् अनिर्देश्यम् अव्यक्तं पर्युपासते ।

सर्वत्रगम् अचिन्त्यं च कूटस्थम् अचलं ध्रुवम् ॥३॥



ye tv akṣaram anirdeśyam avyaktaṁ paryupāsate  
 sarvatragam acintyaṁ ca kūṭastham acalaṁ dhruvam  
 संनियम्येन्द्रियग्रामं सर्वत्र समबुद्धयः ।  
 ते प्राप्नुवन्ति माम् एव सर्वभूतहिते रताः ॥४॥  
 saṁniyamye'ndriyagrāmaṁ sarvatra samabuddhayaḥ  
 te prāpnuvanti mām eva sarvabhūta hite ratāḥ

They also attain Me who worship the unchangeable, the inexplicable, the invisible, the omnipresent, the inconceivable, the unchanging, the immovable Eternal Being (Brahma), restraining all the senses, even-minded under all circumstances, engaged in the welfare of all creatures. (12.03-04)

क्लेशोऽधिकतरस् तेषाम् अव्यक्तासक्तचेतसाम् ।  
 अव्यक्ता हि गतिर् दुःखं देहवद्भिर् अवाप्यते ॥५॥  
 kleśo'dhikataras teṣāṁ avyaktāsaktacetāsām  
 avyaktā hi gatiṛ duḥkhaṁ dehavadbhir avāpyate

Self-realization is more difficult for those who fix their mind on the impersonal, unmanifest, Eternal Being (Brahma) because comprehension of the unmanifest by embodied beings is attained with difficulty. (12.05)

ये तु सर्वाणि कर्माणि मयि संन्यस्य मत्पराः ।  
 अनन्येनैव योगेन मां ध्यायन्त उपासते ॥६॥  
 ye tu sarvāṇi karmāṇi mayi saṁnyasya matparāḥ  
 ananyenaiva yogena mām dhyāyanta upāsate  
 तेषाम् अहं समुद्धर्ता मृत्युसंसारसागरात् ।  
 भवामि नचिरात् पार्थ मय्य् आवेशितचेतसाम् ॥७॥  
 teṣāṁ ahaṁ samuddhartā mṛtyu saṁsāra sāgarāt  
 bhavāmi nacirāt pārtha mayy āveśita cetasām

But for those who worship Me with unswerving devotion as their personal God, whose thoughts are set on My personal form, who offer all actions to Me, intent on Me as the Supreme, and meditate

on Me — I swiftly become their savior from the world that is the ocean of death and transmigration, O Arjuna. (12.06-07)

मय्येव मन आधत्स्व मयि बुद्धिं निवेशय ।  
निवसिष्यसि मय्येव अत ऊर्ध्वं न संशयः ॥८॥  
mayyeva mana ādhatsva mayi buddhiṁ niveśaya  
nivasiṣyasi mayyeva ata ūrdhvaṁ na saṁśayaḥ

Therefore, focus your mind on Me and let your intellect dwell upon Me alone (through meditation and contemplation). Thereafter, you shall certainly attain Me. (12.08)

अथ चित्तं समाधातुं न शक्नोषि मयि स्थिरम् ।  
अभ्यासयोगेन ततो माम् इच्छाप्तुं धनंजय ॥९॥  
atha cittam samādhātum na śaknoṣi mayi sthiram  
abhyāsa yogena tato mām icchāptum dhanamjaya

If you are unable to focus your mind steadily on Me, then long to attain Me, O Arjuna, by practice of (any other) spiritual discipline (Sādhanā) that suits you. (12.09)

अभ्यासेऽप्य् असमर्थोऽसि मत्कर्मपरमो भव ।  
मदर्थम् अपि कर्माणि कुर्वन् सिद्धिम् अवाप्स्यसि ॥१०॥  
abhyāse'py asamartho'si matkarmaparamo bhava  
madartham api karmāṇi kurvan siddhim avāpsyasi

If you are unable even to do any spiritual discipline (Sādhanā), then be intent on performing your duty for Me. You shall attain perfection just by working for Me (as an instrument, just to serve and please Me, without selfish motives). (See also 9.27, 18.46) (12.10)

अथैतद् अप्य् अशक्तोऽसि कर्तुं मद्योगम् आश्रितः ।  
सर्वकर्मफलत्यागं ततः कुरु यतात्मवान् ॥११॥  
athaitad apy aśakto'si kartum madyogam āśritaḥ  
sarva karmaphala tyāgam tataḥ kuru yatātmavān

If you are unable to work for Me, then just surrender unto My will and renounce (the attachment to, and the anxiety for) the fruits of all work with subdued mind (by learning to accept all results, as God's grace (Prasāda)) with equanimity. (12.11)

श्रेयो हि ज्ञानम् अभ्यासाज् ज्ञानाद् ध्यानं विशिष्यते ।  
 ध्यानात् कर्मफलत्यागस् त्यागाच् छान्तिर् अनन्तरम् ॥१२॥  
 śreyo hi jñānam abhyāsāj jñānād dhyānaṁ viśiṣyate  
 dhyānāt karmaphala tyāgas tyāgāc chāntir anantaram

The knowledge of scriptures is better than mere ritualistic practice; meditation is better than scriptural knowledge; Tyāga, or renunciation of (the selfish attachment to) the fruits of work is better than meditation; peace immediately follows Tyāga. (See more on renunciation in 18.02, 18.09) (12.12)

अद्वेष्टा सर्वभूतानां मैत्रः करुण एव च ।  
 निर्ममो निरहंकारः समदुःखसुखः क्षमी ॥१३॥  
 adveṣṭā sarva bhūtānām maitraḥ karuṇa eva ca  
 nirmamo nirahaṅkāraḥ samaduḥkhasukhaḥ kṣamī  
 संतुष्टः सततं योगी यतात्मा दृढनिश्चयः ।  
 मय्य् अर्पितमनोबुद्धिर् यो मद्भक्तः स मे प्रियः ॥१४॥  
 saṁtuṣṭaḥ satataṁ yogī yatātmā dṛḍhaniścayaḥ  
 mayy arpita manobuddhir yo madbhaktaḥ sa me priyaḥ

One is dear to me who does not hate any creature, who is friendly and compassionate, free from the notion of “I” and “my”, even-minded in pain and pleasure, forgiving; and the yogī who is ever content, who has subdued the mind, whose resolve is firm, whose mind and intellect are engaged in dwelling upon Me, and who is devoted to Me. (12.13-14)

यस्मान् नोद्विजते लोको लोकान् नोद्विजते च यः ।  
 हर्षामर्षभयोद्वेगैर् मुक्तो यः स च मे प्रियः ॥१५॥  
 yasmān nodvijate loko lokān nodvijate ca yaḥ

harṣāmarṣabhayodvegair mukto yaḥ sa ca me priyaḥ

One is also dear to Me who does not agitate others and who is not agitated by them, who is free from joy, envy, fear, and anxiety. (12.15)

अनपेक्षः शुचिर् दक्ष उदासीनो गतव्यथः ।  
सर्वारम्भपरित्यागी यो मद्भक्तः स मे प्रियः ॥१६॥  
anapekṣaḥ śucir dakṣa udāsīno gatavyathaḥ  
sarvārambha parityāgī yo madbhaktaḥ sa me priyaḥ

One who is desireless, pure, wise, impartial, and free from anxiety; who has renounced the doership in all undertakings — such a devotee is dear to Me. (12.16)

यो न हृष्यति न द्वेष्टि न शोचति न काङ्क्षति ।  
शुभाशुभपरित्यागी भक्तिमान् यः स मे प्रियः ॥१७॥  
yo na hr̥ṣyati na dveṣṭi na śocati na kāṅkṣati  
śubhāśubha parityāgī bhaktimān yaḥ sa me priyaḥ

One who neither rejoices nor grieves, neither likes nor dislikes, who has renounced both the good and the evil and is full of devotion — is dear to Me. (12.17)

समः शत्रौ च मित्रे च तथा मानापमानयोः ।  
शीतोष्णसुखदुःखेषु समः सङ्गविवर्जितः ॥१८॥

samaḥ śatrau ca mitre ca tathā mānāpamānayoḥ  
śītoṣṇa sukha duḥkheṣu samaḥ saṅgavivarjitaḥ  
तुल्यनिन्दास्तुतिर् मौनी संतुष्टो येन केनचित् ।  
अनिकेतः स्थिरमतिर् भक्तिमान् मे प्रियो नरः ॥१९॥  
tulya nindā stutir maunī saṁtuṣṭo yena kenacit  
aniketaḥ sthiramatir bhaktimān me priyo naraḥ

One who remains the same towards friend or foe, in honor or disgrace, in heat or cold, in pleasure or pain; who is free from attachment; who is indifferent to censure or praise, quiet, content with whatever one has, unattached to a place (a country, or a house), tranquil, and full of devotion — that person is dear to Me. (12.18-19)

ये तु धर्म्यामृतम् इदं यथोक्तं पर्युपासते ।  
 श्रद्धधाना मत्परमा भक्तास् तेऽतीव मे प्रियाः ॥२०॥  
 ye tu dharmyāmṛtam idaṁ yathoktaṁ paryupāsate  
 śraddadhānā matparamā bhaktās te'tīva me priyāḥ

But those faithful devotees are very dear to Me who set Me as their supreme goal and follow (or just sincerely try to develop) the above mentioned nectar of moral values. (12.20)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
 श्रीकृष्णार्जुनसंवादे भक्तियोगो नाम द्वादशोऽध्यायः ॥  
 OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyāṁ  
 yogaśāstre śrīkṛṣṇārjuna saṁvāde bhaktiyogo  
 nāma dvādaśo'dhyāyaḥ

Thus ends the twelfth chapter named “Path of Devotion” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between Śrīkṛṣṇa and Arjuna.

अथ त्रयोदशोऽध्यायः

### CHAPTER 13

क्षेत्रक्षेत्रज्ञविभागयोगः

### CREATION AND THE CREATOR

श्रीभगवानुवाच

इदं शरीरं कौन्तेय क्षेत्रम् इत्य् अभिधीयते ।  
 एतद् यो वेत्ति तं प्राहुः क्षेत्रज्ञ इति तद्विदः ॥१॥  
 śrī bhagavān uvāca  
 idaṁ śarīraṁ kaunteya kṣetram ity abhidhīyate  
 etad yo vetti taṁ prāhuḥ kṣetrajñā itī tadvidāḥ

The Supreme Lord said: O Arjuna, this physical body, the miniature universe, may be called the field or creation. One who knows the creation is called the creator (or Ātmā) by the seers of truth. (13.01)

क्षेत्रज्ञं चापि मां विद्धि सर्वक्षेत्रेषु भारत ।  
 क्षेत्रक्षेत्रज्ञयोर् ज्ञानं यत् तज् ज्ञानं मतं मम ॥२॥  
 kṣetrajñāṁ cā'pi mām viddhi sarvakṣetreṣu bhārata  
 kṣetra kṣetrajñayor jñānaṁ yat taj jñānaṁ mataṁ mama

O Arjuna, know Me to be the creator of all creation. I consider the true understanding of both the creator and creation to be transcendental (or metaphysical) knowledge. (13.02)

तत् क्षेत्रं यच् च यादृक् च यद्विकारि यतश्च यत् ।  
 स च यो यत्प्रभावश्च तत् समासेन मे शृणु ॥३॥  
 tat kṣetraṁ yac ca yādṛk ca yadvikāri yataśca yat  
 sa ca yo yat prabhāvaśca tat samāsenā me śṛṇu

What creation is, what it is like, what its transformations are, where its source is, who that creator is, and what His powers are — hear all these from Me in brief. (13.03)

ऋषिभिर् बहुधा गीतं चन्दोभिर् विविधैः पृथक् ।  
 ब्रह्मसूत्रपदैश्चैव हेतुमद्भिर् विनिश्चितैः ॥४॥  
 ṛṣibhir bahudhā gītaṁ chandobhir vividhaiḥ pṛthak  
 brahmasūtrapadais cai'va hetumadbhir viniścitaiḥ

The seers have separately described the creation and the creator in different ways in the Vedic hymns and also in the conclusive and convincing verses of the Brahma-Sūtra. (13.04)

महाभूतान्य् अहंकारो बुद्धिर् अव्यक्तम् एव च ।  
 इन्द्रियाणि दशैकं च पञ्च चेन्द्रियगोचराः ॥५॥  
 mahābhūtāny ahaṁkāro buddhir avyaktam eva ca  
 indriyāṇi daśai'kaṁ ca pañca ce'ndriyagocarāḥ  
 इच्छा द्वेषः सुखं दुःखं संघातश्चेतना धृतिः ।  
 एतत् क्षेत्रं समासेन सविकारम् उदाहृतम् ॥६॥  
 icchā dveṣaḥ sukhaṁ duḥkhaṁ saṁghātaś cetanā dhṛtiḥ  
 etat kṣetraṁ samāseṇa savikāram udāhṛtam

The primary material Nature (Ādi Prakṛti or Avyakta), cosmic intellect (Mahat), "I" consciousness or ego, five basic elements, ten organs, mind, five sense objects, and desire, hatred, pleasure, pain, the physical body, consciousness, and resolve — thus the entire field has been briefly described with its transformations. (See also 7.04) (13.05-06)

अमानित्वम् अदम्भित्वम् अहिंसा क्षान्तिर् आर्जवम् ।  
 आचार्योपासनं शौचं स्थैर्यम् आत्मविनिग्रहः ॥७॥  
 amānitvam adambhitvam ahimsā kṣāntir ārjavam  
 ācāryopāsanam śaucaṁ sthairyam ātmavinigrahaḥ  
 इन्द्रियार्थेषु वैराग्यम् अनहंकार एव च ।  
 जन्ममृत्युजराव्याधि-दुःखदोषानुदर्शनम् ॥८॥  
 indriyārtheṣu vairāgyam anahaṁkāra eva ca  
 janma mṛtyu jarā vyādhi-duḥkha doṣānudarśanam

Humility, modesty, nonviolence, forgiveness, honesty, service to guru, purity (of thought, word, and deed), steadfastness, self-control, aversion for sense objects, absence of ego, constant reflection on the pain and suffering inherent in birth, old age, disease, and death; (13.07-08)

असक्तिर् अनभिष्वङ्गः पुत्रदारगृहादिषु ।  
 नित्यं च समचित्तत्वम् इष्टानिष्टोपपत्तिषु ॥९॥  
 asaktir anabhiṣvaṅgaḥ putra dāra grhādiṣu  
 nityaṁ ca samacittatvam iṣṭā'niṣṭopapattiṣu  
 मयि चानन्ययोगेन भक्तिर् अव्यभिचारिणी ।  
 विविक्तदेशसेवित्वम् अरतिर् जनसंसदि ॥१०॥  
 mayi cā'nanyayogena bhaktir avyabhicāriṇī  
 vivikta deśa sevitvam aratir janasaṁsadi

अध्यात्मज्ञाननित्यत्वं तत्त्वज्ञानार्थदर्शनम् ।  
 एतज् ज्ञानम् इति प्रोक्तम् अज्ञानं यद् अतोऽन्यथा ॥११॥  
 adhyātma jñāna nityatvaṁ tattva jñānārtha darśanam  
 etaj jñānam iti proktam ajñānaṁ yad ato'nyathā

Detachment, non-fondness with son, wife, home, etc.; unflinching equanimity upon attainment of the desirable and the undesirable and unswerving devotion to Me through single-minded contemplation, taste for solitude, distaste for social gatherings and gossips, steadfastness in acquiring knowledge of Eternal Being (Brahma), and seeing the omnipresent Supreme Being (Para-Brahma, Kṛṣṇa) everywhere — this is said to be knowledge. That which is contrary to this is ignorance. (13.09-11)

ज्ञेयं यत् तत् प्रवक्ष्यामि यज् ज्ञात्वाऽमृतम् अश्नुते ।  
 अनादिमत् परं ब्रह्म न सत् तन् नासद् उच्यते ॥१२॥  
 jñeyaṁ yat tat pravakṣyāmi yaj jñātvā'mṛtam aśnute  
 anādimat paraṁ brahma na sat tan nā'sad ucyate

I shall fully describe the object of knowledge — knowing which, one attains immortality. The beginningless Supreme Being (Para-Brahma) is said to be neither eternal (Sat) nor temporal (Asat). (See also 9.19, 11.37, and 15.18) (13.12)

सर्वतःपाणिपादं तत् सर्वतोऽक्षिशिरोमुखम् ।



सर्वतःश्रुतिमल् लोके सर्वम् आवृत्य तिष्ठति ॥१३॥  
 sarvataḥ pāṇipādaṁ tat sarvato'kṣīsiromukham  
 sarvataḥ śrutimal loke sarvam āvṛtya tiṣṭhati

The Eternal Being (Brahma) has His hands, feet, eyes, head, mouth, and ears everywhere because He is all-pervading and omnipresent. (See also RV 10.81.03, ShU 3.16) (13.13)

सर्वेन्द्रियगुणाभासं सर्वेन्द्रियविवर्जितम् ।  
 असक्तं सर्वभृच् चैव निर्गुणं गुणभोक्तृ च ॥१४॥  
 sarvendriya guṇābhāsaṁ sarvendriya vivarjitam  
 asaktaṁ sarvabhṛc cai'va nirguṇaṁ guṇabhokṭṛ ca

He is the perceiver of all sense objects without the physical sense organs; unattached, and yet the sustainer of all; devoid of three modes (Guṇas) of material Nature (Prakṛti), and yet the enjoyer of the Guṇas of Prakṛti (by becoming a living entity (Jiva)). (13.14)

बहिर् अन्तश्च भूतानाम् अचरं चरम् एव च ।  
 सूक्ष्मत्वात् तद् अविज्ञेयं दूरस्थं चान्तिके च तत् ॥१५॥  
 bahir antaśca bhūtānām acaraṁ caram eva ca  
 sūkṣmatvāt tad avijñeyaṁ dūrasthaṁ cā'ntike ca tat

He is inside as well as outside all beings, animate and inanimate. He is incomprehensible because of His subtlety. And because of His omnipresence, He is very near — residing in one's inner psyche — as well as far away in the Supreme Abode (Paramadhāma). (13.15)

अविभक्तं च भूतेषु विभक्तम् इव च स्थितम् ।  
 भूतभर्तृ च तज् ज्ञेयं ग्रसिष्णु प्रभविष्णु च ॥१६॥  
 avibhaktaṁ ca bhūteṣu vibhaktaṁ iva ca sthitam  
 bhūta bhartṛ ca taj jñeyaṁ grasiṣṇu prabhaviṣṇu ca

He is undivided, yet appears to exist as if divided in beings. He, the object of knowledge, appears as: Brahmā, the creator; Viṣṇu, the sustainer; and Śiva, the destroyer of all beings. (See also 11.13, and 18.20) (13.16)

ज्योतिषाम् अपि तज् ज्योतिस् तमसः परम् उच्यते ।  
ज्ञानं ज्ञेयं ज्ञानगम्यं हृदि सर्वस्य विष्ठितम् ॥१७॥

jyotiṣām api taj jyotis tamaśaḥ param ucyate  
jñānaṁ jñeyaṁ jñānagamyam ḥṛdi sarvasya viṣṭhitam

Para-Brahma, the Supreme Person, is the source of all light. He is said to be beyond darkness (of ignorance or Māyā). He is the Self-knowledge, the object of Self-knowledge, and seated in the inner psyche (or the causal heart as consciousness (See verse 18.61)) of all beings, He is to be realized by Self-knowledge (Jñāna, Tāratamya-Jñāna, Brahma-vidyā). (See also 15.06 and 15.12, and MuU 3.01.07, ShU 3.08) (13.17)

इति क्षेत्रं तथा ज्ञानं ज्ञेयं चोक्तं समासतः ।  
मद्भक्त एतद् विज्ञाय मद्भावायोपपद्यते ॥१८॥  
iti kṣetraṁ tathā jñānaṁ jñeyaṁ co'ktaṁ samāsataḥ  
madbhakta etad vijñāya madbhāvāyo'papadyate

Thus, I have briefly described creation as well as knowledge and the object of knowledge. Understanding this, My devotee attains My supreme abode. (13.18)

प्रकृतिं पुरुषं चैव विद्ध्य अनादी उभाव् अपि ।  
विकारांश्च गुणांश्चैव विद्धि प्रकृतिसंभवान् ॥१९॥  
prakṛtiṁ puruṣaṁ caiva viddhy anādī ubhāv api  
vikārāṁśca guṇāṁścaiva viddhi prakṛtisambhavan  
कार्यकरणकर्तृत्वे हेतुः प्रकृतिर् उच्यते ।  
पुरुषः सुखदुःखानां भोक्तृत्वे हेतुर् उच्यते ॥२०॥

kārya karaṇa kartṛtve hetuḥ prakṛtir ucyate  
 puruṣaḥ sukhaduḥkhānām bhokṛtve hetur ucyate  
 Know that both material Nature (Prakṛti) and Spiritual Being (Puruṣa) are beginningless. All manifestations and three dispositions of mind and matter, called modes or Guṇas, are born of Prakṛti. Prakṛti is said to be the cause of production of the physical body and organs (of perception and action). Puruṣa (Consciousness) is said to be the cause of experiencing pleasure and pain. (13.19-20)

पुरुषः प्रकृतिस्थो हि भुङ्क्ते प्रकृतिजान् गुणान् ।  
 कारणं गुणसङ्गोऽस्य सदसद्योनिजन्मसु ॥२१॥  
 puruṣaḥ prakṛtistho hi bhukṛte prakṛtijān guṇān  
 kāraṇaṁ guṇa saṅgo'sya sad asad yoni janmasu

Spiritual Being (Puruṣa) enjoys three modes (Guṇas) of material Nature (Prakṛti) by associating with Prakṛti. Attachment to the Guṇas (due to ignorance caused by previous Karma) is the cause of birth of the living entity (Jīva) in good and evil wombs. (13.21)

उपद्रष्टानुमन्ता च भर्ता भोक्ता महेश्वरः ।  
 परमात्मेति चाप्युक्तो देहेऽस्मिन् पुरुषः परः ॥२२॥  
 upadraṣṭā'numantā ca bhartā bhoktā maheśvaraḥ  
 paramātmēti cāpy ukto dehe'smin puruṣaḥ paraḥ

Eternal Being (Brahma, Ātmā, Spirit) in the body is also called the witness, the guide, the supporter, the enjoyer, the great Lord, and also the Supreme Self. (13.22)

य एवं वेत्ति पुरुषं प्रकृतिं च गुणैः सह ।  
 सर्वथा वर्तमानोऽपि न स भूयोऽभिजायते ॥२३॥  
 ya evaṁ vetti puruṣaṁ prakṛtiṁ ca guṇaiḥ saha  
 sarvathā vartamāno'pi na sa bhūyo'bhiajāyate

They who truly understand Spiritual Being (Puruṣa) and the material Nature (Prakṛti) with its three modes (Guṇas) are not born again, regardless of their way of life. (13.23)

ध्यानेनात्मनि पश्यन्ति केचिद् आत्मानमात्मना ।  
अन्ये सांख्येन योगेन कर्मयोगेन चापरे ॥२४॥  
dhyānenā'tmani paśyanti kecid ātmānam ātmanā  
anye sām̐khyena yogena karmayogena cā'pare

Some perceive the supersoul (Paramātmā) in their inner psyche through mind and intellect that have been purified by meditation or by metaphysical knowledge or by Karma-yoga. (13.24)

अन्ये त्व एवम् अजानन्तः श्रुत्वान्येभ्य उपासते ।  
तेऽपि चातितरन्त्य एव मृत्युं श्रुतिपरायणाः ॥२५॥  
anye tv evam ajānantaḥ śrutvā'nyebhya upāstate  
te'pi cā'titaranty eva mṛtyuṁ śrutiparāyaṇāḥ

Others, however, do not know the yogas of meditation, knowledge, and work; but they perform deity worship with faith, as mentioned in the scriptures by the saints and sages. They also transcend death by virtue of their firm faith in what they have heard. (13.25)

यावत् संजायते किञ्चित् सत्त्वं स्थावरजङ्गमम् ।  
क्षेत्रक्षेत्रज्ञसंयोगात् तद् विद्धि भरतर्षभ ॥२६॥  
yāvat saṁjāyate kiñcit sattvaṁ sthāvara jaṅgamam  
kṣetrakṣetrajña saṁyogāt tad viddhi bharatarṣabha

Whatever is born — animate or inanimate — know them to be born from the union of the field (Prakṛti or matter) and the field knower (Puruṣa or Spirit), O Arjuna. (See also 7.06) (13.26)

समं सर्वेषु भूतेषु तिष्ठन्तं परमेश्वरम् ।  
विनश्यत्स्व् अविनश्यन्तं यः पश्यति स पश्यति ॥२७॥

samañ sarveṣu bhūteṣu tiṣṭhantañ parameśvaram  
vinaśyatsv avinaśyantañ yaḥ paśyati sa paśyati

The one who sees the same eternal Supreme Lord dwelling as Spirit (Ātmā) equally within all mortal beings, truly sees. (13.27)

समं पश्यन् हि सर्वत्र समवस्थितम् ईश्वरम् ।  
न हिनस्त्य् आत्मनात्मानं ततो याति परां गतिम् ॥१८॥

samañ paśyan hi sarvatra samavasthitam īśvaram  
na hinasty ātmanā'tmānañ tato yāti parāñ gatim

Because of beholding one and the same Lord existing equally in every being, one does not injure anybody, as everything is one's own self. And thereupon attains the supreme abode. (13.28)

प्रकृत्यैव च कर्माणि क्रियमाणानि सर्वशः ।  
यः पश्यति तथात्मानम् अकर्तारं स पश्यति ॥१९॥

prakṛtyai'va ca karmāṇi kriyamāṇāni sarvaśaḥ  
yaḥ paśyati tathā'tmānam akartārañ sa paśyati

One who perceives that all works are done by the powers (Guṇas) of material Nature (Prakṛti) alone and thus does not consider oneself (or the Ātmā) as the doer, that person truly understands. (See also 3.27, 5.09, and 14.19) (13.29)

यदा भूतपृथग्भावम् एकस्थम् अनुपश्यति ।  
तत एव च विस्तारं ब्रह्म संपद्यते तदा ॥३०॥

yadā bhūtapṛthagbhāvam ekastham anupaśyati  
tata eva ca vistārañ brahma sañpadyate tadā

The moment one discovers the diverse variety of beings and their ideas abiding in One and coming out from That alone, one attains the Supreme Being (Para-Brahma). (13.30)

अनादित्वान् निर्गुणत्वात् परमात्मायम् अव्ययः ।

शरीरस्थोऽपि कौन्तेय न करोति न लिप्यते ॥३१॥  
 anādityān nirguṇatvāt paramātmā'yam avyayaḥ  
 śārīrastho'pi kaunteya na karoti na lipyate

Because of being beginningless and unaffected by the three modes of material Nature, the eternal supersoul (Paramātmā) — even though dwelling in the body as a living entity (Jīva) — neither does anything nor becomes tainted, O Arjuna. (13.31)

यथा सर्वगतं सौक्ष्म्याद् आकाशं नोपलिप्यते ।  
 सर्वत्रावस्थितो देहे तथात्मा नोपलिप्यते ॥३२॥  
 yathā sarvagataṁ saukṣmyād ākāśaṁ no'palipyate  
 sarvatrā'vasthito dehe tathā'tmā no'palipyate

Just as the all-pervading space is not tainted because of its subtlety, similarly, Spirit (Ātmā), abiding in all bodies, is not tainted. (13.32)

यथा प्रकाशयत्य् एकः कृत्स्नं लोकम् इमं रविः ।  
 क्षेत्रं क्षेत्री तथा कृत्स्नं प्रकाशयति भारत ॥३३॥  
 yathā prakāśayaty ekaḥ kṛtsnaṁ lokam imaṁ raviḥ  
 kṣetraṁ kṣetrī tathā kṛtsnaṁ prakāśayati bhārata

Just as one sun illuminates the entire world, similarly Eternal Being (Brahma) illumines (or gives life to) the entire creation, O Arjuna. (13.33)

क्षेत्रक्षेत्रज्ञयोर् एवम् अन्तरं ज्ञानचक्षुषा ।  
 भूतप्रकृतिमोक्षं च ये विदुर् यान्ति ते परम् ॥३४॥  
 kṣetra kṣetra-jñāyora evam antaraṁ jñāna cakṣuṣā  
 bhūtaprakṛti mokṣaṁ ca ye vidur yānti te param

They attain the Supreme, who perceive — with the eye of Self-knowledge — the difference between creation (or the body) and the creator (or the Ātmā), as well as know the technique (by using any one of the five paths — Selfless service, Knowledge, Devotion, Meditation, and Surrender) of liberation

of the living entity (Jīva) from the trap of divine illusory energy (Māyā). (13.34)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
श्रीकृष्णार्जुनसंवादे क्षेत्रक्षेत्रज्ञविभागयोगो नाम त्रयोदशोऽध्यायः ॥

OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
yogaśāstre śrīkṛṣṇārjuna saṁvāde kṣetrakṣetrajañnavibhāga yogo  
nāma trayodaśo'dhyāyaḥ

Thus ends the thirteenth chapter named “Creation and the  
Creator” of the Upaniṣad of the Bhagavadgītā, the scripture of  
yoga, dealing  
with the science of the Absolute in the form of the dialogue  
between Śrīkṛṣṇa and Arjuna.

अथ चतुर्दशोऽध्यायः

#### CHAPTER 14

गुणत्रयविभागयोगः

#### THREE GUṆAS OF NATURE

श्रीभगवानुवाच

परं भूयः प्रवक्ष्यामि ज्ञानानां ज्ञानम् उत्तमम् ।

यज् ज्ञात्वा मुनयः सर्वे परां सिद्धिम् इतो गताः ॥१॥

śrī bhagavān uvāca

param bhūyaḥ pravakṣyāmi jñānānām jñānam uttamam

yaj jñātvā munayaḥ sarve parāṁ siddhim ito gatāḥ

The Supreme Lord said: I shall further explain to you that supreme knowledge, the best of all knowledge, knowing which all the sages have attained supreme perfection after this life. (14.01)

इदं ज्ञानम् उपाश्रित्य मम साधर्म्यम् आगताः ।

सर्गेऽपि नोपजायन्ते प्रलये न व्यथन्ति च ॥२॥

idaṁ jñānam upāśritya mama sādharmaṁ āgatāḥ

sarge'pi no'pajāyante pralaye na vyathanti ca

They who have taken refuge in this transcendental knowledge attain unity with Me and are neither born at the time of creation nor afflicted at the time of dissolution. (14.02)

मम योनिर् महद् ब्रह्म तस्मिन् गर्भं दधाम्य् अहम् ।  
संभवः सर्वभूतानां ततो भवति भारत ॥३॥  
mama yonir mahad brahma tasmin garbham dadhāmy  
aham  
sambhavaḥ sarva bhūtānām tato bhavati bhārata

My material Nature (Prakṛti) is the womb of creation wherein I place the seed (of Consciousness or Puruṣa) from which all beings are born, O Arjuna. (See also 9.10) (14.03)

सर्वयोनिषु कौन्तेय मूर्तयः संभवन्ति याः ।  
तासां ब्रह्म महद् योनिर् अहं बीजप्रदः पिता ॥४॥  
sarva yoniṣu kaunteya mūrtayaḥ sambhavanti yāḥ  
tāsām brahma mahad yonir aham bijapradaḥ pitā

Whatever forms are produced in all different wombs, O Arjuna, the material Nature (Prakṛti) is their (body-giving) mother; and I, the Spiritual Being or Puruṣa, am the (seed or life-giving) father. (14.04)

सत्त्वं रजस् तम इति गुणाः प्रकृतिसंभवाः ।  
निबध्नन्ति महाबाहो देहे देहिनम् अव्ययम् ॥५॥  
sattvaṁ rajas tama iti guṇāḥ prakṛti sambhavāḥ  
nibadhnanti mahābāho dehe dehinam avyayam

Sattva or goodness, Rajas or passion, activity, and Tamas or ignorance, inertia — these three modes (Ropes, Guṇas) of material Nature (Prakṛti) fetter the eternal individual soul (Jīva) to the body, O Arjuna. (14.05)



तत्र सत्त्वं निर्मलत्वात् प्रकाशकम् अनामयम् ।  
 सुखसङ्गेन बध्नाति ज्ञानसङ्गेन चानघ ॥६॥  
 tatra sattvaṁ nirmalatvāt prakāśakam anāmayam  
 sukha saṅgena badhnāti jñāna saṅgena cā'nagha

Of these, the mode of goodness (Sattva) is illuminating and good because it is pure. Sattva fetters the living entity (Jīva) by attachment to happiness and knowledge, O sinless Arjuna. (14.06)

रजो रागात्मकं विद्धि तृष्णासङ्गसमुद्भवम् ।  
 तन् निबध्नाति कौन्तेय कर्मसङ्गेन देहिनम् ॥७॥  
 rajo rāgātmakam viddhi tṛṣṇāsaṅga samudbhavam  
 tan nibadhnāti kaunteya karma saṅgena dehinam

Arjuna, know that the mode of passion (Rajas) is characterized by intense craving and is the source of desire and attachment. Rajas binds the living entity (Jīva) by attachment to (the fruits of) work. (14.07)

तमस् त्व् अज्ञानजं विद्धि मोहनं सर्वदेहिनाम् ।  
 प्रमादालस्यनिद्राभिस् तन् निबध्नाति भारत ॥८॥  
 tamas tv ajñānajaṁ viddhi mohanaṁ sarvadehinām  
 pramādālasya nidrābhis tan nibadhnāti bhārata

Know, O Arjuna, that the mode of ignorance (Tamas) — the deluder of the living entity (Jīva) — is born of inertia. Tamas binds Jīva by carelessness, laziness, and excessive sleep. (14.08)

सत्त्वं सुखे सञ्जयति रजः कर्मणि भारत ।  
 ज्ञानम् आवृत्य तु तमः प्रमादे सञ्जयत्य् उत ॥९॥  
 sattvaṁ sukhe sañjayati rajaḥ karmaṇi bhārata  
 jñānam āvṛtya tu tamaḥ pramāde sañjayaty uta

O Arjuna, the mode of goodness attaches one to happiness (of learning and knowing the Eternal Being (Brahma)); the mode of passion attaches to action; and the mode of ignorance attaches to negligence by covering Self-knowledge. (14.09)

रजस् तमश् चाभिभूय सत्त्वं भवति भारत ।  
 रजः सत्त्वं तमश्चैव तमः सत्त्वं रजस् तथा ॥१०॥  
 rajas tamaś cā'bhībhūya sattvaṁ bhavati bhārata  
 rajaḥ sattvaṁ tamaścaiva tamaḥ sattvaṁ rajas tathā

Goodness prevails by suppressing passion and ignorance; passion prevails by suppressing goodness and ignorance; and ignorance prevails by suppressing goodness and passion, O Arjuna. (14.10)

सर्वद्वारेषु देहेऽस्मिन् प्रकाश उपजायते ।  
 ज्ञानं यदा तदा विद्याद् विवृद्धं सत्त्वम् इत्यु उत ॥११॥  
 sarvadvāreṣu dehe'smin prakāśa upajāyate  
 jñānaṁ yadā tadā vidyād vivṛddhaṁ sattvaṁ ity uta

When the light of Self-knowledge illuminates all the senses (or gates) in the body, then it should be known that goodness is predominant. (14.11)

लोभः प्रवृत्तिर् आरम्भः कर्मणाम् अशमः स्पृहा ।  
 रजस्य् एतानि जायन्ते विवृद्धे भरतर्षभ ॥१२॥  
 lobhaḥ pravṛttir ārambhaḥ karmaṇām aśamaḥ sprhā  
 rajasy etāni jāyante vivṛddhe bharatarṣabha

O Arjuna, when passion is predominant, greed, activity, undertaking of selfish work, restlessness, excitement, etc., arise. (14.12)

अप्रकाशोऽप्रवृत्तिश्च प्रमादो मोह एव च ।  
 तमस्य् एतानि जायन्ते विवृद्धे कुरुनन्दन ॥१३॥  
 aprakāśo'pravṛttiśca pramādo moha eva ca  
 tamasy etāni jāyante vivṛddhe kurunandana

O Arjuna, when inertia is predominant, ignorance, inactivity, carelessness, delusion, etc., arise. (14.13)

यदा सत्त्वे प्रवृद्धे तु प्रलयं याति देहभृत् ।  
तदोत्तमविदां लोकान् अमलान् प्रतिपद्यते ॥१४॥  
yadā sattve pravṛddhe tu pralayaṁ yāti dehabhṛt  
tado'ttamavidāṁ lokān amalān pratipadyate

One who dies when goodness dominates goes to heaven — the pure world of knowers of the Supreme. (14.14)

रजसि प्रलयं गत्वा कर्मसङ्गिषु जायते ।  
तथा प्रलीनस् तमसि मूढयोनिषु जायते ॥१५॥  
rajasi pralayaṁ gatvā karmasaṅgiṣu jāyate  
tathā pralīnas tamasi mūḍhayoniṣu jāyate

One who dies when passion dominates is reborn attached to action (or the utilitarian). One who dies in ignorance is reborn as a lower creature. (14.15)

कर्मणः सुकृतस्याहुः सात्त्विकं निर्मलं फलम् ।  
रजसस् तु फलं दुःखम् अज्ञानं तमसः फलम् ॥१६॥  
karmaṇaḥ sukṛtasyā'huḥ sāttvikaṁ nirmalaṁ phalam  
rajasas tu phalaṁ duḥkham ajñānaṁ tamasaḥ phalam

The fruit of good action is said to be beneficial and pure; the fruit of passionate action is pain; and the fruit of ignorant action is laziness. (14.16)

सत्त्वात् सञ्जायते ज्ञानं रजसो लोभ एव च ।  
प्रमादमोहौ तमसो भवतोऽज्ञानम् एव च ॥१७॥  
sattvāt sañjāyate jñānaṁ rajaso lobha eva ca  
pramādamohau tamaso bhavato'jñānam eva ca

Self-knowledge arises from the mode of goodness; greed arises from the mode of passion; and negligence, delusion, and slowness of mind arise from the mode of ignorance (Tamas). (14.17)

ऊर्ध्वं गच्छन्ति सत्त्वस्था मध्ये तिष्ठन्ति राजसाः ।  
जघन्यगुणवृत्तिस्था अधो गच्छन्ति तामसाः ॥१८॥  
ūrdhvaṁ gacchanti sattvsthā madhye tiṣṭhanti rājasāḥ  
jaghanya guṇa vṛttisthā adho gacchanti tāmasāḥ

They who are established in goodness go to heaven; passionate persons are reborn in the mortal world; and the ignorant, abiding in the lowest mode of ignorance (Tamo Guṇa), go to lower planets or hell (or take birth as lower creatures). (14.18)

नान्यं गुणेभ्यः कर्तारं यदा द्रष्टानुपश्यति ।  
गुणेभ्यश्च परं वेत्ति मद्भावं सोऽधिगच्छति ॥१९॥  
nā'nyam guṇebhyaḥ kartāraṁ yadā draṣṭā'nupaśyati  
guṇebhyaśca param vetti madbhāvaṁ so'dhigacchati

When visionaries perceive no doer other than the powers of Eternal Being — the modes (Guṇas) of material Nature — and know That which is above and beyond these Guṇas, then they attain salvation (Mukti). (See also 3.27, 5.09, and 13.29) (14.19)

गुणान् एतान् अतीत्य त्रीन् देही देहसमुद्भवान् ।  
जन्ममृत्युजरादुःखैर् विमुक्तोऽमृतम् अश्नुते ॥२०॥  
guṇān etān atītya trīn dehī deha samudbhavān  
janma mṛtyu jarā duḥkhair vimukto'mṛtam aśnute

When one transcends (or rises above) the three modes of material Nature that create (and/or originate in) the body, one attains immortality or salvation (Mukti) and is freed from the pains of birth, old age, and death. (14.20)

अर्जुन उवाच

कैर् लिङ्गैस् त्रीन् गुणान् एतान् अतीतो भवति प्रभो ।  
 किमाचारः कथं चैतांस् त्रीन् गुणान् अतिवर्तते ॥२१॥  
 arjuna uvāca  
 kair liṅgais trīn guṇān etān atīto bhavati prabho  
 kimācāraḥ katham cai'tāms trīn guṇān ativartate

Arjuna said: What are the marks of those who have transcended the three modes of material Nature, and what is their conduct? How does one transcend these three modes of material Nature, O Lord Kṛṣṇa? (14.21)

श्रीभगवानुवाच  
 प्रकाशं च प्रवृत्तिं च मोहम् एव च पाण्डव ।  
 न द्वेष्टि संप्रवृत्तानि न निवृत्तानि काङ्क्षति ॥२२॥  
 śrī bhagavān uvāca  
 prakāśam ca pravṛttim ca moham eva ca pāṇḍava  
 na dveṣṭi saṁpravṛttāni na nivṛttāni kāṅkṣati  
 उदासीनवद् आसीनो गुणैर् यो न विचाल्यते ।  
 गुणा वर्तन्त इत्य् एव योऽवतिष्ठति नेङ्गते ॥२३॥  
 udāsīnavad āsīno guṇair yo na vicālyate  
 guṇā vartanta ity eva yo'vatiṣṭhati ne'ngate

The Supreme Lord said: One who neither hates the presence of enlightenment, activity, and delusion nor desires for them when they are absent; who remains like a witness without being affected by the modes (Guṇas) of material Nature (Prakṛti); who stays firmly attached to the Lord without wavering — thinking that only the modes of material Nature (Guṇas of Prakṛti) are operating. (14.22-23)

समदुःखसुखः स्वस्थः समलोष्टाश्मकाञ्चनः ।  
 तुल्यप्रियाप्रियो धीरस् तुल्यनिन्दात्मसंस्तुतिः ॥२४॥  
 sama duḥkha sukhaḥ svasthaḥ sama loṣṭāśma kāñcanaḥ  
 tulyapriyāpriyo dhīras tulyanindātmasamstutiḥ  
 मानापमानयोस् तुल्यस् तुल्यो मित्रारिपक्षयोः ।  
 सर्वारम्भपरित्यागी गुणातीतः स उच्यते ॥२५॥

mānāpamānayos tulyas tulyo mitrāripakṣayoḥ  
sarvārambhaparityāgī guṇātītaḥ sa ucyate

And who depends on the Lord and is indifferent to pain and pleasure; to whom a clod, a stone, and gold are alike and to whom the dear and the unfriendly are alike; who is of firm mind, who is calm in censure and in praise and indifferent to honor and disgrace; who is impartial to friend and foe; and who has renounced the sense of doership — is said to have transcended the modes of material Nature. (14.24-25)

मां च योऽव्यभिचारेण भक्तियोगेन सेवते ।  
स गुणान् समतीत्यैतान् ब्रह्मभूयाय कल्पते ॥२६॥  
mām ca yo'vyabhicāreṇa bhaktiyogena sevate  
sa guṇān samatītyai'tān brahmabhūyāya kalpate

One who offers service to Me with love and unswerving devotion transcends the three modes of material Nature and becomes fit for Brahma-nirvāṇa. (See also 7.14 and 15.19) (14.26)

ब्रह्मणो हि प्रतिष्ठाहम् अमृतस्याव्ययस्य च ।  
शाश्वतस्य च धर्मस्य सुखस्यैकान्तिकस्य च ॥२७॥  
brahmaṇo hi pratiṣṭhā'ham amṛtasyā'vyayasya ca  
śāśvatasya ca dharmasya sukhasyai'kāntikasya ca

Because I am the basis of the immortal Eternal Being (Brahma), of everlasting order (Dharma), and of the absolute bliss (Ānanda). (14.27)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
श्रीकृष्णार्जुनसंवादे गुणत्रयविभागयोगो नाम चतुर्दशोऽध्यायः ॥  
OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
yogaśāstre śrīkṛṣṇārjuna saṁvāde guṇatrayavibhāgayogo  
nāma caturdaśo'dhyāyaḥ

Thus ends the fourteenth chapter named “Three Guṇas of Nature” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between Śrīkrṣṇa and Arjuna.

अथ पञ्चदशोऽध्यायः

### CHAPTER 15

पुरुषोत्तमयोगः

### THE SUPREME PERSON

श्रीभगवानुवाच

ऊर्ध्वमूलम् अधःशाखम् अश्वत्थं प्राहुर् अव्ययम् ।

छन्दांसि यस्य पर्णानि यस् तं वेद स वेदवित् ॥१॥

śrī bhagavān uvāca

ūrdhvamūlam adhaḥśākham aśvattham prāhur avyayam

chandāmsi yasya parṇāni yas taṁ veda sa vedavit

The Supreme Lord said: They speak of the eternal banyan tree that has its origin above in the Supreme Being (Para-Brahma) and its branches below in the cosmos and whose leaves are the Vedic hymns. One who understands this tree is a knower of the Vedas. (See also KaU 6.01, BP 11.12.20-24, and Gītā 10.08) (15.01)

अधश्चोर्ध्वं प्रसृतास् तस्य शाखा

गुणप्रवृद्धा विषयप्रवालाः।

अधश्च मूलान् अनुसंततानि

कर्मानुबन्धीनि मनुष्यलोके ॥२॥

adhaśco'rdhvaṁ prasṛtās tasya śākhā

guṇappravṛddhā viṣayappravālāḥ  
adhaśca mūlāny anusantatāni  
karmānubandhīni manuṣyaloke

The branches of this cosmic tree of Māyā (Illusion) spread all over the cosmos. The tree is nourished by three modes (Guṇas) of material Nature (Prakṛti); sense pleasures are its sprouts; and its roots of ego and desires stretch below in the human world, causing Kārmic bondage. (15.02)

न रूपम् अस्येह तथोपलभ्यते  
नान्तो न चादिर् न च संप्रतिष्ठा ।

अश्वत्थम् एनं सुविरूढमूलम्  
असङ्गशस्त्रेण हृदेन छित्त्वा ॥३॥  
na rūpam asye'ha tatho'palabhyate  
nā'nto na cā'dir na ca saṁpratiṣṭhā  
aśvattham enaṁ suvirūḍhamūlam  
asaṅgaśastreṇa hṛdhena chittvā  
ततः पदं तत् परिमार्गितव्यं  
यस्मिन् गता न निवर्तन्ति भूयः ।  
तम् एव चाद्यं पुरुषं प्रपद्ये  
यतः प्रवृत्तिः प्रसृता पुराणी ॥४॥  
tataḥ padaṁ tat parimārgitavyaṁ  
yasmin gatā na nivartanti bhūyaḥ  
tam eva cā'dyaṁ puruṣaṁ prapadye  
yataḥ pravṛttiḥ prasṛtā purāṇī

The real form of this tree is not perceptible here on earth, nor is its beginning, end, or existence. Having cut the firm roots — the desires — of this tree by the mighty ax of Self-knowledge and detachment, thinking, “I take refuge in that very primal person from which this primal manifestation comes forth,” — seek that supreme abode from which one does not return (to the mortal world). (15.03-04)



निर्मानमोहा जितसङ्गदोषा  
 अध्यात्मनित्या विनिवृत्तकामाः ।  
 द्वन्द्वैर् विमुक्ताः सुखदुःखसंज्ञैर्  
 गच्छन्त्य् अमूढाः पदम् अव्ययं तत् ॥५॥  
 nirmānamohā jītaśaṅgadoṣā  
 adhyātmanityā vinivṛttakāmāḥ  
 dvandvair vimuktāḥ sukhaduḥkhasamjñair  
 gacchanty amūḍhāḥ padam avyayaṁ tat

The wise reach that eternal goal, who are free from pride and delusion, who have conquered the evil of attachment, who constantly dwell in the Supreme Self with all lust (Kāma) completely stilled, and who are free from dualities of pleasure and pain. (15.05)

न तद् भासयते सूर्यो न शशाङ्को न पावकः ।  
 यद् गत्वा न निवर्तन्ते तद् धाम परमं मम ॥६॥  
 na tad bhāsayate sūryo na śaśāṅko na pāvakaḥ  
 yad gatvā na nivartante tad dhāma paramaṁ mama

The sun does not illumine there, nor the moon nor the fire. That is My supreme abode. Having reached there, people do not come back (to the temporal world). (See also 13.17 and 15.12, and KaU 5.15, ShU 6.14, MuU 2.02.10) (15.06)

ममैवांशो जीवलोके जीवभूतः सनातनः ।  
 मनः षष्ठानीन्द्रियाणि प्रकृतिस्थानि कर्षति ॥७॥  
 mamai'vā'mśo jīvaloke jīvabhūtaḥ sanātanaḥ  
 manaḥ ṣaṣṭhānī'ndriyāṇi prakṛtisthāni karṣati

The eternal individual soul (Jīvātmā) in the body of living beings is, indeed, My integral part. It associates with the six sensory faculties of perception — including the mind — and activates them. (15.07)

शरीरं यद् अवाप्नोति यच्च चाप्य् उत्क्रामतीश्वरः ।  
 गृहीत्वैतानि संयाति वायुर् गन्धान् इवाशयात् ॥८॥  
 śārīraṁ yad avāpnoti yac cāpy utkrāmatī'śvaraḥ  
 gr̥hītvai'tāni saṁyāti vāyur gandhān ivā'shayāt

Just as the air takes aroma away from the flower, similarly, the individual soul (Jīvātmā) takes the six sensory faculties from the physical body it casts off during death to the new physical body it acquires in reincarnation (by the power of Karma). (See also 2.13) (15.08)

श्रोत्रं चक्षुः स्पर्शनं च रसनं घ्राणम् एव च ।  
 अधिष्ठाय मनश्चायं विषयान् उपसेवते ॥९॥  
 śrotraṁ cakṣuḥ sparśanaṁ ca rasanam ghrāṇam eva ca  
 adhiṣṭhāya manaścā'yam viṣayān upasevate  
 उत्क्रामन्तं स्थितं वापि भुञ्जानं वा गुणान्वितम् ।  
 विमूढा नानुपश्यन्ति पश्यन्ति ज्ञानचक्षुषः ॥१०॥  
 utkrāmantam sthitam vā'pi bhujñānam vā guṇānvitam  
 vimūḍhā nā'nupaśyanti paśyanti jñāna cakṣuṣaḥ

The living entity (Jīva) enjoys sense pleasures using six sensory faculties of hearing, touch, sight, taste, smell, and mind. The ignorant cannot perceive Jīva departing from the body nor staying in the body and enjoying sense pleasures by associating with the modes of material Nature. But those who have the eye of Self-knowledge can see it. (15.09-10)

यतन्तो योगिनश्चैनं पश्यन्त्य् आत्मन् अवस्थितम् ।  
 यतन्तोऽप्य् अकृतात्मानो नैनं पश्यन्त्य् अचेतसः ॥११॥  
 yatanto yoginaścai'nam paśyanty ātmany avasthitam  
 yatanto'py akṛtā'tmāno nai'nam paśyanty acetasaḥ

The yogis, striving for perfection, behold the living entity (Jīva) abiding in their inner psyche (as consciousness), but the ignorant

and those whose inner psyche is not pure, even though striving, do not perceive Him. (15.11)

यद् आदित्यगतं तेजो जगद् भासयतेऽखिलम् ।  
 यच् चन्द्रमसि यच् चाग्नौ तत् तेजो विद्धि मामकम् ॥१२॥  
 yad ādityagataṁ tejo jagad bhāsayate'khilam  
 yac candramasi yac cā'gnau tat tejo viddhi māmakam

Know that light energy to be Mine that comes from the sun and illumines the whole world and is in the moon, and in fire. (See also 13.17 and 15.06) (15.12).

गाम् आविश्य च भूतानि धारयाम्य् अहम् ओजसा ।  
 पुष्णामि चौषधीः सर्वाः सोमो भूत्वा रसात्मकः ॥१३॥

gām āviśya ca bhūtāni dhārayāmy aham ojasā  
 puṣṇāmi cau'sadhīḥ sarvāḥ somo bhūtvā rasātmakaḥ

Entering the earth, I support all beings with My energy. Becoming the sap-giving moon, I nourish all the plants. (15.13)

अहं वैश्वानरो भूत्वा प्राणिनां देहम् आश्रितः ।  
 प्राणापानसमायुक्तः पचाम्य् अन्नं चतुर्विधम् ॥१४॥  
 ahaṁ vaiśvānaro bhūtvā prāṇināṁ deham āśritaḥ  
 prāṇāpānasamāyuktaḥ pacāmy annaṁ caturvidham

Becoming the digestive fire, I remain in the body of all living beings. Uniting with vital breaths (Prāṇa and Apāna), I digest all types of food. (15.14)

सर्वस्य चाहं हृदि संनिविष्टो  
 मत्तः स्मृतिर् ज्ञानम् अपोहनं च ।  
 वेदैश्च सर्वैर् अहम् एव वेद्यो  
 वेदान्तकृद् वेदविद् एव चाहम् ॥१५॥  
 sarvasya cā'haṁ hr̥di saṁniviṣṭo

mattaḥ smṛtir jñānam apohanam ca  
vedaiśca sarvair aham eva vedyo  
vedāntakṛd vedavid eva cā'ham

And I am seated in the inner psyche of all beings. Memory, Self-knowledge, and removal of doubts and wrong notions (about the Eternal Being by reasoning, or in trance (Samādhi)) come from Me. I am, in truth, that which is to be known by the study of all the Vedas. I am, indeed, the author of the Vedānta and the knower of the Vedas. (See also 6.39) (15.15)

द्वाव् इमौ पुरुषौ लोके क्षरश्चाक्षर एव च ।  
क्षरः सर्वाणि भूतानि कूटस्थोऽक्षर उच्यते ॥१६॥  
dvāv imau puruṣau loke kṣaraścā'kṣara eva ca  
kṣaraḥ sarvāṇi bhūtāni kūtastho'kṣara ucyate

There are two entities (Puruṣas) in the cosmos: The changeable temporal Divine Being (Kṣara Puruṣa), and the unchangeable Eternal Being (Brahma, Akṣara Puruṣa). All created beings are subject to change, but the Eternal Being does not change. (15.16)

उत्तमः पुरुषस् त्व अन्यः परमात्मेत्य उदाहृतः ।  
यो लोकत्रयम् आविश्य बिभर्त्य अव्यय ईश्वरः ॥१७॥  
uttamaḥ puruṣas tv anyaḥ paramātmē'ty udāhṛtaḥ  
yo lokatrayam āviśya bibharty avyaya īśvaraḥ

There is another Supreme Personality of the Godhead (beyond both the temporal and the eternal) called the Absolute Reality or Paramātmā who sustains both the temporal and the eternal (Kṣara and Akṣara) by pervading all three planetary spheres (Lokas) as the eternal Lord (Īśvara). (15.17)

यस्मात् क्षरम् अतीतोऽहम् अक्षराद् अपि चोत्तमः ।  
अतोऽस्मि लोके वेदे च प्रथितः पुरुषोत्तमः ॥१८॥

yasmāt kṣaram atīto’ham akṣarād api co’ttamaḥ  
ato’smi loke vede ca prathitaḥ puruṣottamaḥ

Because I am beyond both the temporal (Kṣara) and the eternal (Akṣara), I am known in this world and in the Veda as the Supreme Being (Para-Brahma, Paramātmā, Puruṣottama, the Absolute, Truth, Sat, Supersoul, etc.) (See also MuU 2.01.02) (15.18)

यो माम् एवम् असंमूढो जानाति पुरुषोत्तमम् ।  
स सर्वविद् भजति मां सर्वभावेन भारत ॥१९॥  
yo mām evam asaṁmūḍho jānāti puruṣottamam  
sa sarvavid bhajati mām sarvabhāvena bhārata

The wise, who truly understand Me as the Supreme Being (Puruṣottama), know everything and worship Me wholeheartedly, O Arjuna. (See also 7.14, 14.26, and 18.66) (15.19)

इति गुह्यतमं शास्त्रम् इदम् उक्तं मयाऽनघ ।  
एतद् बुद्ध्वा बुद्धिमान् स्यात् कृतकृत्यश्च भारत ॥२०॥  
iti guhyatamaṁ śāstram idam uktaṁ mayā’nagha  
etad buddhvā buddhimān syāt kṛtakṛtyaśca bhārata

Thus, I have explained this most secret science of Self-knowledge (Tāratamya-vidyā, Brahma-vidyā), O sinless Arjuna. Having understood this, one becomes enlightened, and one’s all duties are accomplished, O Arjuna. (15.20)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
श्रीकृष्णार्जुनसंवादे पुरुषोत्तमयोगो नाम पञ्चदशोऽध्यायः ॥  
OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
yogaśāstre śrīkṛṣṇārjuna saṁvāde puruṣottamayogo  
nāma pañcadaśo’dhyāyaḥ

Thus ends the fifteenth chapter named “The Supreme Person” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between Śrīkṛṣṇa and Arjuna.

अथ षोडशोऽध्यायः

### CHAPTER 16

दैवासुरसंपद्विभागयोगः

### DIVINE AND THE DEMONIC QUALITIES

श्रीभगवानुवाच

अभयं सत्त्वसंशुद्धिर् ज्ञानयोगव्यवस्थितिः ।

दानं दमश्च यज्ञश्च स्वाध्यायस् तप आर्जवम् ॥१॥

śrī bhagavān uvāca

abhayaṁ sattvasaṁśuddhir jñānayoga vyavasthitiḥ

dānaṁ damaśca yajñaśca svādhyāyas tapa ārjavam

अहिंसा सत्यम् अक्रोधस् त्यागः शान्तिर् अपैशुनम् ।

दया भूतेष्व् अलोलुप्त्वं मार्दवं ह्रीर् अचापलम् ॥२॥

ahimsā satyam akrodhas tyāgaḥ śāntir apaiśunam

dayā bhūteṣv aloluptvaṁ mārdaṁ hrīr acāpalam

तेजः क्षमा धृतिः शौचम् अद्रोहो नातिमानिता ।

भवन्ति संपदं दैवीम् अभिजातस्य भारत ॥३॥

tejaḥ kṣamā dhṛtiḥ śaucam adroho nā'timānitā

bhavanti saṁpadaṁ daivīm abhijātasya bhārata

The Supreme Lord said: Fearlessness, purity of the inner psyche, perseverance in the yoga of Self-knowledge, charity, sense-restraint, sacrifice, study of the scriptures, austerity, honesty; nonviolence, truthfulness, absence of anger, renunciation, equanimity, abstinence from malicious talk, compassion for all creatures, freedom from greed, gentleness, modesty, absence of fickleness, splendor, forgiveness, fortitude, cleanliness, absence of

malice, and absence of pride — these are the (twenty-six) qualities of those endowed with divine virtues, O Arjuna. (16.01-03)

दम्भो दर्पोऽभिमानश्च क्रोधः पारुष्यम् एव च ।  
अज्ञानं चाभिजातस्य पार्थ संपदम् आसुरीम् ॥४॥  
dambho darpo'bhimānaśca krodhaḥ pāruṣyam eva ca  
ajñānaṁ cā'bhijātasya pārtha saṁpadam āsurīm

O Arjuna, the marks of those who are born with demonic qualities are: Hypocrisy, arrogance, pride, anger, harshness, and ignorance. (16.04)

दैवी संपद् विमोक्षाय निबन्धायासुरी मता ।  
मा शुचः संपदं दैवीम् अभिजातोऽसि पाण्डव ॥५॥  
daivī saṁpad vimokṣāya nibandhāyā'surī matā  
mā śucaḥ saṁpadaṁ daivīm abhijāto'si pāṇḍava

Divine qualities lead to salvation (Mokṣa); the demonic qualities are said to be for bondage. Do not grieve, O Arjuna — you are born with divine qualities. (16.05)

द्वौ भूतसर्गौ लोकेऽस्मिन् दैव आसुर एव च ।  
दैवो विस्तरशः प्रोक्त आसुरं पार्थ मे शृणु ॥६॥  
dvau bhūtasargau loke'smin daiva āsura eva ca  
daivo vistaraśaḥ prokta āsuram pārtha me śṛṇu

Basically, there are only two types or castes of human beings in this world: The divine and the demonic. The divine has been described at length. Now hear from Me about the demonic, O Arjuna. (16.06)

प्रवृत्तिं च निवृत्तिं च जना न विदुर् आसुराः ।  
न शौचं नापि चाचारो न सत्यं तेषु विद्यते ॥७॥  
pravṛttim ca nivṛttim ca janā na vidur āsurāḥ  
na śaucaṁ nā'pi cā'cāro na satyam teṣu vidyate

Persons of demonic nature do not know what to do and what not to do. They have neither purity nor good conduct nor truthfulness. (16.07)

असत्यम् अप्रतिष्ठं ते जगद् आहुर् अनीश्वरम् ।  
 अपरस्परसंभूतं किम् अन्यत् कामहेतुकम् ॥८॥  
 asatyam apratiṣṭham te jagad āhur anīśvaram  
 aparasparasambhūtaṁ kim anyat kāmahaitukam

They say that the world is unreal, without a substratum, without a God, and without an order. The world is caused by sexual union of man and woman alone and nothing else. (16.08)

एतां दृष्टिम् अवष्टभ्य नष्टात्मानोऽल्पबुद्धयः ।  
 प्रभवन्त्य् उग्रकर्माणः क्षयाय जगतोऽहिताः ॥९॥  
 etāṁ dr̥ṣṭim avaṣṭabhya naṣṭā'tmāno'lpabuddhayaḥ  
 prabhavanty ugrakarmāṇaḥ kṣayāya jagato'hitāḥ

Adhering to this wrong, atheist view, these degraded souls — with small intellect and cruel deeds — are born as enemies for the destruction of the world. (16.09)

कामम् आश्रित्य दुष्पूरं दम्भमानमदान्विताः ।  
 मोहाद् गृहीत्वाऽसद्ग्राहान् प्रवर्तन्तेऽशुचिव्रताः ॥१०॥  
 kāmam āśritya duṣpūraṁ dambhamānamadānvitāḥ  
 mohād gr̥hītvā'sadgrāhān pravartante'śucivratāḥ

Filled with insatiable desires, hypocrisy, pride, and arrogance; holding wrong views due to delusion — they act with impure motives. (16.10)

चिन्ताम् अपरिमेयां च प्रलयान्ताम् उपाश्रिताः ।  
 कामोपभोगपरमा एतावद् इति निश्चिताः ॥११॥  
 cintām aparimeyāṁ ca pralayāntām upāśritāḥ  
 kāmopabhogaparamā etāvad iti niścītāḥ



Obsessed with endless anxiety lasting until death, considering sense gratification their highest aim, and convinced that sense pleasure is everything; (16.11)

आशापाशशतैर् बद्धाः कामक्रोधपरायणाः ।  
ईहन्ते कामभोगार्थम् अन्यायेनार्थसञ्चयान् ॥१२॥  
āśāpāśāśatair baddhāḥ kāmakrodhaparāyaṇāḥ  
īhante kāmabhogārtham anyāyenā'rthasañcayān

Bound by hundreds of ties of desire and enslaved by lust and anger, they strive to obtain wealth by unlawful means to fulfill sensual pleasures. They think: (16.12)

इदम् अद्य मया लब्धम् इमं प्राप्स्ये मनोरथम् ।  
इदम् अस्तीदम् अपि मे भविष्यति पुनर् धनम् ॥१३॥  
idam adya mayā labdham imaṁ prāpsyē manoratham  
idam astī'dam api me bhaviṣyati punar dhanam

This has been gained by me today; I shall fulfill this desire; I have this much wealth and will have more wealth in the future; (16.13)

असौ मया हतः शत्रुर् हनिष्ये चापरान् अपि ।  
ईश्वरोऽहम् अहं भोगी सिद्धोऽहं बलवान् सुखी ॥१४॥

asau mayā hataḥ śatrur haniṣye cā'parān api  
īśvaro'ham ahaṁ bhogī siddho'haṁ balavān sukhī

That enemy has been slain by me, and I shall slay others also. I am the Lord. I am the enjoyer. I am successful, powerful, and happy; (16.14)

आद्धोऽभिजनवान् अस्मि कोऽन्योऽस्ति सदृशो मया ।  
यक्ष्ये दास्यामि मोदिष्य इत्य् अज्ञानविमोहिताः ॥१५॥  
ādhyo'bhijanavān asmi ko'nyo'sti sadṛśo mayā

yakṣye dāsyāmi modiṣya ity ajñānavimohitāḥ

I am rich and born in a noble family. Who is equal to me? I shall perform sacrifice, I shall give charity, and I shall rejoice. Thus deluded by ignorance, (16.15)

अनेकचित्तविभ्रान्ता मोहजालसमावृताः ।  
प्रसक्ताः कामभोगेषु पतन्ति नरकेऽशुचौ ॥१६॥  
anekacittavibhrāntā mohajālasamāvṛtāḥ  
prasaktāḥ kāmabhogeṣu patanti narake'sucau

Bewildered by many fancies, entangled in the net of delusion, addicted to the enjoyment of sensual pleasures, they fall into a foul hell. (16.16)

आत्मसंभाविताः स्तब्धा धनमानमदान्विताः ।  
यजन्ते नामयज्ञैस् ते दम्भेनाविधिपूर्वकम् ॥१७॥  
ātmasambhāvitāḥ stabdhā dhanamānamadānvitāḥ  
yajante nāmayajñais te dambhenā'vidhipūrvakam

Self-conceited, stubborn, filled with pride and intoxication of wealth, they perform sacrifice (Yajña) only in name for show, not according to scriptural injunction. (16.17)

अहंकारं बलं दर्पं कामं क्रोधं च संश्रिताः ।  
माम् आत्मपरदेहेषु प्रद्विषन्तोऽभ्यसूयकाः ॥१८॥  
ahamkāraṁ balaṁ darpaṁ kāmam krodham ca saṁśritāḥ  
mām ātmaparadeheṣu pradviṣanto'bhyasūyakāḥ

These malicious people cling to egoism, power, arrogance, lust, and anger; and they hate Me who dwells in their own and others' bodies.(16.18)

तान् अहं द्विषतः कूरान् संसारेषु नराधमान् ।  
क्षिपाम्य् अजस्रम् अशुभान् आसुरीष्वा एव योनिषु ॥१९॥

tān ahaṁ dviṣataḥ krūrān saṁsāreṣu narādhamān  
kṣipāmy ajasram aśubhān āsurīṣv eva yoniṣu

I hurl these haters, these cruel, sinful, and mean people, into cycles of rebirth in the womb of demons again and again. (16.19)

आसुरीं योनिम् आपन्ना मूढा जन्मनि जन्मनि ।  
माम् अप्राप्यैव कौन्तेय ततो यान्त्य अधमां गतिम् ॥२०॥  
āsurīm yonim āpannā mūḍhā janmani janmani  
mām aprāpyai'va kaunteya tato yānty adhamām gatim

O Arjuna, entering the wombs of demons, birth after birth, the deluded ones sink to the lowest hell without ever attaining Me. (16.20)

त्रिविधं नरकस्येदं द्वारं नाशनम् आत्मनः ।  
कामः क्रोधस् तथा लोभस् तस्माद् एतत् त्रयं त्यजेत् ॥२१॥  
trividham narakasye'dam dvāraṁ nāśanam ātmanaḥ  
kāmaḥ krodhas tathā lobhas tasmād etat trayam tyajet

Lust, anger, and greed are the three gates of hell leading to the downfall (or bondage) of the individual. Therefore, one must (learn to) give up these three. (See also MB 5.33.66) (16.21)

एतैर् विमुक्तः कौन्तेय तमोद्वारैस् त्रिभिर् नरः ।  
आचरत्य् आत्मनः श्रेयस् ततो याति परां गतिम् ॥२२॥

etair vimuktaḥ kaunteya tamodvārais tribhir naraḥ  
ācaratya ātmanaḥ śreyas tato yāti parām gatim

One who is liberated from these three gates of hell, O Arjuna, does what is best and consequently attains the supreme abode. (16.22)

यः शास्त्रविधिम् उत्सृज्य वर्तते कामकारतः ।  
न स सिद्धिम् अवाप्नोति न सुखं न परां गतिम् ॥२३॥

yaḥ śāstravidhim utsrjya vartate kāmakārataḥ  
na sa siddhim avāpnoti na sukhaṁ na parām gatiṁ

One who acts under the influence of desires, disobeying scriptural injunctions, neither attains perfection nor happiness nor the supreme abode. (16.23)

तस्माच् च्छास्त्रं प्रमाणं ते कार्याकार्यव्यवस्थितौ ।  
ज्ञात्वा शास्त्रविधानोक्तं कर्म कर्तुम् इहार्हसि ॥२४॥  
tasmāc chāstraṁ pramāṇaṁ te kāryākāryavyavasthitau  
jñātvā śāstravidhānoktaṁ karma kartum ihā'rhasi

Therefore, let the scripture be your authority in determining what should be done and what should not be done. You should perform your duty following the scriptural injunction. (16.24)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
श्रीकृष्णार्जुनसंवादे दैवासुरसंपद्विभागयोगो नाम षोडशोऽध्यायः ॥  
OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu  
brahmavidyāyāṁ yogasāstre śrīkṛṣṇārjuna saṁvāde  
daivāsurasāmpadvibhāgayogo  
nāma ṣoḍaśo'dhyāyaḥ

Thus ends the sixteenth chapter named “Divine and the Demonic Qualities” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between

Śrīkṛṣṇa and Arjuna.

अथ सप्तदशोऽध्यायः

**CHAPTER 17**

श्रद्धान्नयविभागयोगः

**THREEFOLD FAITH**

अर्जुन उवाच

ये शास्त्रविधिम् उत्सृज्य यजन्ते श्रद्धयान्विताः ।  
 तेषां निष्ठा तु का कृष्ण सत्त्वम् आहो रजस् तमः ॥१॥  
 arjuna uvāca  
 ye śāstravidhim utsrjya yajante śraddhayā'nvitāḥ  
 teṣāṁ niṣṭhā tu kā kṛṣṇa sattvam āho rajas tamaḥ

Arjuna said: What is the mode of devotion of those who perform spiritual practices with faith, but without following the scriptural injunctions, O Kṛṣṇa? Is it in the mode of goodness (Sāttvika), passion (Rājasika), or ignorance (Tāmasika)? (17.01)

श्रीभगवानुवाच  
 त्रिविधा भवति श्रद्धा देहिनां सा स्वभावजा ।  
 सात्त्विकी राजसी चैव तामसी चेति तां शृणु ॥२॥  
 śrī bhagavān uvāca  
 trividhā bhavati śraddhā dehināṁ sā svabhāvajā  
 sāttvikī rājasī cai'va tāmasī ce'ti tāṁ śṛṇu

The Supreme Lord said: The natural faith of embodied beings is of three kinds: Goodness, passion, and ignorance (Sāttvika, Rājasika, and Tāmasika). Now hear about these from Me. (17.02)

सत्त्वानुरूपा सर्वस्य श्रद्धा भवति भारत ।  
 श्रद्धामयोऽयं पुरुषो यो यच्छ्रद्धः स एव सः ॥३॥  
 sattvānurūpā sarvasya śraddhā bhavati bhārata  
 śraddhāmayo'yam puruṣo yo yacchraddhaḥ sa eva saḥ

O Arjuna, the faith of each is in accordance with one's own natural disposition (governed by Kārmic impressions). One is known by one's faith. One can become whatever one wants to be (if one constantly contemplates on the object of desire with faith). (17.03)

यजन्ते सात्त्विका देवान् यक्षरक्षांसि राजसाः ।  
 प्रेतान् भूतगणांश् चान्ये यजन्ते तामसा जनाः ॥४॥

yajante sāttvikā devān yakṣarākṣāmsi rājasāḥ  
pretān bhūtagaṇāmsī cā'nye yajante tāmasā janāḥ

Persons in the mode of goodness worship celestial controllers (Devas); those in the mode of passion worship supernatural rulers and demons; and those in the mode of ignorance worship ghosts and spirits. (17.04)

अशास्त्रविहितं घोरं तप्यन्ते ये तपो जनाः ।  
दम्भाहंकारसंयुक्ताः कामरागबलान्विताः ॥५॥  
aśāstravīhitam ghoram tapyante ye tapo janāḥ  
dambhāhamkāra saṁyuktāḥ kāma rāga balānvitāḥ  
कर्षयन्तः शरीरस्थं भूतग्रामम् अचेतसः ।  
मां चैवान्तःशरीरस्थं तान् विद्धुः आसुरनिश्चयान् ॥६॥  
karṣayantaḥ śarīrastham bhūtagrāmam acetasaḥ  
mām cai'vā'ntaḥśarīrastham tān viddhy āsuraniścayān

Ignorant persons of demonic nature are those who practice severe austerities without following the prescription of the scriptures, who are full of hypocrisy and egotism, who are impelled by the force of desire and attachment and who senselessly torture the elements in their body and also Me who dwells within the body. (17.05-06)

आहारस् त्व अपि सर्वस्य त्रिविधो भवति प्रियः ।  
यज्ञस् तपस् तथा दानं तेषां भेदम् इमं शृणु ॥७॥  
āhāras tv api sarvasya trividho bhavati priyaḥ  
yajñas tapas tathā dānam teṣāṁ bhedam imaṁ śṛṇu

The food preferred by all of us is also of three types. So are the sacrifice, austerity, and charity. Now hear the distinction between them. (17.07)

आयुःसत्त्वबलारोग्य-सुखप्रीतिविवर्धनाः ।  
रस्याः स्निग्धाः स्थिरा हृद्या आहाराः सात्त्विकप्रियाः ॥८॥  
āyuh sattva balārogya-sukha prīti vivardhanāḥ  
rasyāḥ snigdhaḥ sthira hṛdya āhāraḥ sāttvikapriyāḥ ॥८॥

rasyāḥ snigdḥāḥ sthirā hr̥dyā āhārāḥ sāttvikapriyāḥ  
 The foods that promote longevity, virtue, strength, health,  
 happiness, and joy are juicy, smooth, substantial, and nutritious.  
 Such foods are liked by persons in the mode of goodness. (17.08)

कट्वम्ललवणात्युष्ण-तीक्ष्णरूक्षविदाहिनः ।  
 आहारा राजसस्येष्टा दुःखशोकामयप्रदाः ॥९॥  
 katvamla lavaṇātyuṣṇa-tīkṣṇa rūkṣa vidāhinaḥ  
 āhārā rājasasye'ṣṭā duḥkha śokāmaya pradāḥ

People in the mode of passion like foods that are very bitter, sour,  
 salty, hot, pungent, dry, and burning, and cause pain, grief, and  
 disease. (17.09)

यातयामं गतरसं पूति पर्युषितं च यत्  
 उच्छिष्टम् अपि चामेध्यं भोजनं तामसप्रियम् ॥१०॥  
 yātayāmaṁ gatarasaṁ pūti paryuṣitaṁ ca yat  
 ucchiṣṭam api cā'medhyaṁ bhojanaṁ tāmasapriyam

People in the mode of ignorance like foods that are stale, tasteless,  
 putrid, rotten, refuse, and impure (such as meat and alcohol).  
 (17.10)

अफलाकाङ्क्षिभिर्यज्ञो विधिदृष्टो य इज्यते ।  
 यष्टव्यम् एवेति मनः समाधाय स सात्त्विकः ॥११॥  
 aphalākāṅkṣibhiryajño vidhidṛṣṭo ya ijyate  
 yaṣṭavyam eve'ti manaḥ samādhāya sa sāttvikaḥ

Selfless service (Sevā, Yaṅna), enjoined by the scriptures and  
 performed without the desire for the fruit, with a firm belief and  
 conviction that it is a duty, is in the mode of goodness. (17.11)

अभिसन्धाय तु फलं दम्भार्थम् अपि चैव यत् ।  
 इज्यते भरतश्रेष्ठ तं यज्ञं विद्धि राजसम् ॥१२॥  
 abhisandhāya tu phalaṁ dambhārtham api cai'va yat

ijyate bhārataśreṣṭha taṁ yajñam viddhi rājasam

Selfless service (Sevā, Yajña) that is performed only for show and aiming for fruit, is in the mode of passion, O Arjuna. (17.12)

विधिहीनम् असृष्टान्नं मन्त्रहीनम् अदक्षिणम् ।  
श्रद्धाविरहितं यज्ञं तामसं परिचक्षते ॥१३॥  
vidhīhīnam asṛṣṭānnaṁ mantrahīnam adakṣiṇam  
śraddhāviraḥitaṁ yajñaṁ tāmasaṁ paricakṣate

Selfless service (Sevā, Yajña) that is performed without following the scripture, in which no food is distributed, which is devoid of mantra, faith, and gift, is said to be in the mode of ignorance. (17.13)

देवद्विजगुरुप्राज्ञ-पूजनं शौचम् आर्जवम् ।  
ब्रह्मचर्यम् अहिंसा च शरीरं तप उच्यते ॥१४॥  
deva dvija guru prājña-pūjanaṁ śaucam ārjavam  
brahmacaryam ahimsā ca śārīraṁ tapa ucyate

The worship of celestial controllers (Devas), the priest, the guru, and the wise; purity, honesty, celibacy, and nonviolence — these are said to be austerity of deed. (17.14)

अनुद्वेगकरं वाक्यं सत्यं प्रियहितं च यत् ।  
स्वाध्यायाभ्यसनं चैव वाङ्मयं तप उच्यते ॥१५॥  
anudvegakaraṁ vākyaṁ satyaṁ priyahitaṁ ca yat  
svādhyāyā'bhyasanaṁ cai'va vāṅmayam tapa ucyate

Speech that is non-offensive, truthful, pleasant, beneficial, and is used for the regular study of scriptures is called austerity of word. (17.15)

मनःप्रसादः सौम्यत्वं मौनम् आत्मविनिग्रहः ।  
भावसंशुद्धिर् इत्य एतत् तपो मानसम् उच्यते ॥१६॥  
manaḥprasādaḥ saumyatvaṁ maunam ātmavinigrahaḥ



bhāvasamśuddhir ity etat tapo mānasam ucyate

Serenity of mind, gentleness, equanimity, self-control, and purity of thought — these are called austerity of thought. (17.16)

श्रद्धया परया तप्तं तपस् तत् त्रिविधं नरैः ।  
अफलाकाङ्क्षिभिर् युक्तैः सात्त्विकं परिचक्षते ॥१७॥  
śraddhayā parayā taptam tapas tat trividham naraiḥ  
aphalākāṅkṣibhir yuktaiḥ sāttvikam paricakṣate

The above mentioned threefold austerity (of thought, word, and deed), practiced by yogis with supreme faith, without a desire for the fruit, is said to be in the mode of goodness. (17.17)

सत्कारमानपूजार्थं तपो दम्भेन चैव यत् ।  
क्रियते तद् इह प्रोक्तं राजसं चलम् अध्रुवम् ॥१८॥  
satkāra māna pūjārtham tapo dambhena cai'va yat  
kriyate tad iha proktam rājasam calam adhravam

Austerity that is performed for gaining respect, honor, reverence, and for the sake of show, yielding an uncertain and temporary result, is said to be in the mode of passion. (17.18)

मूढग्राहेणात्मनो यत् पीडया क्रियते तपः ।  
परस्योत्सादनार्थं वा तत् तामसम् उदाहृतम् ॥१९॥  
mūḍhagrāheṇā'tmano yat pīḍayā kriyate tapaḥ  
parasyo'tsādanārtham vā tat tāmasam udāhṛtam

Austerity performed with foolish stubbornness or with self-torture or for harming others, is said to be in the mode of ignorance. (17.19)

दातव्यम् इति यद् दानं दीयतेऽनुपकारिणे ।  
देशे काले च पात्रे च तद् दानं सात्त्विकं स्मृतम् ॥२०॥  
dātavyam iti yad dānam diyate'nupakāriṇe

deśe kāle ca pātre ca tad dānaṁ sāttvikam smṛtam

Charity that is given at the right place and time as a matter of duty to a deserving candidate who does nothing in return, is considered to be in the mode of goodness. (17.20)

यत् तु प्रत्युपकारार्थं फलम् उद्दिश्य वा पुनः।  
दीयते च परिक्लिष्टं तद् दानं राजसं स्मृतम् ॥२१॥  
yat tu pratyupakārārtham phalam uddiśya vā punaḥ  
dīyate ca parikliṣṭam tad dānaṁ rājasam smṛtam

Charity that is given unwillingly or to get something in return or to gain some fruit, is said to be in the mode of passion. (17.21)

अदेशकाले यद् दानम् अपात्रेभ्यश्च दीयते ।  
असत्कृतम् अवज्ञातं तत् तामसम् उदाहृतम् ॥२२॥  
adeśakāle yad dānam apātrebhyaś ca dīyate  
asatkṛtam avajñātam tat tāmasam udāhṛtam

Charity that is given at a wrong place and time to unworthy persons or without paying respect to the receiver or with ridicule, is said to be in the mode of ignorance. (17.22)

ॐ तत् सद् इति निर्देशो ब्रह्मणस् त्रिविधः स्मृतः ।  
ब्राह्मणास् तेन वेदाश्च यज्ञाश्च विहिताः पुरा ॥२३॥  
aum tat sad iti nirdeśo brahmaṇas trividhaḥ smṛtaḥ  
brāhmaṇās tena vedāśca yajñāśca vihitāḥ purā

“Om Tat Sat” is said to be the threefold name of the Eternal Being (Brahma). Persons with good (Brāhmaṇic) qualities, the Vedas, and the selfless service (Sevā, Yajña) were created by and from Brahma in the ancient time. (17.23)

तस्माद् ओम् इत्य् उदाहृत्य यज्ञदानतपःक्रियाः ।

प्रवर्तन्ते विधानोक्ताः सततं ब्रह्मवादिनाम् ॥२४॥  
 tasmād om ity udāhṛtya yajña dāna tapaḥ kriyāḥ  
 pravartante vidhānoktāḥ satataṁ brahmavādinām

Therefore, acts of sacrifice, charity, and austerity prescribed in the scriptures are always commenced by uttering “OM” by the knowers of the Supreme Being (Para-Brahma). (17.24)

तद् इत्य् अनभिसंधाय फलं यज्ञतपःक्रियाः ।  
 दानक्रियाश्च विविधाः क्रियन्ते मोक्षकाङ्क्षिभिः ॥२५॥  
 tad ity anabhisandhāya phalaṁ yajña tapaḥ kriyāḥ  
 dāna kriyāś ca vividhāḥ kriyante mokṣakāṅkṣibhiḥ

Various types of sacrifice, charity, and austerity are performed by the seekers of salvation (Mokṣa) by uttering “Tat” (or He is all) without seeking a reward. (17.25)

सद्भावे साधुभावे च सद् इत्य् एतत् प्रयुज्यते ।  
 प्रशस्ते कर्मणि तथा सच्छब्दः पार्थ युज्यते ॥२६॥  
 sadbhāve sādhubhāve ca sad ity etat prayujyate  
 praśaste karmaṇi tathā sacchabdaḥ pārtha yujyate

The word “Sat” is used in the sense of Reality and goodness. The word “Sat” is also used for an auspicious act, O Arjuna. (17.26)

यज्ञे तपसि दाने च स्थितिः सद् इति चोच्यते ।  
 कर्म चैव तदर्थाय सद् इत्य् एवाभिधीयते ॥२७॥  
 yajñe tapasi dāne ca sthitiḥ sad iti co'cyate  
 karma cai'va tadarthāyaṁ sad ity evā'bhidhīyate

Faith in sacrifice, charity, and austerity is also called “Sat”. Selfless service for the sake of the Supreme is, in truth, termed as “Sat”. (17.27)

अश्रद्धया हुतं दत्तं तपस् तप्तं कृतं च यत् ।  
 असद् इत्य् उच्यते पार्थ न च तत् प्रेत्य नो इह ॥२८॥

asraddhayā hutam dattam tapas taptam kṛtam ca yat  
asad ity ucyate pārtha na ca tat pretya no iha

Whatever is done without faith — whether it is sacrifice, charity, austerity, or any other act — is called “Asat”. It has no value here or hereafter, O Arjuna. (17.28)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे श्रीकृष्णार्जुनसंवादे  
श्रद्धात्रयविभागयोगो नाम सप्तदशोऽध्यायः ॥

OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
yogaśāstre śrīkṛṣṇārjuna saṁvāde śraddhātrayavibhāgayogo  
nāma saptadaśo'dhyāyaḥ

Thus ends the seventeenth chapter named “Threefold Faith” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between Śrīkṛṣṇa and Arjuna.

अथ अष्टादशोऽध्यायः

## CHAPTER 18

मोक्षसंन्यासयोगः

### MOKṢA THROUGH RENUNCIATION

अर्जुन उवाच

संन्यासस्य महाबाहो तत्त्वम् इच्छामि वेदितुम् ।

त्यागस्य च हृषीकेश पृथक् केशिनिषूदन ॥१॥

arjuna uvāca

saṁnyāsasya mahābāho tattvam icchāmi veditum

tyāgasya ca hṛṣīkeśa pṛthak keśiniṣūdana

Arjuna said: I wish to know the nature of Saṁnyāsa and Tyāga and the difference between the two, O Lord Kṛṣṇa. (18.01)

श्रीभगवानुवाच

काम्यानां कर्मणां न्यासं संन्यासं कवयो विदुः ।

सर्वकर्मफलत्यागं प्राहुस् त्यागं विचक्षणाः ॥२॥

śrī bhagavān uvāca

kāmyānām karmaṇām nyāsam saṁnyāsam kavayo viduḥ  
sarva karma phala tyāgam prāhus tyāgam vicakṣaṇāḥ

The Supreme Lord said: The sages call Saṁnyāsa (Renunciation) the complete renunciation of selfish work. The wise define Tyāga (Sacrifice) as the sacrifice of, and the freedom from, a selfish attachment to the fruits of all work. (See also 5.01, 5.05, and 6.01) (18.02)

त्याज्यं दोषवद् इत्य् एके कर्म प्राहुर् मनीषिणः ।

यज्ञदानतपःकर्म न त्याज्यम् इति चापरे ॥३॥

tyājyaṁ doṣavad ity eke karma prāhur manīṣiṇaḥ  
yajña dāna tapaḥ karma na tyājyaṁ iti cā'pare

Some philosophers say that all work is full of faults and should be given up, while others say that acts of sacrifice, charity, and austerity should not be abandoned. (18.03)

निश्चयं शृणु मे तत्र त्यागे भरतसत्तम ।

त्यागो हि पुरुषव्याघ्र त्रिविधः संप्रकीर्तितः ॥४॥

niścayaṁ śṛṇu me tatra tyāge bharata sattama  
tyāgo hi puruṣa vyāghra trividhaḥ saṁprakīrtitaḥ

O Arjuna, listen to My conclusion about sacrifice. Sacrifice is said to be of three types. (18.04)

यज्ञदानतपःकर्म न त्याज्यं कार्यम् एव तत् ।

यज्ञो दानं तपश्चैव पावनानि मनीषिणाम् ॥५॥

yajña dāna tapaḥ karma na tyājyaṁ kāryam eva tat  
yajño dānaṁ tapaś cai'va pāvanāni manīṣiṇām

Acts of service, charity, and austerity should not be abandoned, but should be performed because service, charity, and austerity are the purifiers of the wise. (18.05)

एतान् अपि तु कर्माणि सङ्गं त्यक्त्वा फलानि च ।  
कर्तव्यानीति मे पार्थ निश्चितं मतम् उत्तमम् ॥६॥  
etāny api tu karmāṇi saṅgam tyaktvā phalāni ca  
kartavyānī'ti me pārtha niścitaṁ matam uttamam

Even these obligatory works should be performed without attachment to the fruits. This is My definite supreme advice, O Arjuna. (18.06)

नियतस्य तु संन्यासः कर्मणो नोपपद्यते ।  
मोहात् तस्य परित्यागस् तामसः परिकीर्तितः ॥७॥  
niyatasya tu saṁnyāsaḥ karmaṇo no'papadyate  
mohāt tasya parityāgas tāmasaḥ parikīrtitaḥ

Giving up one's duty is not proper. The abandonment of obligatory work is due to delusion and is declared to be in the mode of ignorance. (18.07)

दुःखम् इत्येव यत् कर्म कायक्लेशभयात् त्यजेत् ।  
स कृत्वा राजसं त्यागं नैव त्यागफलं लभेत् ॥८॥  
duḥkham ity eva yat karma kāyakleśa bhayāt tyajet  
sa kṛtvā rājasam tyāgam nai'va tyāgaphalam labhet

One who abandons duty merely because it is difficult or because of fear of bodily affliction, does not get the benefits of sacrifice by performing such a sacrifice in the mode of passion. (18.08)

कार्यम् इत्येव यत् कर्म नियतं क्रियतेऽर्जुन ।  
सङ्गं त्यक्त्वा फलं चैव स त्यागः सात्त्विको मतः ॥९॥  
kāryam ity eva yat karma niyataṁ kriyate'rjuna  
saṅgam tyaktvā phalam cai'va sa tyāgaḥ sāttviko mataḥ

Obligatory work performed as duty, renouncing selfish attachment to the fruit, is alone to be regarded as sacrifice in the mode of goodness, O Arjuna. (18.09)

न द्वेष्ट्य् अकुशलं कर्म कुशले नानुषज्जते ।  
 त्यागी सत्त्वसमाविष्टो मेधावी छिन्नसंशयः ॥१०॥  
 na dveṣṭy akuśalam karma kuśale nā'nuṣajjate  
 tyāgī sattvasamāviṣṭo medhāvī chinnaśayaḥ

One who neither hates a disagreeable work, nor is attached to an agreeable work, is considered a renunciant (Tyāgī), imbued with the mode of goodness, intelligent, and free from all doubts about the Supreme Being. (18.10)

न हि देहभृता शक्यं त्यक्तुं कर्माण्य् अशेषतः ।  
 यस् तु कर्मफलत्यागी स त्यागीत्य् अभिधीयते ॥११॥  
 na hi dehabhṛtā śakyaṁ tyaktuṁ karmaṅy aśeṣataḥ  
 yaś tu karmaphala tyāgī sa tyāgī'ty abhidhīyate

Human beings cannot completely abstain from work. Therefore, one who completely renounces selfish attachment to the fruits of all work is considered a renunciant. (18.11)

अनिष्टम् इष्टं मिश्रं च त्रिविधं कर्मणः फलम् ।  
 भवत्य् अत्यागिनां प्रेत्य न तु संन्यासिनां क्वचित् ॥१२॥  
 aniṣṭam iṣṭam miśraṁ ca trividhaṁ karmaṇaḥ phalam  
 bhavaty atyāginām pretya na tu saṁnyāsinām kvacit

The threefold fruit of works — desirable, undesirable, and mixed — accrues after death to the one who is not a renunciant (Tyāgī), but never to a Tyāgī. (18.12)

पञ्चैतानि महाबाहो कारणानि निबोध मे ।  
 सांख्ये कृतान्ते प्रोक्तानि सिद्धये सर्वकर्मणाम् ॥१३॥  
 pañcai'tāni mahābāho kāraṇāni nibodha me

sāṅkhye kṛtānte proktāni siddhaye sarvakarmaṇām  
 अधिष्ठानं तथा कर्ता करणं च पृथग्विधम् ।  
 विविधाश्च पृथक्चेष्टा दैवं चैवात्र पञ्चमम् ॥१४॥  
 adhiṣṭhānam tathā kartā karaṇam ca pṛthagvidham  
 vividhāś ca pṛthakceṣṭā daivam cai'vā'tra pañcamam

Learn from Me, O Arjuna, the five causes, as described in the Sāṅkhya doctrine, for the accomplishment of all actions. They are: The physical body, the seat of Karma; the modes (Guṇas) of material Nature, the doer; the eleven organs of perception and action, the instruments; various Prāṇas (bioimpulses, life forces); and fifth, the presiding deities (of the eleven organs). (18.13-14)

शरीरवाङ्मनोभिर् यत् कर्म प्रारभते नरः ।  
 न्याय्यं वा विपरीतं वा पञ्चैते तस्य हेतवः ॥१५॥  
 śarīravāṅmanobhir yat karma prārabhate naraḥ  
 nyāyāṁ vā viparītaṁ vā pañcai'te tasya hetavaḥ

These are the five causes of whatever action, whether right or wrong, one performs by thought, word, and deed. (18.15)

तत्रैवं सति कर्तारम् आत्मानं केवलं तु यः ।  
 पश्यत्य् अकृतबुद्धित्वान् न स पश्यति दुर्मतिः ॥१६॥  
 tatrai'vaṁ sati kartāram ātmānaṁ kevalaṁ tu yaḥ  
 paśyaty akṛta buddhitvān na sa paśyati durmatih

Therefore, the ignorant, who consider one's body or the soul as the sole agent, do not understand due to imperfect knowledge. (18.16)

यस्य नाहंकृतो भावो बुद्धिर् यस्य न लिप्यते ।  
 हत्वापि स इमौलु लोकान् न हन्ति न निबध्यते ॥१७॥  
 yasya nā'haṅkṛto bhāvo buddhir yasya na lipyate  
 hatvā'pi sa imāml lokān na hanti na nibadhyate



One who is free from the notion of doership and whose intellect is not polluted by the desire to reap the fruit — even after slaying these people — neither slays nor is bound by the act of killing. (18.17)

ज्ञानं ज्ञेयं परिज्ञाता त्रिविधा कर्मचोदना ।  
करणं कर्म कर्तेति त्रिविधः कर्मसंग्रहः ॥१८॥  
jñānaṁ jñeyaṁ parijñātā trividhā karmacodanā  
karaṇaṁ karma karte'ti trividhaḥ karmasaṅgrahaḥ

The subject, the object, and the knowledge of the object are the threefold driving force (or impetus) to an action. The eleven organs, the act, and the agent or modes (Guṇas) of material Nature are the three components of action. (18.18)

ज्ञानं कर्म च कर्ता च त्रिधैव गुणभेदतः ।  
प्रोच्यते गुणसंख्याने यथावच् चृणु तान्य् अपि ॥१९॥  
jñānaṁ karma ca kartā ca tridhai'va guṇabhedataḥ  
procyate guṇasaṁkhyāne yathāvac chṛṇu tāny api

Jñāna (Self-knowledge), Karma (Action), and Kartā (Agent) are said to be of three types, according to the Guṇa theory of Sāṁkhya doctrine. Hear duly about these also. (18.19)

सर्वभूतेषु येनैकं भावम् अव्ययम् ईक्षते ।  
अविभक्तं विभक्तेषु तज् ज्ञानं विद्धि सात्त्विकम् ॥२०॥  
sarvabhūteṣu yenaikāṁ bhāvam avyayam īkṣate  
avibhaktaṁ vibhakteṣu taj jñānaṁ vidhhi sāttvikam

The knowledge by which one sees a single immutable Reality in all beings as undivided in the divided, such knowledge is in the mode of goodness. (See also 11.13, and 13.16) (18.20)

पृथक्त्वेन तु यज् ज्ञानं नानाभावान् पृथग्विधान् ।

वेत्ति सर्वेषु भूतेषु तज् ज्ञानं विद्धि राजसम् ॥२१॥

prthaktvena tu yaj jñānam nānābhāvān pṛthagvidhān  
vetti sarveṣu bhūteṣu taj jñānam viddhi rājasam

The knowledge by which one sees different realities of various types among all beings as separate from one another; such knowledge is in the mode of passion. (18.21)

यत् तु कृत्स्नवद् एकस्मिन् कार्ये सक्तम् अहेतुकम् ।  
अतत्त्वार्थवद् अल्पं च तत् तामसम् उदाहृतम् ॥२२॥  
yat tu kṛtsnavad ekasmin kārye saktam ahaitukam  
atattvārthavad alpaṁ ca tat tāmasam udāhṛtam

The irrational, baseless, and worthless knowledge by which one clings to one single effect (such as the body) as if it is everything, such knowledge is in the mode of darkness of ignorance (18.22)

नियतं सङ्गरहितम् अरागद्वेषतः कृतम् ।  
अफलप्रेप्सुना कर्म यत् तत् सात्त्विकम् उच्यते ॥२३॥  
niyataṁ saṅgarahitam arāgadveṣataḥ kṛtam  
aphalaprepsunā karma yat tat sāttvikam ucyate

Obligatory duty performed without likes and dislikes and without selfish motives and attachment to the fruit, is in the mode of goodness. (18.23)

यत् तु कामेप्सुना कर्म साहंकारेण वा पुनः ।  
क्रियते बहुलायासं तद् राजसम् उदाहृतम् ॥२४॥  
yat tu kāmepsunā karma sāhaṁkāreṇa vā punaḥ  
kriyate bahuḷāyāsaṁ tad rājasam udāhṛtam

Action performed with ego, with selfish motives, and with too much effort, is in the mode of passion. (18.24)

अनुबन्धं क्षयं हिंसाम् अनवेक्ष्य च पौरुषम् ।  
मोहाद् आरभ्यते कर्म यत् तत् तामसम् उच्यते ॥१२५॥

anubandham kṣayaṁ himsām anavekṣya ca pauruṣam  
mohād ārabhyate karma yat tat tāmasam ucyate

Action that is undertaken because of delusion, disregarding consequences, loss, injury to others, as well as one's own ability, is in the mode of ignorance. (18.25)

मुक्तसङ्गोऽनहंवादी धृत्युत्साहसमन्वितः ।  
सिद्धसिद्धयोर् निर्विकारः कर्ता सात्त्विक उच्यते ॥१२६॥  
muktasaṅgo'naḥmavādī dhṛtyutsāha samanvitaḥ  
siddhyasiddhyor nirvikāraḥ kartā sāttvika ucyate

The agent who is free from attachment, non-egotistic, endowed with resolve and enthusiasm, and unperturbed in success or failure is called good. (18.26)

रागी कर्मफलप्रेप्सुर् लुब्धो हिंसात्मकोऽशुचिः ।  
हर्षशोकान्वितः कर्ता राजसः परिकीर्तितः ॥१२७॥  
rāgī karmaphalaprepsur lubdho himsātmako'suciḥ  
harṣaśokānvitaḥ kartā rājasaḥ parikīrtitaḥ

The agent who is impassioned, who desires the fruits of work, who is greedy, violent, impure, and affected by joy and sorrow, is called passionate. (18.27)

अयुक्तः प्राकृतः स्तब्धः शठो नैष्कृतिकोऽलसः ।  
विषादी दीर्घसूत्री च कर्ता तामस उच्यते ॥१२८॥  
ayuktaḥ prākṛtaḥ stabdhaḥ śaṭho naiṣkṛtiko'lasaḥ  
viṣādī dīrghasūtrī ca kartā tāmasa ucyate

The agent who is undisciplined, vulgar, stubborn, wicked, malicious, lazy, depressed, and procrastinating is called ignorant. (18.28)

बुद्धेर भेदं धृतेश् चैव गुणतस् त्रिविधं शृणु ।  
प्रोच्यमानम् अशेषेण पृथक्त्वेन धनञ्जय ॥२९॥

buddher bhedaṁ dhṛteś cai'va guṇatas trividhaṁ śṛṇu  
procyamānam aśeṣeṇa pṛthaktvena dhanamjaya

Now hear Me explain, fully and separately, the threefold division of intellect and resolve, based on modes of material Nature, O Arjuna. (18.29)

प्रवृत्तिं च निवृत्तिं च कार्याकार्ये भयाभये ।  
बन्धं मोक्षं च या वेत्ति बुद्धिः सा पार्थ सात्त्विकी ॥३०॥  
pravṛttiṁ ca nivṛttiṁ ca kāryākārye bhayābhaye  
bandhaṁ mokṣaṁ ca yā vetti buddhiḥ sā pārtha sāttvikī

O Arjuna, that intellect is in the mode of goodness which understands the path of work and the path of renunciation, right and wrong action, fear and fearlessness, bondage and liberation. (18.30)

यया धर्मम् अधर्मं च कार्यं चाकार्यम् एव च ।  
अयथावत् प्रजानाति बुद्धिः सा पार्थ राजसी ॥३१॥  
yayā dharmam adharmaṁ ca kāryaṁ cā'kāryam eva ca  
ayathāvat prajānāti buddhiḥ sā pārtha rājasī

That intellect is in the mode of passion which cannot distinguish between righteousness (Dharma) and unrighteousness (Adharma), and right and wrong action, O Arjuna. (18.31)

अधर्मं धर्मम् इति या मन्यते तमसावृता ।  
सर्वार्थान् विपरीतांश्च बुद्धिः सा पार्थ तामसी ॥३२॥  
adharmaṁ dharmam iti yā manyate tamasā'vṛtā  
sarvārthān viparītāṁś ca buddhiḥ sā pārtha tāmasī

That intellect is in the mode of ignorance which accepts unrighteousness (Adharma) as righteousness (Dharma) and thinks everything to be that which it is not, O Arjuna. (18.32)

धृत्या यया धारयते मनःप्राणेन्द्रियक्रियाः ।  
योगेनाव्यभिचारिण्या धृतिः सा पार्थ सात्त्विकी ॥३३॥  
dhṛtyā yayā dhārayate manaḥ prāṇendriya kriyāḥ  
yogenā'vyabhicāriṇyā dhṛtiḥ sā pārtha sāttvikī

That resolve is in the mode of goodness by which one manipulates the functions of the mind, Prāṇa (bioimpulses, life forces) and senses for God-realization only, O Arjuna. (18.33)

यया तु धर्मकामार्थान् धृत्या धारयतेऽर्जुन ।  
प्रसङ्गेन फलाकाङ्क्षी धृतिः सा पार्थ राजसी ॥३४॥  
yayā tu dharma kāmārthān dhṛtyā dhārayate'rjuna  
prasaṅgena phalākāṅkṣī dhṛtiḥ sā pārtha rājasī

That resolve is in the mode of passion by which one, craving for the fruits of work, clings to Dharma (Duty), Artha (Wealth), and Kāma (Pleasure) with great attachment, O Arjuna. (18.34)

यया स्वप्नं भयं शोकं विषादं मदम् एव च ।  
न विमुञ्चति दुर्मेधा धृतिः सा पार्थ तामसी ॥३५॥  
yayā svapnaṁ bhayaṁ śokaṁ viṣādaṁ madam eva ca  
na vimuñcati durmedhā dhṛtiḥ sā pārtha tāmasī

That resolve is in the mode of ignorance by which a dull person does not give up sleep, fear, grief, despair, and carelessness, O Arjuna. (18.35)

सुखं त्व् इदानीं त्रिविधं शृणु मे भरतर्षभ ।  
अभ्यासाद् रमते यत्र दुःखान्तं च निगच्छति ॥३६॥  
sukhaṁ tv idānīm trividhaṁ ṣṛṇu me bharatarṣabha  
abhyāsād ramate yatra duḥkhāntaṁ ca nigacchati

And now hear from Me, O Arjuna, about the threefold pleasure. The pleasure that one enjoys from spiritual practice results in cessation of all sorrows. (18.36)

यत् तद् अग्रे विषम् इव परिणामेऽमृतोपमम् ।  
तत् सुखं सात्त्विकं प्रोक्तम् आत्मबुद्धिप्रसादजम् ॥३७॥

yat tad agre viṣam iva pariṇāme'mṛtopamam  
tat sukhaṁ sāttvikaṁ proktam ātmabuddhi prasādajam

The pleasure that appears as poison in the beginning, but is like nectar in the end, comes by the grace of Self-knowledge and is in the mode of goodness. (18.37)

विषयेन्द्रियसंयोगाद् यत् तद् अग्रेऽमृतोपमम् ।  
परिणामे विषम् इव तत् सुखं राजसं स्मृतम् ॥३८॥  
viṣayendriyasamyogād yat tad agre'mṛtopamam  
pariṇāme viṣam iva tat sukhaṁ rājasam smṛtam

Sensual pleasures that appear as nectars in the beginning, but become poison in the end, are in the mode of passion. (See also 5.22) (18.38)

यद् अग्रे चानुबन्धे च सुखं मोहनम् आत्मनः ।  
निद्रालस्यप्रमादोत्थं तत् तामसम् उदाहृतम् ॥३९॥  
yad agre cā'nubandhe ca sukhaṁ mohanam ātmanah  
nidrālasya pramādottham tat tāmasam udāhṛtam

Pleasure that confuses a person in the beginning and in the end as a result of sleep, laziness, and carelessness, is in the mode of ignorance. (18.39)

न तद् अस्ति पृथिव्यां वा दिवि देवेषु वा पुनः ।  
सत्त्वं प्रकृतिजैर् मुक्तं यद् एभिः स्यात् त्रिभिर् गुणैः ॥४०॥  
na tad asti pṛthivyām vā divi deveṣu vā punaḥ  
sattvaṁ prakṛtijaier muaktaṁ yad ebhiḥ syāt tribiḥ guṇaiḥ ॥४०॥

sattvaṁ prakṛtijair muktaṁ yad ebhiḥ syāt tribhir guṇaiḥ

There is no being, either on earth or among the celestial controllers (Devas) in the heaven, who can remain free from these three modes (Guṇas) of material Nature (Prakṛti). (18.40)

ब्राह्मणक्षत्रियविशां शूद्राणां च परंतप ।  
कर्माणि प्रविभक्तानि स्वभावप्रभवैर् गुणैः ॥४१॥  
brāhmaṇa kṣatriya viśāṁ śūdrāṇāṁ ca paramtapa  
karmāṇi pravibhaktāni svabhāva prabhavair guṇaiḥ

The division of labor into four categories — Brāhmaṇa, Kṣatriya, Vaiśya, and Śūdra — is also based on the qualities inherent in people's nature (or the natural propensities, and not necessarily as one's birth right), O Arjuna. (See also 4.13) (18.41)

शमो दमस् तपः शौचं क्षान्तिर् अर्जवम् एव च ।  
ज्ञानं विज्ञानम् आस्तिक्यं ब्रह्मकर्म स्वभावजम् ॥४२॥  
śamo damas tapaḥ śaucaṁ kṣāntir ārjavam eva ca  
jñānaṁ vijñānam āstikyaṁ brahmakarma svabhāvajam

Intellectuals who have serenity, self-control, austerity, purity, patience, honesty, transcendental knowledge, transcendental experience, and belief in God are labeled as Brāhmaṇas. (18.42)

शौर्यं तेजो धृतिर् दाक्ष्यं युद्धे चाप्य् अपलायनम् ।  
दानम् ईश्वरभावश्च क्षात्रं कर्म स्वभावजम् ॥४३॥  
śauryaṁ tejo dhṛtir dākṣyaṁ yuddhe cā'py apalāyanam  
dānam īśvarabhāvaś ca kṣātraṁ karma svabhāvajam

Those having the qualities of heroism, vigor, firmness, dexterity, steadfastness in battle, charity, and administrative skills are called Kṣatriyas or protectors. (18.43)

कृषिगौरक्ष्यवाणिज्यं वैश्यकर्म स्वभावजम् ।  
 परिचर्यात्मकं कर्म शूद्रस्यापि स्वभावजम् ॥४४॥  
 kṛṣi gaurakṣya vāṇijyaṁ vaiśyakarma svabhāvajam  
 paricaryātmakam karma śūdrasyā'pi svabhāvajam

Those who are good at cultivation, cattle rearing, business, trade, and industry are known as Vaiśyas. Those who are very good in service and labor are classed as Śūdras. (18.44)

स्वे स्वे कर्मण्य् अभिरतः संसिद्धिं लभते नरः ।  
 स्वकर्मनिरतः सिद्धिं यथा विन्दति तच् च्छृणु ॥४५॥  
 sve sve karmaṇya abhirataḥ saṁsiddhiṁ labhate naraḥ  
 svakarmanirataḥ siddhiṁ yathā vindati tac chṛṇu

One can attain the highest perfection by devotion to one's natural work. Listen to Me how one attains perfection while engaged in one's natural work. (18.45)

यतः प्रवृत्तिर् भूतानां येन सर्वम् इदं ततम् ।  
 स्वकर्मणा तम् अभ्यर्च्य सिद्धिं विन्दति मानवः ॥४६॥  
 yataḥ pravṛttir bhūtānāṁ yena sarvam idaṁ tatam  
 svakarmanā tam abhyarcya siddhiṁ vindati mānavaḥ

One attains perfection by worshipping the Supreme Being — from whom all beings originate and by whom all this universe is pervaded — through performance of one's natural duty for Him. (See also 9.27, 12.10) (18.46)

श्रेयान् स्वधर्मो विगुणः परधर्मात् स्वनुष्ठितात् ।  
 स्वभावनियतं कर्म कुर्वन् नाप्नोति किल्बिषम् ॥४७॥  
 śreyān svadharmo viguṇaḥ paradharmāt svanuṣṭhitāt  
 svabhāvaniyataṁ karma kurvan nā'pnoti kilbiṣam

One's inferior natural work is better than superior unnatural work, even though well performed. One who does the work ordained by one's inherent nature (without selfish motives) incurs no sin (or



Kārmic reaction). (See also 3.35, 5.10, 18.07, 18.09, 18.17, 18.23)  
(18.47)

Obligatory work that is not forbidden by the scriptures, and is done without selfish attachment to the fruits and free from the notion of doership is sinless.

सहजं कर्म कौन्तेय सदोषम् अपि न त्यजेत् ।  
सर्वारम्भा हि दोषेण धूमेनाग्निर् इवावृताः ॥४८॥  
sahajaṁ karma kaunteya sadoṣam api na tyajet  
sarvārambhā hi doṣeṇa dhūmenā'gnir ivā'vṛtāḥ

One's natural work, even though defective, should not be abandoned because all undertakings are enveloped by defects as fire is covered by smoke, O Arjuna. (18.48)

असक्तबुद्धिः सर्वत्र जितात्मा विगतस्पृहः ।  
नैष्कर्म्यसिद्धिं परमां संन्यासेनाधिगच्छति ॥४९॥  
asaktabuddhiḥ sarvatra jitātmā vigataspr̥haḥ  
naiṣkarmyasiddhiṁ paramāṁ samnyāsenā'dhigacchati

The person whose mind is always free from selfish attachment, who has subdued the mind and senses, and who is free from desires, attains the supreme perfection of freedom from the bondage of Karma by renouncing selfish attachment to the fruits of work. (18.49)

सिद्धिं प्राप्तो यथा ब्रह्म तथाप्नोति निबोध मे ।  
समासेनैव कौन्तेय निष्ठा ज्ञानस्य या परा ॥५०॥  
siddhiṁ prāpto yathā brahma tathā'pnoti nibodha me  
samāsenai'va kaunteya niṣṭhā jñānasya yā parā

Learn from Me briefly, O Arjuna, how one who has attained such perfection (or the freedom from the bondage of Karma) attains the Supreme Person, the goal of transcendental knowledge. (18.50)

बुद्ध्या विशुद्धया युक्तो धृत्यात्मानं नियम्य च ।  
 शब्दादीन् विषयांस् त्यक्त्वा रागद्वेषौ व्युदस्य च ॥५१॥  
 buddhyā viśuddhayā yukto dhṛtyā'tmānaṁ niyamy ca  
 śabdādīn viṣayāṁs tyaktvā rāgadveṣau vyudasya ca  
 विविक्तसेवी लघ्वाशी यतवाक्कायमानसः ।  
 ध्यानयोगपरो नित्यं वैराग्यं समुपाश्रितः ॥५२॥  
 viviktasevī laghvāśī yatavākkāyamānasaḥ  
 dhyānayogaparo nityaṁ vairāgyaṁ samupāśritaḥ  
 अहंकारं बलं दर्पं कामं क्रोधं परिग्रहम् ।  
 विमुच्य निर्ममः शान्तो ब्रह्मभूयाय कल्पते ॥५३॥  
 ahaṁkāraṁ balaṁ darpaṁ kāmaṁ krodhaṁ parigrahaṁ  
 vimucya nirmamaḥ śānto brahmabhūyāya kalpate

Endowed with purified intellect; subduing the mind with firm resolve; turning away from sound and other objects of the senses; giving up likes and dislikes; living in solitude; eating lightly; controlling the mind, speech, and organs of action; ever absorbed in yoga of meditation; taking refuge in detachment; and relinquishing egotism, violence, pride, lust, anger, and proprietorship — one becomes peaceful, free from the notion of “I” and “my”, and fit for attaining oneness with the Supreme Being (Para-Brahma). (18.51-53)

ब्रह्मभूतः प्रसन्नात्मा न शोचति न काङ्क्षति ।  
 समः सर्वेषु भूतेषु मद्भक्तिं लभते पराम् ॥५४॥  
 brahmabhūtaḥ prasannātmā na śocati na kāṅkṣati  
 samaḥ sarveṣu bhūteṣu madbhaktiṁ labhate parām

Absorbed in the Supreme Being (Para-Brahma), the serene one neither grieves nor desires. Becoming impartial to all beings, one obtains My Parā-Bhakti, the highest devotional love. (18.54)

भक्त्या माम् अभिजानाति यावान् यश् चास्मि तत्त्वतः ।  
 ततो माम् तत्त्वतो ज्ञात्वा विशते तदनन्तरम् ॥५५॥  
 bhaktyā mām abhijānāti yāvān yaś cā'smi tattvataḥ

tato mām tattvato jñātvā viśate tadanantaram

By devotion one truly understands what and who I am in essence. Having known Me in essence, one immediately merges with Me. (See also 5.19) (18.55)

सर्वकर्माण्य् अपि सदा कुर्वाणो मद्व्यपाश्रयः ।  
मत्प्रसादाद् अवाप्नोति शाश्वतं पदम् अव्ययम् ॥५६॥  
sarvakarmāṅy api sadā kurvāṇo madvyapāśrayaḥ  
matprasādād avāpnoti śāśvataṁ padam avyayam

A Karma-yogī devotee attains Mokṣa, the eternal immutable abode, by My grace — even while doing all duties — just by taking refuge in Me (by surrendering all action to Me with loving devotion). (18.56)

चेतसा सर्वकर्माणि मयि संन्यस्य मत्परः ।  
बुद्धियोगम् उपाश्रित्य मच्चित्तः सततं भव ॥५७॥  
cetasā sarvakarmāṇi mayi samnyasya matparaḥ  
buddhiyogam upāśritya maccittaḥ satataṁ bhava

Sincerely offer all actions to Me, set Me as your supreme goal, and completely depend on Me. Always fix your mind on Me and resort to Karma-yoga. (18.57)

मच्चित्तः सर्वदुर्गाणि मत्प्रसादात् तरिष्यसि ।  
अथ चेत् त्वम् अहंकारान् न श्रोष्यसि विनङ्क्ष्यसि ॥५८॥  
maccittaḥ sarvadurgāṇi matprasādāt tariṣyasi  
atha cet tvam ahaṁkārān na śroṣyasi vinaṅkṣyasi

When your mind becomes fixed on Me, you shall overcome all difficulties by My grace. But if you do not listen to Me due to ego, you shall perish. (18.58)

यद् अहंकारम् आश्रित्य न योत्स्य इति मन्यसे ।

मिथ्यैष व्यवसायस् ते प्रकृतिस् त्वां नियोक्ष्यति ॥५९॥  
 yad ahaṁkāram āśritya na yotsya iti manyase  
 mithyai'ṣa vyavasāyas te prakṛtis tvāṁ niyokṣyati

If due to ego you think: I shall not fight, your resolve is vain.  
 Because your own nature will compel you (to fight). (18.59)

स्वभावजेन कौन्तेय निबद्धः स्वेन कर्मणा ।  
 कर्तुं नेच्छसि यन् मोहात् करिष्यस्य् अवशोऽपि तत् ॥६०॥  
 svabhāvajena kaunteya nibaddhaḥ svena karmaṇā  
 kartuṁ ne'cchasi yan mohāt kariṣyasi avaśo'pi tat

O Arjuna, you are controlled by your own nature-born Kārmic impressions (Saṁskāra). Therefore, you shall do — even against your will — what you do not wish to do out of delusion. (18.60)

ईश्वरः सर्वभूतानां हृद्देशेऽर्जुन तिष्ठति ।  
 भ्रामयन् सर्वभूतानि यन्त्रारूढानि मायया ॥६१॥  
 īśvaraḥ sarvabhūtānāṁ hṛddeśe'rjuna tiṣṭhati  
 bhrāmayan sarvabhūtāni yantrārūḍhāni māyayā

The Supreme Lord, abiding as the controller (Īśvara) in the causal heart (or the inner psyche) of all beings O Arjuna, causes them to act (or work out their Karma) by His power of Maya like a puppet (of Karma) mounted on a machine. (18.61)

तम् एव शरणं गच्छ सर्वभावेन भारत ।  
 तत्प्रसादात् परां शान्तिं स्थानं प्राप्स्यसि शाश्वतम् ॥६२॥  
 tam eva śaraṇaṁ gaccha sarva bhāvena bhārata  
 tatprasādāt parāṁ śāntiṁ sthānaṁ prāpsyasi śāśvatam

Seek refuge in the Supreme Lord (Kṛṣṇa or Īśvara) alone with loving devotion, O Arjuna. By His grace you shall attain supreme peace and the Eternal Abode (Parama-dhāma). (18.62)

इति ते ज्ञानम् आख्यातं गुह्याद् गुह्यतरं मया ।

विमृश्यैतद् अशेषेण यथेच्छसि तथा कुरु ॥६३॥  
 iti te jñānam ākhyātāṁ guhyād guhyataraṁ mayā  
 vimṛśyai'tad aśeṣeṇa yathe'cchasi tathā kuru

Thus, I have explained the knowledge that is more secret than the secret. After fully reflecting on this, do as you wish. (18.63)

सर्वगुह्यतमं भूयः शृणु मे परमं वचः ।  
 इष्टोऽसि मे हृदम् इति ततो वक्ष्यामि ते हितम् ॥६४॥  
 sarvaguhyatamaṁ bhūyaḥ śṛṇu me paramaṁ vacaḥ  
 iṣṭo'si me dṛḍham iti tato vakṣyāmi te hitam

Hear once again My most secret, supreme word. You are very dear to Me; therefore, I shall tell this for your benefit. (18.64)

मन्मना भव मद्भक्तो मद्याजी मां नमस्कुरु ।  
 माम् एवैष्यसि सत्यं ते प्रतिजाने प्रियोऽसि मे ॥६५॥  
 manmanā bhava madbhakto madyājī māṁ namaskuru  
 mām evai'syasi satyaṁ te pratijāne priyo'si me

Fix your mind on Me, be devoted to Me, offer service to Me, bow down to Me, and you shall certainly reach Me. I promise you because you are My very dear friend. (18.65)

सर्वधर्मान् परित्यज्य मामेकं शरणं व्रज ।  
 अहं त्वा सर्वपापेभ्यो मोक्षयिष्यामि मा शुचः ॥६६॥  
 sarvadharmān parityajya mām ekaṁ śaraṇaṁ vraja  
 ahaṁ tvā sarvapāpebhyo mokṣayiṣyāmi mā śucaḥ

Setting aside all meritorious deeds (Dharma), just surrender completely to My will (with firm faith and loving contemplation). I shall liberate you from all sins (or the bonds of Karma). Do not grieve. (18.66)

इदं ते नातपस्काय नाभक्ताय कदाचन ।  
 न चाशुश्रूषवे वाच्यं न च मां योऽभ्यसूयति ॥६७॥

idaṁ te nā'tapaskāya nā'bhaktāya kadācana  
na cā'suśrūṣave vācyam na ca mām yo'bhyasūyati

This knowledge should never be spoken by you to one who is devoid of austerity, who is without devotion, who does not desire to listen, or who speaks ill of Me. (18.67)

य इमं परमं गुह्यं मद्भक्तेषु अभिधास्यति ।  
भक्तिं मयि परां कृत्वा माम् एवैष्यत्य् असंशयः ॥६८॥  
ya imaṁ paramaṁ guhyaṁ madbhakteṣu abhidhāsyati  
bhaktiṁ mayi parāṁ kṛtvā mām evai'ṣyaty asaṁśayaḥ

The one who shall propagate this supreme secret philosophy (or the transcendental knowledge of the Gītā) amongst My devotees, shall be performing the highest devotional service to Me and shall certainly (attain Parama-dhāma and) come to Me. (18.68)

न च तस्मान् मनुष्येषु कश्चिन् मे प्रियकृत्तमः ।  
भविता न च मे तस्माद् अन्यः प्रियतरो भुवि ॥६९॥  
na ca tasmān manuṣyeṣu kaścin me priya kṛttamaḥ  
bhavitā na ca me tasmād anyaḥ priyatara bhuvi

No other person shall do a more pleasing service to Me, and no one on the earth shall be more dear to Me. (18.69)

अध्येष्यते च य इमं धर्म्यं संवादम् आवयोः ।  
ज्ञानयज्ञेन तेनाहम् इष्टः स्याम् इति मे मतिः ॥७०॥  
adhyeṣyate ca ya imaṁ dharmyaṁ saṁvādam āvayoḥ  
jñānayajñena tenā'ham iṣṭaḥ syām iti me matiḥ

Those who study our sacred dialogue shall be performing a holy act of sacrifice (Jñāna-yaḥṇa, Knowledge-sacrifice). This is My promise. (18.70)

श्रद्धावान् अनसूयश्च शृणुयाद् अपि यो नरः ।

सोऽपि मुक्तः शुभां लोकां प्राप्नुयात् पुण्यकर्मणाम् ॥७१॥  
 śraddhāvān anasūyaś ca śṛṇuyād api yo naraḥ  
 so'pi muktaḥ śubhāṁ lokān prāpnuyāt puṇyakarmaṇām

Whoever hears this (sacred dialogue in the form of the Gītā) with faith and without cavil becomes free from sin, and attains heaven — the higher worlds of those whose actions are pure and virtuous. (18.71)

कच्चिद् एतच् द्रुतं पार्थ त्वयैकाग्रेण चेतसा ।  
 कच्चिद् अज्ञानसंमोहः प्रनष्टस् ते धनंजय ॥७२॥  
 kaccid etac chrutaṁ pārtha tvayai'kāgreṇa cetasā  
 kaccid ajñānasaṁmohaḥ pranaṣtas te dhanamjaya

O Arjuna, did you listen to this with single-minded attention? Has your delusion born of ignorance been completely destroyed? (18.72)

अर्जुन उवाच  
 नष्टो मोहः स्मृतिर् लब्धा त्वत्प्रसादान् मयाऽच्युत ।  
 स्थितोऽस्मि गतसंदेहः करिष्ये वचनं तव ॥७३॥  
 arjuna uvāca  
 naṣṭo mohaḥ smṛtir labdhā tvatprasādān mayā'cyuta  
 sthito'smi gatasamdehaḥ kariṣye vacanam tava

Arjuna said: By Your grace my delusion is destroyed; I have gained Self-knowledge; my confusion (with regard to body and Ātmā) is dispelled; and I shall obey Your command. (18.73)

संजय उवाच  
 इत्य् अहं वासुदेवस्य पार्थस्य च महात्मनः ।  
 संवादम् इमम् अश्रौषम् अद्भुतं रोमहर्षणम् ॥७४॥  
 samjaya uvāca  
 ity ahaṁ vāsudevasya pārthasya ca mahātmanaḥ  
 samvādam imam aśrauṣam adbhutaṁ romaharṣaṇam

Samjaya said: Thus, I heard this wonderful dialogue between Lord Kṛṣṇa and Mahātmā Arjuna, causing my hair to stand on end. (18.74)

व्यासप्रसादाच्च्रुतवान् एतद् गुह्यम् अहं परम् ।  
योगं योगेश्वरात् कृष्णात् साक्षात् कथयतः स्वयम् ॥७५॥  
vyāsaprasādāc chrutavān etad guhyam ahaṁ param  
yogaṁ yogeśvarāt kṛṣṇāt sāksāt kathayataḥ svayam

By the grace of (guru) sage Vyāsa, I heard this most secret and supreme yoga directly from Kṛṣṇa, the Lord of yoga, Himself speaking (to Arjuna) before my very eyes (of clairvoyance granted by sage Vyāsa). (18.75)

राजन् संस्मृत्य संस्मृत्य संवादम् इमम् अद्भुतम् ।  
केशवार्जुनयोः पुण्यं हृष्यामि च मुहुर् मुहुः ॥७६॥  
rājan saṁsmṛtya saṁsmṛtya saṁvādam imam adbhutam  
keśavārjunayoḥ puṇyaṁ hṛṣyāmi ca muhur muhuḥ  
O King, by repeated remembrance of this marvelous and sacred dialogue between Lord Kṛṣṇa and Arjuna, I am thrilled at every moment and (18.76)

तच्च संस्मृत्य संस्मृत्य रूपम् अत्यद्भुतं हरेः ।  
विस्मयो मे महान् राजन् हृष्यामि च पुनः पुनः ॥७७॥  
tac ca saṁsmṛtya saṁsmṛtya rūpam atyadbhutaṁ hareḥ  
vismayo me mahān rājan hṛṣyāmi ca punaḥ punaḥ

Recollecting again and again, O King, that marvelous form of Kṛṣṇa I am greatly amazed, and I rejoice over and over again. (18.77)

यत्र योगेश्वरः कृष्णो यत्र पार्थो धनुर्धरः ।  
तत्र श्रीर् विजयो भूतिर् ध्रुवा नीतिर् मतिर् मम ॥७८॥



yatra yogeśvaraḥ kṛṣṇo yatra pāṛtho dhanurdharaḥ  
tatra śrīr vijayo bhūtir dhruvā nītir matir mama

Wherever there will be both Kṛṣṇa, the Lord of yoga (or Dharma in the form of the scriptures (Śāstra)) and Arjuna with the weapons (Śāstra) of duty and protection, there will be everlasting prosperity, victory, happiness, and morality. This is my conviction. (18.78)

ॐ तत्सदिति श्रीमद्भगवद्गीतासूपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे  
श्रीकृष्णार्जुनसंवादे मोक्षसंन्यासयोगो नाम अष्टादशोऽध्यायः ॥

OM tatsaditi śrīmadbhagavadgītāsūpaniṣatsu brahmavidyāyām  
yogaśāstre śrīkṛṣṇārjuna saṁvāde mokṣasaṁnyāsayogo  
nāma aṣṭādaśo'dhyāyaḥ

Thus ends the eighteenth chapter named “Mokṣa Through Renunciation” of the Upaniṣad of the Bhagavadgītā, the scripture of yoga, dealing with the science of the Absolute in the form of the dialogue between Śrīkṛṣṇa and Arjuna.